Resource List: Parenting

The resources listed below align with Focus on the Family’s philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, call us toll free at 1-800-A-FAMILY, or visit our online store at store.focusonthefamily.com. (The information is regularly updated, but there is still the possibility that an item originally available from Focus on the Family might now be unavailable.) You may also be interested in the content posted on our website at focusonthefamily.com.

Included

Books
Broadcasts
DVDs
Parenting Assessment
Websites, Q&As, and Resource Lists
Referrals

Books

The 5 Love Languages of Children by Gary Chapman and Ross Campbell (2012) ● 9780802403476 ●
Discover your child’s primary love language—physical touch, words of affirmation, quality time, gifts, or acts of service—to better meet their deepest emotional needs.

The 5 Love Languages of Teenagers by Gary Chapman (2010) ● 9780802473134 ●
Learn to understand the path your teen is traveling, how to handle their needs for independence and responsibility, and how best to love them during this tumultuous season.

The 10 Best Decisions Every Parent Can Make by Bill and Pam Farrel (2006) ● 9780736917094 ●
Learn to unlock the unique gifts inside your children—taking into account temperament, talents, goals, spiritual development, and leadership abilities—so they can become everything God designed them to be.

12 Huge Mistakes Parents Can Avoid by Tim Elmore (2014) ● 9780736958431 ●
Elmore considers the parenting examples of Moses, Bill Gates, and others to help you raise and guide responsible children who are confident in your love and in who God uniquely made them to be.

Aggressive Girls, Clueless Boys by Dennis Rainey (2012) ● 9781602005235 ●
Subtitled “7 Conversations You Must Have With Your Son (And 7 Questions to Ask Your Daughter),” this volume contains advice to help your tweens set godly boundaries for healthy relationships with the opposite sex.

Boundaries With Kids by Dr. Henry Cloud and Dr. John Townsend (2001) ● 9780310243151 ●
You can raise kids who take responsibility for their lives and attitudes. Learn to set loving limits, bring control to an out-of-control life, define appropriate boundaries and consequences for children, and more.

Bringing Up Boys by Dr. James Dobson (2014) ● 9781414391335 ●
Many parents feel pressure to mold children into a gender-neutral, one-size-fits-all model. But Dobson explains how to understand boys’ emotional and physical development and how best to motivate them toward becoming godly men.

Bringing Up Girls by Dr. James Dobson (2010) ● 9781414391328 ●
Learn how to help your daughters meet challenges that come their way—and become all that God designed them to be.
Building Confidence in Your Child by Dr. James Dobson (2015) • 9780800726942 •
Learn to instill in your children a biblically based self-esteem that will help them make good choices, develop healthy relationships, and grow into secure adults.

The Digital Invasion: How Technology Is Shaping You and Your Relationships by Dr. Archibald Hart and Dr. Sylvia Hart Frejd (2013) • 9780801015298 •
Based on current research, this book looks at the way digital technology affects us physically, mentally, and spiritually. The Harts offer biblically based tips to help us more wisely steward our digital lives.

Effective Parenting in a Defective World by Chip Ingram (2007) • 9781414303840 •
Ingram shares practical steps for effective discipline and suggests ways to impart faith to your kids so they’re equipped to stand firm against the challenges they’re likely to face.

Equipping Parents to Respond to Gender-Confusing Messages in Schools • Focus on the Family online booklet
The sexual chaos occurring in our society is rapidly finding its way into our classrooms. How can Christian families respond with wisdom, strength, and grace?

The Focus on the Family Complete Guide to Baby & Child Care: From Pre-Birth Through the Teen Years by Paul C. Reisser, M.D. (2007) • 9781414313054 •
Learn to meet children’s specific needs and create an environment where they can thrive. This medical reference book addresses the physical, mental, emotional, and spiritual needs of children.

Grace-Based Parenting by Dr. Tim Kimmel (2005) • 9780849990583 •
Kimmel recommends a parenting style that mirrors God’s love, reflects His forgiveness, and displaces fear as a motivator for behavior. Learn to create a solid foundation for growing morally strong and spiritually motivated children.

• 9780802411235 •
Learn five skills that every healthy child needs to master: affection, appreciation, anger management, apology, and attention. Set healthy boundaries regarding digital entertainment, and build stronger family connections.

