RESOURCES LIST:

PRESCRIPTIONS FOR HEALTHY MARRIAGES

Item availability and contact information are subject to change. In such cases, our staff members would be pleased to help you find appropriate alternatives and updated addresses as they are able. Inclusion on this list does not necessarily constitute endorsement of material content or organizational viewpoint by Focus on the Family. All videos are VHS format, Close Captioned (CC) where indicated. Items in sets are available separately where an item code lists product as such.

BOOKS

BECOMING ONE: QUIET TIMES FOR EVERY COUPLE by Greg Laurie (FaithWords)
- P01015B -
Pastor Greg Laurie draws on his own experience, as well as biblical principles, to help couples build a stronger marriage. Each brief devotional focuses on marriage-building and includes a section calling you to ponder your own marriage, your strengths and weaknesses, and end by praying for God’s love when you’re at the end of your own.

BLESSING YOUR HUSBAND by Debra Evans (Tyndale/Focus on the Family)
- BL165 -
Incredible things happen when a wife chooses to make blessing her husband a priority. This inspiring book shares true stories, scriptural insights, and innovative ideas to help you bring out the best in the man you married.

BLUEPRINTS FOR A SOLID MARRIAGE by Dr. Steve Stephens (FOF)
- F00233B -
A marriage is like a house, requiring time, effort, and regular maintenance. Couples wondering where to start will receive immediate, practical assistance in this unique, do-it-yourself guide to "home" improvement. Time-strapped couples can quickly assess and enhance their relationships by laying the foundation for marital bliss with engaging stories and a detailed plan for "marriage improvement projects."

BOUNDARIES IN MARRIAGE by Dr. Henry Cloud and Dr. John Townsend (Zondervan)
- BD064 -
This book addresses the complex balance between becoming one in marriage and retaining healthy individual boundaries. It teaches couples how to respect each other’s needs, choices and freedoms and helps them understand the friction points, hurts and betrayals that may occur in a marriage relationship.

CAPTURE THE HEART OF YOUR SPOUSE by Lysa TerKeurst (Focus on the Family/Moody)
- BL253 - Two-book set
  - BL244 -
  In the author’s book for men, she elaborates on eight needs of women and the need for men to take time, creativity, and determination to invest in a great marriage.

- BL245 -
  The author encourages wives to lay aside their frustrations and disappointments in order to embark on a new adventure of understanding, acceptance, and love for the heart of her man. She gives eight suggestions for capturing his heart.
COMPLETE GUIDE TO THE FIRST FIVE YEARS OF MARRIAGE by Phillip Swihart and Wilford Wooten (FOF/Tyndale)
- F00271B
What are the keys to a strong, lifetime marriage? Focus on the Family's trusted counseling staff answers your questions with this essential marriage reference. Easy to find biblical answers to some of the toughest relationship questions are found in this practical guide you’ll refer to often.

COMPLETE MARRIAGE AND FAMILY HOME GUIDE by Dr. James Dobson (Tyndale)
- BK095
This book is a collection of over 490 marriage and family-related issues categorized into 25 topics in question and answer format.

CRACKING THE COMMUNICATION CODE: THE SECRET TO SPEAKING YOUR MATE’S LANGUAGE by Dr. Emerson Eggerichs (FOF/Integrity Publishers)
- F00792B
Communication is one of the main stress points of marriage—what is your mate really trying to say to you? Decipher the confusion with this highly anticipated follow-up to Dr. Eggerichs’ best-selling book Love & Respect. You’ll begin to understand and speak each other’s unique language to build strong, godly bonds.

FOR WOMEN ONLY: WHAT YOU NEED TO KNOW ABOUT THE INNER LIVES OF MEN by Shaunti Feldhahn (Multnomah)
- P00235B
Why is respect more important to husbands than love? Do men have an inner vulnerability? Why does sex unlock a man’s emotions? Is a wife’s appearance important? This groundbreaking book unmasks men’s inner wiring and equips wives to meet them at the point of their deepest needs.

THE FIVE LOVE LANGUAGES: HOW TO EXPRESS HEARTFELT COMMITMENT TO YOUR MATE by Gary Chapman (Northfield)
- BM024
Healthy communication is fostered by quality time, acts of service, affirming words, physical touch, and gifts. The author explains how to discover your primary personal style and to use it toward strengthening the bond with your spouse—meeting his or her needs in the process. It includes a study guide to be used by a couple.

