

Discover Your Personality Profile

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Beginning with column 1, work your way through each section, marking your responses in the spaces provided.

Use the following scale to identify the degree to which each characteristic or behavior most accurately describes how you relate to your loved ones:

0 = not at all / 1 = somewhat / 2 = mostly / 3 = very much

I	II	III	IV
<input type="checkbox"/> Likes control	<input type="checkbox"/> Enthusiastic	<input type="checkbox"/> Sensitive	<input type="checkbox"/> Consistent
<input type="checkbox"/> Confident	<input type="checkbox"/> Visionary	<input type="checkbox"/> Calm	<input type="checkbox"/> Reserved
<input type="checkbox"/> Firm	<input type="checkbox"/> Energetic	<input type="checkbox"/> Non-demanding	<input type="checkbox"/> Practical
<input type="checkbox"/> Likes challenge	<input type="checkbox"/> Promoter	<input type="checkbox"/> Enjoys routine	<input type="checkbox"/> Factual
<input type="checkbox"/> Problem solver	<input type="checkbox"/> Moves easily	<input type="checkbox"/> Relational	<input type="checkbox"/> Perfectionistic
<input type="checkbox"/> Bold	<input type="checkbox"/> Fun-loving	<input type="checkbox"/> Adaptable	<input type="checkbox"/> Detailed
<input type="checkbox"/> Goal driven	<input type="checkbox"/> Spontaneous	<input type="checkbox"/> Thoughtful	<input type="checkbox"/> Inquisitive
<input type="checkbox"/> Strong-willed	<input type="checkbox"/> Likes new ideas	<input type="checkbox"/> Patient	<input type="checkbox"/> Persistent
<input type="checkbox"/> Self-reliant	<input type="checkbox"/> Optimistic	<input type="checkbox"/> Good listener	<input type="checkbox"/> Sensitive
<input type="checkbox"/> Persistent	<input type="checkbox"/> Takes risks	<input type="checkbox"/> Loyal	<input type="checkbox"/> Accurate
<input type="checkbox"/> Takes charge	<input type="checkbox"/> Motivator	<input type="checkbox"/> Even-keeled	<input type="checkbox"/> Controlled
<input type="checkbox"/> Determined	<input type="checkbox"/> Very verbal	<input type="checkbox"/> Gives in	<input type="checkbox"/> Predictable
<input type="checkbox"/> Enterprising	<input type="checkbox"/> Friendly	<input type="checkbox"/> Indecisive	<input type="checkbox"/> Orderly
<input type="checkbox"/> Competitive	<input type="checkbox"/> Popular	<input type="checkbox"/> Dislikes change	<input type="checkbox"/> Conscientious
<input type="checkbox"/> Productive	<input type="checkbox"/> Enjoys variety	<input type="checkbox"/> Dry humor	<input type="checkbox"/> Discerning
<input type="checkbox"/> Purposeful	<input type="checkbox"/> Group oriented	<input type="checkbox"/> Sympathetic	<input type="checkbox"/> Analytical
<input type="checkbox"/> Adventurous	<input type="checkbox"/> Initiator	<input type="checkbox"/> Nurturing	<input type="checkbox"/> Precise
<input type="checkbox"/> Independent	<input type="checkbox"/> Inspirational	<input type="checkbox"/> Tolerant	<input type="checkbox"/> Scheduled
<input type="checkbox"/> Action oriented	<input type="checkbox"/> Likes change	<input type="checkbox"/> Peacemaker	<input type="checkbox"/> Deliberate
<input type="checkbox"/> Total	<input type="checkbox"/> Total	<input type="checkbox"/> Total	<input type="checkbox"/> Total

Now add up the total in each column. The highest score indicates your dominant personality type. The first column is known as "lion," the second as "otter," the third as "golden retriever," and the fourth as "beaver."

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Discover the Value of Your Personality & Relational Strengths

Lion

Takes charge
Problem solver
Competitive
Enjoys change
Confrontational

Otter

Optimistic
Energetic
Motivator
Future oriented

Golden Retriever

Warm & relational
Loyal
Enjoys routine
Peacemaker
Sensitive feelings

Beaver

Accurate & precise
Quality control
Discerning
Analytical

When Relational Strengths are Out of Balance

Lion

Too direct or impatient
Too busy
Cold-blooded
Impulsive; takes big risks
Insensitive to others

Otter

Unrealistic or daydreamer
Impatient or overbearing
Manipulator or pushy
Avoids details or lacks follow-through

Golden Retriever

Attracts the hurting
Missed opportunities
Stays in a rut
Sacrifices own feelings
Easily hurt or holds a grudge

Beaver

Too critical or too strict
Too controlling
Too negative toward new opportunities
Loses overview