Have a New Kid by Friday by Dr. Kevin Leman (2012) • 9780800732189 •
Leman offers hope and practical, achievable strategies for regaining control and becoming the parent you always wanted to be.

How Children Raise Parents: The Art of Listening to Your Family by Dr. Dan Allender (2005) • 9781400070527 •
Allender teaches you how to let go of the pressure to make sure your children succeed. Instead, discover how to help them grow into spiritual maturity.

How We Love Our Kids: The 5 Love Styles Of Parenting by Milan Yerkovich and Kay Yerkovich (2011) • 9780307729248 •
Based on years of research about attachment and bonding, this book teaches parents how to cultivate a secure, deep connection with children of any age.

In This House, We Will Giggle by Courtney DeFeo (2014) • 9781601426062 •
“Making Virtues, Love & Laughter a Daily Part of Your Family Life”—Fun, practical ideas help your family rest in Christ’s joy and share His goodness with others.

It’s Your Kid, Not a Gerbil: Creating a Happier & Less-Stressed Home by Dr. Kevin Leman (2011) • 9781589976153 •
Does it feel like all you do is chauffeur your children from one activity to another? Give up the impossible quest for your kids to succeed. Instead, learn to leave room in their lives for what matters most: building family relationships.

Keep the Siblings, Lose the Rivalry by Dr. Todd Cartmell (2003) • 9780310246800 •
Frustrated with the combat-zone atmosphere of your home as your kids constantly argue and fight? Learn to use biblical principles and relational skills to deal positively with sibling rivalry, and foster respectful relationships.

Lead Your Family Like Jesus by Ken Blanchard, Phil Hodges, and Tricia Goyer (2013) • 9781589977204 •
Your children need a lot of things—but what they most need is for you to act like Jesus. Learn timeless parenting principles based on the ultimate Role Model’s life and how to “serve your way” to a Christ-centered home.

Love and Respect in the Family by Dr. Emerson Eggerichs (2013) • 9780849948206 •
Eggerichs joins his wife and three adult children to offer stories of building a family according to biblical principles.
The Most Important Place on Earth: What a Christian Home Looks Like and How to Build One by Robert Wolgemuth (2005) ● 9780785280323 ●
Wolgemuth offers stories and practical ideas that will convince you a Christian home is not an elusive stereotype. It’s something that can be achieved—and something worth having.

No More Perfect Kids: Love Your Kids for Who They Are by Jill Savage and Kathy Koch, Ph.D. (2014) ● 9780802411525 ●
Guard against “perfection infection” and embrace how the Lord uniquely designed your child so they have the courage to pursue His leading for their lives.

Parenting by the Book: Biblical Wisdom for Raising Your Child by John Rosemond (2013) ● 9781476718712 ●
Turn to scriptural advice as you raise children who will be “a delight to your soul” (Proverbs 29:17).

Parenting Isn’t for Cowards by Dr. James Dobson (2007) ● 9781414317465 ●
“The ‘You Can Do It’ Guide for Hassled Parents.”

Parenting Your Powerful Child: Bringing an End to the Everyday Battles by Dr. Kevin Leman (2014) ● 9780800723668 ●
Whether your child is reserved or outspoken, learn to channel their energy and strong will into positive character traits that will serve them well throughout life.

Planet Middle School by Dr. Kevin Leman (2015) ● 9780800723057 ●
Leman helps you navigate the middle school years with your child—covering mood swings, talking about sex, making home a welcome place, practicing gratitude, and more.

Plugged-In Parenting by Bob Waliszewski (2011) ● 9781589976245 ●
Learn how to teach your kids media discernment without alienating them. This book suggests ways to uphold biblical standards when establishing family entertainment parameters.

Raising Kingdom Kids by Tony Evans (2014) ● 9781589977846 ●
With simple steps toward intentional parenting, you can create a faith-filled home and instill biblical values in your children, such as wisdom, integrity, resiliency, purity, and service.

Raising Kingdom Kids Devotional by Tony Evans (2015) ● 9781624054099 ●
90 devotions based on the biblical principles found in Raising Kingdom Kids help you encourage your children in their walk with God.