HEDGES: LOVING YOUR MARRIAGE ENOUGH TO PROTECT IT by Dr. Jerry Jenkins (Moody)
- P00285B
Is there a way to keep your marriage off the radar screen of divorce? Jerry Jenkins gives strong but practical advice: plant preventive hedges around your marriage. There is a way to deal with sexual temptation long before it occurs -- and to stay faithful for life. The book includes a 90-minute DVD message from the author and a new study guide for group and personal use.

HUSBANDS WHO WON’T LEAD AND WIVES WHO WON’T FOLLOW by James Walker (Bethany House)
- BD822
Understanding the God-given roles for husbands and wives is critical to having a healthy marriage. James Walker masterfully presents God’s blueprint in marriage, scrutinizes the intricacies of leadership, and offers answers with hope. Every couple will find this book practical and educational for moving toward healthy leadership in marriage.

THE LANGUAGE OF LOVE by Gary Smalley and Dr. John Trent (Focus on the Family book published by Tyndale)
- F00227B
The reader will learn how "emotional word pictures" are useful in capturing a listener’s attention and multiplying the impact of what is said by activating both the intellect and emotions.
LOVE AND RESPECT by Dr. Emerson Eggerichs (Focus on the Family book published by Integrity)
  • F00044B • Hardcover
  In this groundbreaking book, Dr. Emerson Eggerichs introduces the revolutionary message of biblical respect from Ephesians 5:33 that has revived and energized marriages across the country.

LOVE AND RESPECT WORKBOOK by Dr. Emerson Eggerichs (Focus on the Family book published by Integrity)
  • F00501B • Paperback
  Cracking the communication code between husband and wife involves understanding one thing: Unconditional respect is as powerful for him as unconditional love is for her. You and your mate can truly start afresh with the groundbreaking guidance provided in this interactive guide.

LOVE FOR A LIFETIME by Dr. James Dobson (Multnomah)
  • D00001B • Gift Marriage Edition
  Written especially for the engaged and newly married, this book highlights the fundamentals of a Christian marriage and reveals the keys to an enduring relationship.

THE LOVE LIST: EIGHT LITTLE THINGS THAT MAKE A BIG DIFFERENCE IN YOUR MARRIAGE by Drs. Les and Leslie Parrott (Zondervan)
  • BL251 •
  Whether a marriage is floundering or thriving, certain behaviors can increase marital satisfaction and revolutionize relationships. With a little thought and intention, couples can cultivate a set of specific habits once a day, week, month, and year that will work wonders for the relationship—although it involves hard work and consistency.

LOVE TALK BUNDLE by Drs. Les and Leslie Parrott (Zondervan)
  • P00388K • Three book set
    LOVE TALK: SPEAK EACH OTHER'S LANGUAGE LIKE YOU NEVER HAVE BEFORE by Drs. Les and Leslie Parrott (Zondervan)
      • P00240B • Hardcover
      Learn how to identify your security needs and determine your personal communication styles—powerful keys that can make a huge difference in your relationship and help you connect with your spouse on a level you may not have known existed!

    LOVE TALK WORKBOOK FOR MEN by Drs. Les and Leslie Parrott (Zondervan)
    Designed to work in tandem with the principles you’ve learned in Love Talk, these exercises, assessments, self‐tests, tips, and applications will assist you in making a seamless transition from the concepts to healthy communication with your spouse.

    LOVE TALK WORKBOOK FOR WOMEN by Drs. Les and Leslie Parrott (Zondervan)
    Designed for use by individuals or small groups, these precepts will help you tailor the concepts you’ve discovered in Love Talk for your relationship. Exercises, assessments, self‐tests, tips, and applications will provide you with tools and guidance to bridge communication issues and strengthen your relationship.

MEN ARE LIKE WAFFLES WOMEN ARE LIKE SPAGHETTI by Bill and Pam Farrel (Harvest House)
  • P00546B •
  This humorous and insightful book uses the analogy of men being like waffles (each element of his life is in a separate box) and women being like spaghetti (everything in her life touches everything else) to bring a better understanding to both sexes of their unique differences.

MEN: SOME ASSEMBLY REQUIRED by Chuck Snyder (Focus on the Family book published by Tyndale)
  • BL151 •
  This manual for women takes the reader on a hilarious, helpful journey into the inner workings of a man’s mind. Throughout the book, the author shares personal anecdotes, examines some of the differences between men and women, and offers advice on a variety of issues in marriage.
MOMENTS WITH YOU: DAILY CONNECTIONS FOR COUPLES by Dennis & Barbara Rainey (Gospel Light)
• P00687B •
In the pages of Moments with You, the Raineys offer what couples need to get started or to continue growing in their quiet times together. These short but poignant biblical devotions are enjoyable and easy to use, providing a daily discussion point, prayer and Scripture reference.

