

## **Date Guide**

(Print this out and take it on your date!)

### ***The Heart and Soul of Date Night***

**Step 1: Go someplace *different* for dinner.**

**Step 2: Enjoy your time together!**

Pick a fun activity... it's as simple as that. Consider these options:

- Miniature golf or Frisbee golf
- Cooking class
- Sporting event
- Ballroom dancing
- Thrift store shopping
- Amusement park

**Step 3: Relax and unwind. *Ready to answer a few questions?***

- What was your favorite part of the evening?
- What was one thing you learned about me tonight that you didn't know before?
- What are some of the things we enjoy doing together? What memories do these activities evoke? What are some new activities that we'd like to consider for a future date? How can we make sure that we make spending enjoyable time together a regular part of our marriage?

**Step 4: Home sweet home. *Let's plan our next date!***

- Think about additional ways you can foster fun times together.