Sacred Parenting: How Raising Children Shapes Our Souls by Gary Thomas (2005) ● 9780310264514 ●
Through biblical insights and encouraging real-life stories, learn how God uses kids to profoundly change their parents, and discover the spiritual potential in your parent-child relationships.

With research-based insights, Stanton clears up cultural confusion surrounding gender identity, exposes the dangers of stereotypes, and reveals how parents can help shape their children’s understanding of what it means to be a man or a woman.

The Sixty Minute Family by Rob Parsons (2010) ● 9780745953830 ●
Combining practical wisdom and advice, Parsons shares from his own experience about how to strengthen your family relationships.

Trophy Child by Ted Cunningham (2012) ● 9780781407632 ●
“Saving Parents From Performance, Preparing Children for Something Greater Than Themselves.”

The Well-Behaved Child: Discipline That Really Works by Dr. John Rosemond (2011) ● 9780849947155 ●
This book offers practical solutions for behavior issues of children aged 3 to 12 based on the biblical concept that respect for others—not self-esteem—is the way to raise emotionally stable children.

When Parenting Isn’t Perfect by Jim Daly (2017) ● 2350000000912 ●
“Perfection is the enemy of parenting. … As parents, we’re called to simply do our best. And when we fail—which we will—we’re called to try again tomorrow.”

You Can’t Make Me (But I Can Be Persuaded) by Cynthia Ulrich Tobias (2012) ● 9781578565658 ●
Tobias provides specific strategies for motivating and disciplining your difficult child and helping them succeed.
Forging Your Family Identity (Dr. Greg Smalley, Mrs. Erin Smalley) • 9781624712302
As parents model unconditional love, humility, and commitment to faith and values, every family can establish traditions and rituals that strengthen their unique identity.

Addressing Video Games in Today’s Culture – I, II (Bob Hoose, Carl Kerby, Pastor Drew Thornwall) • 9781624716485
Video game players and reviewers describe positive aspects of video games (problem solving, education, etc.), as well as negatives (addiction, hidden spiritual messages, etc.). They also provide advice on how to teach kids discernment about which games to play.

Avoiding the Chore War With Your Kids (Dr. Greg and Mrs. Erin Smalley) • 9781624718311
Involving children in household chores is necessary not only to create a functional home but to prepare them for the future. Hear practical advice on age-appropriate chores so you’ll be empowered to help your children build responsibility.

Avoiding the Common Mistakes of Parenting – I, II (Dr. Tim Elmore) • 9781624719257
Parents want their children to succeed but often jump in too quickly to protect them from struggles. Or, parents praise or reward inappropriately, which can give false expectations about abilities and how the world works. Elmore helps parents raise children who are ready for adulthood.

Being the Intentional Parent Your Child Needs – I, II (Bill and Pam Farrel) • 9781624713866
Parents can feel overwhelmed trying to identify the unique needs of their children. The Farrels encourage you to partner with God and trust Him for the results as you teach kids to be learners, leaders, and lovers of Christ.

The Blessings of Raising a Large Family – I, II (Jim Bob and Michelle Duggar) • 9781624713965
The Duggars discuss how they handle chores, obedience, and schedules in the context of helping their kids build good character.

Children: A Heritage From the Lord (Dr. Michael Youssef) • 9781624718021
Youssef shares thoughts about Psalm 127 and the need to make the Lord the center of the home. He explains that the family is the backbone of society and how, if it’s destroyed, society will ultimately disintegrate.

The Christian Family (Dr. Tony Evans) • 9781624715716
Using Psalm 128:1-4 as a basis, Evans discusses the roles of husbands and wives, the importance of raising children in a good atmosphere, and the blessings of the Lord.

Embracing God’s Design for Parenting – I, II (Gary Thomas) • 9781683321347
Thomas suggests that one of the main reasons God gives us children is to shape our own character. As we learn to put others’ needs before our own, we become more servant-minded—and more Christ-like.

Embracing the Messiness of Parenting – I, II (Jim and Jean Daly) • 2350000010935
Jim wrote When Parenting Isn’t Perfect. He and Jean share from their journey of parenting two boys how to avoid perfectionistic expectations. Instead, inspire joy while encouraging good behavior.