NIGHT LIGHT: A DEVOTIONAL FOR COUPLES by Dr. James C. and Shirley Dobson (Multnomah)
• BK093 •
The Dobsons share their insights into the elements of a sound, satisfying, loving marriage through brief daily devotions designed for couples to read aloud together. The book features 26 weeks of devotions.

SACRED MARRIAGE: WHAT IF GOD DESIGNED MARRIAGE TO MAKE US HOLY MORE THAN TO MAKE US HAPPY? by Gary Thomas (Zondervan)
• BH015 •
The title expresses a radical thought for today's marriages. Chapter by chapter, discover how marriage works to develop Christlike character — forgiveness, love, respect, perseverance — in each of you. This book will enrich your marriage in unexpected ways.

THE SIXTY MINUTE MARRIAGE BUILDER by Rob Parsons (Broadman and Holman)
• BP430 •
This book is designed to offer advice and encouragement to married couples in brief doses and to be read in its entirety in one hour. It is made up of brief meditations on topics such as communication, parenting and finances. It has occasional sixty-second pages which sum up the material presented and action pages with helpful exercises.

STRAIGHT TALK: WHAT MEN NEED TO KNOW, WHAT WOMEN SHOULD UNDERSTAND by Dr. James Dobson (Word)
• BK745 •
This resource is a practical guide for every husband who wants to understand what it means to be a man and how to relate to his wife, as well as his role as a Christian father, his emotions and feelings, and his personal faith. Any wife who wants to understand her husband better will also gain valuable insight and understanding.

THE TWO SIDES OF LOVE by Gary Smalley and Dr. John Trent (Focus on the Family book published by Tyndale)
• F0029B •
Gary Smalley and Dr. John Trent suggest that learning to balance the hard and soft sides of love is the key to healthy, fulfilling, rewarding relationships. Four personality types and their strengths and weaknesses are identified. This special version includes a study guide after the last chapter.

WHEN GOD WRITES YOUR LOVE STORY by Eric and Leslie Ludy (Loyal)
• BD324 •
Being single in a couple's world can be lonely. It's time you experience the joy that comes When God Writes Your Love Story. The authors, a young couple, use their experience to share how you can surrender your love life to God's and experience a beautiful result!

"Accepting Your Mate's Differences" I, II (Dr. Kevin Leman and Dr. James Dobson)
• CD192 •
God created men and women uniquely different, with different communication styles. Understanding these differences requires effort, but taking the time to recognize and work with our differences is key to building a healthy marriage. Listen in as author Kevin Leman shares humorous stories to illustrate how realistic expectations, honest communication, and plain old patience can help couples develop a stronger marriage.
"Avoiding Infidelity" I, II (Dr. Bob and Cheryl Reccord, Dr. James Dobson)

- B00954D
  Too many spouses fail to recognize the warning signs that can lead to an affair. The Reccords and Dr. Dobson discuss how to spot these signs and avoid infidelity before it happens.

"Building Your Marriage" (Rob Parsons, Dr. James Dobson)

- B00262D
  Rob Parsons illustrates an important lesson for married men: Learn to become more mindful of your wife’s emotional needs and be more intentional in meeting those needs, and your marriage should improve dramatically.

"Cherish Your Wife" (Dr. Walt Larimore, Dr. James Dobson)

- CT259
- B00107D
  Dr. Walt Larimore takes a look at the marriage relationship, and, specifically, what it means to honor and value your wife. His discussion of the meanings behind key Hebrew words in the Scriptures will astound you.

"Delighting in Your Spouse’s Differences" (Bill and Pam Farrell, Dr. Bill Maier, Dr. Julianna Slattery)

- B01133C
- B01134D
  Bill and Pam Farrel discuss differing approaches men and women take on marriage. They offer practical advice about how spouses can understand one another’s differences and learn to relate, encourage and uplift one another.

"Experiencing A Fulfilled Marriage" I, II (Patricia Ashley)

- CD073
  This popular, humorous broadcast features Patricia Ashley speaking at a women’s conference about how the Lord restored her marriage. She makes 12 biblical points about marriage, stressing commitment, encouragement, and the value of motherhood.

"God’s Plan for Marriage" I, II (Panel)

- CD102
  Is there need for hope about marriage amongst young adults? A montage of prerecorded clips from single adults is played for Eric and Leslie Ludy to respond. The focus is that the ultimate secret to finding success in romance, relationships, and every other area is to acknowledge God’s scripting His story in our lives—and that ultimately it is God who is our true romantic partner as His bride-to-be.

"How to Build a Great Marriage" (Anne Ortlund, Dr. James Dobson)

- BR912
  Anne Ortlund, author and pastor’s wife, tells how to construct a firm foundation for marriage. She shares her perspectives on communication, unselfish giving, power struggles, irritations, and the need for having Jesus as the cornerstone of marriage.

"How to Improve Your Husband’s Wife" (Dr. Howard Hendricks)

- CS237
  Dr. Howard Hendricks presents seven principles for a healthy marriage. Wives are encouraged to accept their husbands completely while men reveal that they want their wives to forget the male stereotypes and get to know who they really are. Couples are advised to work together under Christ.
"How to Love Your Husband: Focus on the Family 30th Anniversary Set"
• B01273K • 6 CD Set
In honor of Focus on the Family’s 30th anniversary, this collection of five classic broadcasts features experts like Shaunti Feldhahn, Gary Thomas, Dr. Julianna Slattery, Dr. Laura Schlessinger and of course Dr. James Dobson, who provide advice on how to really love your man.

"The Powerful Influence of a Wife" I, II (Gary Thomas)
• B01004D •
"How can I help my husband today?" When a wife helps her husband, it is one of many ways she influences him into becoming the man God has called him to be. What are some other ways she can accomplish this important goal? Find out as author Gary Thomas offers biblically-based encouragement from his recent book, Sacred Influence.

"The Proper Care of Husbands" (Dr. Laura Schlessinger)
• B00492D •
Most men have three basic emotional needs: affection, approval and appreciation. Dr. Laura Schlessinger discusses her book The Proper Care and Feeding of Husbands, explaining how a wife can better meet her husband’s needs and improve their relationship in the process.

"Supporting the Hero in Your Marriage" (Dr. Julianna Slattery)
• B00486D •
Psychologist Julianna Slattery uses Proverbs 14:1 to discuss the ways a wife can build up her marriage by supporting her husband in his role as protector and provider. Listen in as the author of Finding the Hero in Your Husband also talks about the Bible’s controversial mandate that wives submit to their husbands and explains how submission actually empowers women in their role as wives.

"What Women Should Know About Men" I-III (Shaunti Feldhahn, Dr. James Dobson)
• B08313C •
• B00314D •
Shaunti Feldhahn discusses how wives can support their husbands’ need for respect by encouraging them in their roles as provider, protector, and spiritual head of the household. She also reports that men really do desire romance, but often approach it differently than women.

"The Woman’s Role in Marriage" (Dr. Dorothy Patterson, Dr. James Dobson)
• B00492D •
Dorothy Patterson offers scriptural insights from the Genesis creation account to describe the value and uniqueness of a woman’s role in a marriage relationship. Patterson also discusses how women were created with equal worth to men, and she shares several personal stories illustrating how she submits to her husband.

"Learning to Communicate" I-III (Gary Smalley, Dr. John Trent, Dr. James Dobson)
• CD111 •
On any given day, the typical woman uses more than twice as many words as the typical man. Sometimes the problem isn’t just a question of how to communicate, but how much. Discover why men and women communicate differently and why it’s so important to acknowledge and embrace our God-given differences.

"Love For a Lifetime" I-III (Dr. James Dobson)
• CD040 •
This insightful broadcast message reveals the mistakes people make when selecting a spouse, the 12 steps to bonding before and after marriage, the dangers of premarital sex, and the important “Three C’s” that successful married couples have discovered.
"Love Must Be Tough" I-VII (Dr. James Dobson)
- B00228D • 3 CD Set
Dr. James Dobson provides an insightful discussion on how to handle infidelity in a marriage partner. Tough love is an attitude that says, "I will not let my partner disrespect me." Other areas covered are love and freedom, guilt transfer, managing marital crises, forgiveness, dating guidelines for singles, causes of divorce, and impact on marriage.

"A Man and His Family" I, II (Gary Smalley, Dr. James Dobson)
- CS729 •
Gary Smalley talks to men about intimacy, bonding, communication, sensitivity, headship, submission, the job, and fathering. He uses the analogy of men carrying two swords in life to relay the message of leadership.