Empowering Your Family Through Love and Respect – I, II (Dr. Emerson Eggerichs) • 9781624715778
With transparent stories of his childhood and parenting journey, Eggerichs paints a picture of how important love and respect are to the family.

Encouraging Responsibility in a Careless World – I, II (Pastor Andy Stanley) • 9781624715679
Stanley explains how people tend to not take responsibility for their actions, knowing that someone else, (e.g., mom, a teacher, the government) will clean up—and he encourages parents to help children mature in this area.

The Essentials of a Healthy Home – I, II (Reverend Tommy Nelson) • 9781624718472
Nelson discusses the needs all children share—including a peace-filled household, time spent together as a family, and godly role models—and he offers biblical advice on what parents can do to meet these needs in a God-honoring way.

Forging Your Family Identity (Dr. Greg Smalley, Mrs. Erin Smalley) • 9781624712302
As parents model unconditional love, humility, and commitment to faith and values, every family can establish traditions and rituals that strengthen their unique identity.
Fostering a Healthy Attachment Style in Your Child (Milan and Kay Yerkovich) • 9781624710865
The Yerkoviches talk about how to identify your child’s attachment style—such as avoider, pleaser, vacillator, controller, or victim—to help them become self-aware and grow into an emotionally healthy adult.

Fun Ways to Instill Virtues in Your Children – I, II (Courtney DeFeo) • 9781624719820
DeFeo, author of In This House, We Will Giggle, shares how parents can make virtues, love, and laughter part of everyday life. Learn fun and easy way to practice gratitude, generosity, joy, faith, patience, and responsibility.

Godly Wisdom for Leading Your Family – I, II (Dr. Ken Blanchard, Tricia Goyer, Phil Hodges) • 9781624712708
Guests explore how Jesus lived—He was a servant, never compared Himself to others, spent time alone with God, praised others for good effort, and corrected His disciples when necessary—and how that model can apply to all areas of life.

Helping Kids Conquer Their Fears (Danny Huerta) • 9781624711909
Huerta explains why young children experience fear and how parents can respond. Rather than discounting their children’s concerns, parents can help their children learn to have courage and appropriately face fears.

Helping Kids Make Good Life Choices – I, II (Dr. Tim and Mrs. Darcy Kimmel) • 9781624717048
The Kimmels discuss parenting with eternity in mind. They remind parents to emphasize true greatness—not through accomplishments, but by building solid relationships, developing godly character, and cultivating faith in the Lord.

Helping Kids Relate in a Screen-Driven World – I, II (Dr. Gary Chapman, Arlene Pellicane) • 9781624718052
Chapman and Pellicane discuss the dangers of oversuing digital gadgets and media. With practical advice on setting boundaries, they suggest ways to model healthy usage and positive relational skills.

Helping Sons Guard Their Purity – I, II (Dennis Rainey) • 9781624716461
Rainey describes the growing phenomenon of girls who are targeting boys in middle school and younger, pursuing and propositioning them for sex. He urges parents to be proactive with their sons during the preteen and teen years, providing them with moral and sexual training based on God’s Word.

Helping Your Middle Schooler Develop a Healthy Identity – I, II (Dr. Kathy Koch) • 9781624719325
Koch talks about the five core needs of the middle-school child—security, identity, belonging, purpose, and competence—and about a child’s desire to belong and have purpose.

The Impact of Birth Order on Family Dynamics (Dr. Kevin Leman) • 9781624711381
Learn about the varying dispositions of children according to their birth order and how those tendencies can affect family dynamics.

The Importance of Encouraging Your Children – I, II (Dr. David Jeremiah) • 9781624715129
Jeremiah explains his priorities in life (God, wife, children, church) and talks about how parents must encourage their children by giving them individual affirmation, genuine appreciation, and physical affection.

Loving Your Kids for Who They Are – I-III (Jill Savage, Dr. Kathy Koch) • 9781624716805
Savage and Koch address the “perfection infection” and the balance between pushing kids to achieve excellence while accepting them for who they are. Parents need to be intentional in listening to the hearts of their children.