"Meeting Your Mate’s Desires" I, II (Art and Lysa TerKeurst, Janet Parshall)
- CD324 •
Communication is the key to capture your spouse’s heart, according to this author. She outlines four distinctive steps for both men and women geared toward improving the marriage. Transparency and open communication are highlighted.

"Practical Tools for a Successful Marriage" I, II (Panel, Dr. James Dobson)
- CT357 •
Drs. Les and Leslie Parrott join Dr. Dobson to discuss topics from their book When Bad Things Happen To Good Marriages. Learn how to keep destructive forces such as busyness, irritability, and boredom from damaging—or destroying—your marriage!

"Reflecting God’s Love Story in Your Marriage" I, II (Panel, Dr. James Dobson)
- CD276 •
Kurt and Olivia Bruner join Al and Jo Ann Janssen to talk about Al’s book The Marriage Masterpiece. It addresses five components of marriage: covenant marriage, passionate marriage, fighting marriage, one-sided marriage, and heroic marriage. The focus is on what marriage was originally meant to be—a three-way relationship between God and each couple.

"Respect: A Marriage Essential" I, II (Dr. Emerson Eggerichs, Dr. James Dobson)
- CT595 •
- CD301 •
Dr. Emerson Eggerichs explains the revolutionary message, inspired by Ephesians 5:33, which is described in his book Love And Respect. Recorded at a Love and Respect Conference, Dr. Eggerichs shares about the different ways men and women communicate and how couples can enhance their relationship through recognizing and addressing "The Crazy Cycle."

"Twenty-Five Years and Still In Love" I, II (Rev. Bob Kraning, Dr. James Dobson)
- B00411D •
A long lasting marriage doesn’t happen by accident. Speaking from his own experience of more than 25 years of marriage and the Scriptures, Rev. Kraning expounds on 10 values that make up the foundation of a strong marriage.

"Understanding the Man In Your Life" I, II (Dr. H. Norman Wright, Dr. James Dobson)
- CS374 •
Dr. Norm Wright discusses his book Understanding The Man In Your Life, which tells how women can successfully relate to men by acknowledging the basic differences between the sexes.
"What Husbands Need Most" (Todd Wilson, Dr. James Dobson)
- B00337C
- B00338D
It is a husband’s job to lead his family in their life’s journey. But what can a wife do if her husband isn’t leading as he should? Todd Wilson discusses how a wife can encourage her husband in his leadership role. He also talks about a husband’s need to be helped, encouraged, desired, loved, and admired by his wife.

"Women and Sexuality" I-III (Linda Dillow, Lorraine Pintus, Dr. James Dobson)
- CT421
- B01210D
Today’s guests discuss their book Intimate Issues, which deals with marital sex from a woman’s viewpoint. Believing God created women to be sensuous, they cite Scripture showing sex is a holy act of oneness between one man and one woman—to represent the relationship between Christ and the Church. God’s gift of sexual passions to married couples is purposed in procreation, intimate oneness, unique knowledge, and pleasure.

BOOKLETS

"Advice to Newlyweds" by Dr. H. Norman Wright
- LF108
This booklet, excerpted from Dr. Norm Wright’s book Seasons Of A Marriage, contains helpful information on accepting change and evaluating expectations in marriage.

"Building A Marriage That Lasts" by Dr. James Dobson
- LF154
Dr. Dobson gives the fundamentals of a Christian marriage, listing the most common marriage killers: over commitment, physical exhaustion, conflict in money matters, selfishness, and infidelity. He also makes observations about the life of a divorced person.

"His Needs, Her Needs: Finding Fulfillment in Your Marriage" by Dr. Willard F. Harley Jr.
- LF180
The author identifies the five most basic needs of men and women in marriage, and how each spouse can meet the needs of the other.

"Preparing for Marriage: Pitfalls and Promises" by Dr. Louis McBurney
- LF200
The author discusses what it takes to build a lasting marriage and how to avoid marriage killers. Emphasis is placed on premarital counseling and conflict resolution.

INFORMATION SHEETS

"Developing a Marriage and Family Constitution"
- FX301 Complimentary
This information sheet describes Gary Smalley’s concept of a family constitution and how it can bring unity under an agreed-upon set of rules. Ten major benefits of writing a personal family constitution and ten possible articles of a family constitution are listed.

MISCELLANEOUS

Focus on the Family Web site: Hot Topics
- http://www.family.org/marriage/
This Web site offers online articles, resources, and referrals for many topics relating to marriages.
"Simply Romantic Nights: License 4 Creative Intimacy" Resource Pack (Family Life Today)
- P00870M • Set includes 12 sealed date cards for her, 12 sealed date cards for him, book, 2 key tags
If your marriage is in need of a romantic "tune-up" try test-driving these 24 passionate date ideas to enhance your physical and spiritual intimacy. Make memories together, understand your spouse’s romance needs, and enjoy a more exciting sex life. With this "License for Creative Intimacy" you’re ready to start your engines.

SPICE UP YOUR MARRIAGE SET
- K0011K • 3 books, plus one CD Set
Stir things up in your marriage with this bundle of favorites.

THE LOVE LIST by Drs. Les and Leslie Parrott (Zondervan)
- BL251 •
This book encourages behaviors that increase marital satisfaction and revolutionize relationships, whether a marriage is floundering or thriving. With a little thought and intention, couples can cultivate a set of specific habits, such as taking time to touch, laugh, be active, chart a course for the coming year, and increase one another's self-esteem.

TIPS TO ROMANCE YOUR HUSBAND (FamilyLife Publishing)
- P00516B •
These simple tips will help you better understand how your husband thinks and give you clever little ideas that will speak to his heart and display your love for him in a big way.

TIPS TO ROMANCE YOUR WIFE (FamilyLife Publishing)
- P00517B •
Strengthen your relationship and make your marriage fun and romantic as you become a student of your wife. Learn everyday things about her that will help you better express yourself to her.

"Keeping Romance in Your Marriage" I, II (Mr. Zig Ziglar)
- CD128 • CD •
Motivational speaker Zig Ziglar offers practical suggestions for keeping a marriage vibrant and growing. He asserts that the seeds of success are already resident in a marriage.

CURRICULUM

FOCUS ON THE FAMILY SERIES STARTER KIT (Focus on the Family)
- BL281 •
This series gives every church an exciting, new foundational program to help married couples better understand God’s plan for marriage and strengthen their relationships. Including, seven Bible studies that cover every season of marriage and accommodate a variety of teaching settings. The introductory video in this set is not available by itself. It is targeted to church administrators, churches, and small group leaders. The series includes the following titles:

FOCUS ON THE FAMILY MARRIAGE MINISTRY GUIDE (Focus on the Family)
- BL280 • Leader’s Guide
This guide contains information on how and where to begin, types of ministry settings, and how to staff and organize a marriage ministry. The book does not contain specific lessons that correlate with the FOF Marriage Series individual studies since those books include a leader’s discussion guide, with suggestions for what to do before and after the meeting and ice-breaker and discussion ideas.
FOCUS ON THE FAMILY MARRIAGE SERIES: THE COVENANT MARRIAGE (Focus on the Family)
- BL282 -
This study examines the concept that God is our marriage role model as it explores the covenant he made with Abram and his descendants and how it relates to marriage. The themes of the four sessions are *The Role Model: marriage is a reflection of God’s commitment to us, *The Betrothal: a biblical picture of what the marriage commitment should be, *The Ceremony: a covenant relationship conducted before and witnessed by God, and *The Commitment: an unbreakable bond forged by God, leaving no room for divorce.

FOCUS ON THE FAMILY MARRIAGE SERIES: THE FIGHTING MARRIAGE (Focus on the Family)
- BL283 -
Every marriage has its trials and troubles, but all of them can be worked out, without fighting them out. *The Fighting Marriage explores how God handles problems with his beloved people, how that relates to conflict in marriage, and how to fight for your marriage. The themes of the four sessions are: *The Causes of Conflict: the consequences of unmet needs and high expectations, *How to Have a Good Fight: knowing when, where, and how to discuss problem areas, *Keep Talking: keeping lines of communication open to avoid unnecessary conflict, and *Caring Enough to Confront: when to put tough love into practice.

FOCUS ON THE FAMILY MARRIAGE SERIES: THE GIVING MARRIAGE (Focus on the Family)
- BL284 -
Be caring, sharing, forgiving; these are cornerstones of the godly marriage. *The Giving Marriage discusses marriages in which one spouse gives more than 100 percent due to difficult circumstances. The themes of the four sessions are *Dealing with an Unfaithful Spouse: how to confront the problem and communicate with your spouse, *Living with an Unbelieving Spouse: how your marriage can demonstrate God’s love for your unbelieving mate, *Living with an Incapacitated Spouse: how to discover joy in serving your spouse, and *Living with a Hopeful Heart: how to follow scriptural heroes who obeyed God when it wasn’t comfortable or easy.

FOCUS ON THE FAMILY MARRIAGE SERIES: THE MASTERPIECE MARRIAGE (Focus on the Family)
- BL286 -
*The Masterpiece Marriage explores God’s plan for marriage as a reflection of his glory to the rest of the world rather than the world’s view that marriage is the way to happiness and self-fulfillment. The themes of the four sessions are *Great Expectations: God’s primary purpose for marriage, *The Divine Triangle: the three-way relationship between a man, a woman, and God, *The Great Adventure: God’s instruction to be fruitful and multiply, fill the earth, and subdue it, and *A Walk in the Garden: how sin has marred our relationship with God and how we can overcome it.

FOCUS ON THE FAMILY MARRIAGE SERIES: THE MODEL MARRIAGE (Focus on the Family)
- BL287 -
The more you give in love, the more you live in love. *The Model Marriage points to Jesus as the model of sacrificial love. In every marriage spouses need to practice self-sacrifice for the good of the relationship just as Jesus did. The themes of the four sessions are *Heroes Make the Right Choice: how good marriages are built on making the right choices, *The Mystery of Submission: how Jesus willingly and lovingly serves his bride, *The Mission of Self-Sacrifice: how Jesus paid the ultimate sacrifice—his life for ours, and *Jesus Is Our Model: how to love your spouse the way Christ love his bride, the church.

FOCUS ON THE FAMILY MARRIAGE SERIES: THE PASSIONATE MARRIAGE (Focus on the Family)
- BL288 -
God wants every marriage to be filled with passion—for one another, but most of all for him. *The Passionate Marriage focuses on sexual intimacy in marriage and how it is a picture of God’s romance with us. The themes of the four sessions are *The Courtship: a picture of what married love should be, *The Passion: why total intimacy can be experienced only in marriage, *Counterfeit Passion: how infidelity begins in the heart and emotions, and *The Great Romance: how God desires to unite with us in spirit.
FOCUS ON THE FAMILY MARRIAGE SERIES: THE SURPRISING MARRIAGE (Focus on the Family)
- BL285 •
God wants you to get up, get out, and get excited about your marriage. The themes of the four study sessions included in The Surprising Marriage are *A Faith Journey: how to follow the Lord’s plan for your marriage, *Passing on the Legacy: how to give your children the best inheritance, the model of a Christ-centered marriage, *Understanding and Celebrating Differences: how to use your differences to paint your marriage masterpiece, and *Living Out the Master Plan: how to reflect God’s glory.

FOCUS ON THE FAMILY MARRIAGE SERIES: THE ABUNDANT MARRIAGE (Focus on the Family)
- BL292 •
The Abundant Marriage is designed to help couples achieve joy and longevity in their marriage by increasing their understanding and practice of biblical stewardship. Couples will learn to be careful managers of the resources God has placed in their lives, including time, talents, finances, possessions, and people.

**MARRIAGE SEMINARS**

The following organizations offer Christian marriage seminars and conferences. Please note that Focus on the Family has not reviewed the information that is presented or the materials that are recommended or provided by these groups. This listing has been compiled for your information and review and does not represent an endorsement by Focus on the Family.

**Center for Relationship Development**
Drs. Les and Leslie Parrott
Seattle Pacific University
http://www.realrelationships.com - Web site
- Churches and organizations can host a "Becoming Soul Mates" seminar where the Parrotts will be featured speakers.

**Christian Marriage Enrichment** (Dr. H. Norman Wright)
P.O. Box 2468
Orange, CA 92859
714/693-3136
800/875-7560 - Orders
714/701-9102 – Fax
info@hnormanwright.com – E-mail
http://www.hnormanwright.com – Web-site
- This ministry helps troubled marriages, as well as encourages couples with good marriages to make them even better. A mail-order bookstore specializes in books for training counselors, pastors, adults, and singles. One Spanish counselor is available, but no Spanish seminars or materials are offered.

**Christian Medical and Dental Associations**
Dr. David Stevens, Executive Director
Marriage Enrichment Conferences
P.O. Box 7500
Bristol, TN 37621-7500
423/844-1000
888/230-2637 - Not for physician referrals. See web site.
423/844-1005 - Fax
mailto:main@cmdahome.org - E-mail
http://www.cmdahome.org - Web site
- Regional weekend "Marriage Enrichment Conferences" on marriage and family issues are conducted for Christian medical and dental professionals 8-10 times per year.
Enjoying Marriage, Inc.
P.O. Box 18093
Reno, NV 89511-9986
775/530-1383
info@enjoyingmarriage.org – E-mail
http://www.enjoyingmarriage.org – Web site
• Offers biblically-based seminars on marriage led by special guests (pastors and musical guests).

FamilyLife Ministries
Rev. Dennis and Mrs. Barbara Rainey
5800 Ranch Road
Little Rock, AR 72223
501/223-8663
800/FL-TODAY (358-6329)
501/224-2529 - Fax
flconferences@familylife.com - E-mail
http://www.familylife.com - Web site
• This ministry provides a weekend away for married and premarital couples. Held in major motels nationwide, conferences offer workshops on stress, conflict, and sex. Special classes for women, men, and engaged couples are also presented. In addition, a video series for Canadian viewers and a Spanish manual are available.

Kettering Clergy Care Center
Dr. Robert Peach, Director
1079 W. Stroop Rd.
Dayton, OH 45429
937/395-8149
800/324-8618
937/395-8465 - Fax
bob.peach@kmcnetwork.org - E-mail
http://www.kmcnetwork.org/kccc - Web site
• This organization offers professional care and support to ministers, missionaries, leaders, church employees, and their families. Services include counseling, clergy marriage enrichment, crisis intervention weekends, clergy burnout prevention, and a two-week residential clergy training and renewal experience.

The Leadership Center (Steven Bravo, Director)
P.O. Box 2009
Wolfeboro, NH 03894
603/569-4004
603/569-8607
603/569-4773 - Fax
Christiebravo@aol.com – E-mail
www.tlcretreats.org – Web site
• This organization provides facilities, an environment, and a staff that can bring encouragement to those in Christian ministry. The primary focus of this ministry for pastors and their spouses is to prevent common major marriage problems. They conduct four retreats per year, four days each (Monday-Thursday).

Love and Respect Ministries (Dr. Emerson Eggerichs)
201 Monroe Avenue, NW Ste 701
Grand Rapids, MI 49503
616/459-9190
http://www.loveandrespect.com - Web site
• The Love and Respect Marriage Conference provides guidance and assistance to couples needing to learn the delicate balance of love and respect within their marriage.
Marriage Alive International, Inc.
David and Claudia Arp
7900 Grousemoor Drive
Knoxville, TN 37919-4407
865/690-5887
865/690-5887 - Fax
TheArps@mindspring.com - E-mail
http://www.marriagealive.com - Web site
• This ministry will gear seminars to meet the specific needs of engaged couples, newlyweds, couples with teens, couples with young children, and couples that are empty-nesters.

Marriage Savers, Inc.
Michael J. and Harriet McManus
9311 Harrington Drive
Potomac, MD 20854
301/469-5873
301/469-5871 - Fax
michaeljmcmmanus@cs.com - E-mail
http://www.marriagesavers.org - Web site
• This organization trains local church leaders and "mentor couples" to help them "divorce-proof" their congregations.

Ministries Resource Center, Inc.
Rev. Gerald and Mrs. Alita Robertson
14072 Barker Hollow Road
Woodman, WI 53827
608/988-4649
608/326-6959 - Church office
608/988-4327 - Fax
alitamrc@mhtc.net - E-mail
• This year-round retreat center designed for pastors and their spouses provides an environment which nurtures healthy and fulfilling spousal relationships. Marriage seminars are conducted upon request.

Dr. Clifford Penner and Joyce Penner
200 E. Del Mar Blvd., Suite 126
Pasadena, CA 91105
626/449-2525
626/564-1250 - Fax
penners@attglobal.net - E-mail
http://www.passionatecommitment.com - Web site
• Dr. Cliff Penner, a psychologist, and his wife, Joyce, a clinical nurse specialist, provide counseling to couples and conduct marriage enrichment seminars. They have co-authored the book The Gift Of Sex, A Guide To Sexual Fulfillment.
PREP, Inc.
Dr. Scott M. Stanley
P.O. Box 4793
Greenwood Village, CO 80156-4793
800/366-0166
info@prepinc.com – E-mail
http://www.prepinc.com - Web site
- Dr. Scott Stanley offers premarital and marriage seminars and resources, as well as seminars for mental health professionals, pastors, and lay leaders interested in marriage counseling.

Smalley Relationship Center
Gary Smalley
Attn: Terry Brown
1482 Lakeshore Drive
Branson, MO 65616
417/335-4321
800/848-6329
417/336-3515 - Fax
family@smalleyonline.com - E-mail
www.garysmalley.com - Web site
- Gary Smalley’s “Real Love in the Real World” seminars help couples resolve conflict, diffuse anger, discover true romance, and understand the gift of sexuality.