Making Your Home Safe and Healthy (Jill Savage) • 9781624717864
Savage describes intentional ways parents can make their home healthy for kids, such as having dinner together, being more playful, and encouraging dreams. She shares personal examples of how life can be messy, and she offers encouragement that God can work through our imperfections to make family life better.

Managing Sibling Conflict (Cynthia Tobias) • 9781624717918
Tobias talks about sibling rivalry and what parents can do to create a peaceful home environment. She offers practical problem-solving skills for bullying, name calling, and tattle-tale tendencies between children.

Managing Technology’s Impact on Your Kids – I, II (Dr. Kathy Koch) • 9781624718526
Koch discusses the impact of technology from a neurological perspective. She shares practical tips to reduce the amount of time children spend online, and she encourages parents to use technology to connect with their kids.

Managing Your Family’s Summer Schedule (Dr. Greg Smalley, Mrs. Erin Smalley) • 9781624716362
The Smalley’s suggest how to organize your family’s summer plans. They talk about the need for a schedule, how to deal with teens, and how to avoid pitfalls of unmet expectations.
Moving Beyond Performance-Based Parenting – I, II (Pastor Ted Cunningham) • 9781624712517
Cunningham admits to being too concerned about how his children’s performance reflects on him. But he encourages parents to avoid treating kids like trophies and, instead, help them establish a foundation for following God’s plan for their lives.

Nurturing a Healthy Gender Identity in Your Child – I, II (Glenn Stanton) • 9781624713286
Stanton explains why gender matters and how the culture tends to confuse the issue. He talks about what God-given masculinity and femininity looks like and why children grow up best with both a dad’s and a mom’s perspective.

Nurturing God’s Gifts in Your Child (Max McLean, Jim Daly, Dr. Juli Slattery, John Fuller) • 9781624713866
Actor Max McLean reflects on how his Christian faith deepened as a result of his role in a stage production of C.S. Lewis’ The Screwtape Letters. Back in the studio, Jim, Juli, and John discuss how parents can nurture their children’s natural talents.

Nurturing Your Child’s Natural Talent (Dr. Greg Smalley) • 9781624711466
Learn how to provide opportunities for your children to try new things and discover what they’re good at and what they’re passionate about.

Parenting Concepts That Work – I, II (Dr. John Rosemond) • 9781624717635
Many children today are taught to focus on themselves as their parents emphasize accomplishment and success. But Rosemond encourages a return to the biblical model by teaching respect, responsibility, and resourcefulness.

Parenting the Strong-Willed Child As a Team – I, II (Cynthia Tobias) • 9781624716522
Tobias discusses how parents can get on the same page in their parenting approach, how a parent who desires “positional authority” can relax, and the importance of keeping a good sense of humor.

Parenting Tips for the Middle School Years – I, II (Dr. Kevin Leman, Jean Daly) • 9781624719608
Leman shares how to help children navigate the turbulent middle-school years as they deal with peer pressure, high emotions, and awkward moments. He also talks about how to encourage sons and daughters to follow their talents and disposition.

Passing Along a Blessing to Your Children (Dr. John Trent) • 9781624719585
Trent explains the importance of children knowing that they are deeply loved and of inestimable worth. He shares how parents can bless their children even if it’s something they didn’t receive growing up.

Practical Advice for Drug-Proofing Your Kids (Glenn Williams) • 9781624713255
Williams encourages parents to talk to their kids about drugs and peer pressure. He shares the importance of lifestyle modeling and teachable moments in preparing children to make good choices.

Practical Advice for Parenting Powerful Kids – I, II (Dr. Kevin Leman) • 9781624715396
Leman offers practical ideas about how to redirect children’s “power surges” into positive traits and urges—recognizing that God uniquely created our kids and learning what consistent, grace-based parenting entails.

Practical Advice for Parenting Strong-Willed Children – I, II (Cynthia Tobias) • 9781624711885
Strong-willed kids need to be compelled, fulfilled, and challenged—all with unconditional love. Tobias emphasizes the importance of parents building and maintaining this relationship from a young age.

Practical Advice for Raising Media-Savvy Kids (Bob Waliszewski) • 9781624713859
Waliszewski talks about how his eyes were opened to God wanting to be part of our media choices. He offers practical advice on the importance of setting entertainment guidelines for your family.

Practical Ideas for Connecting With Your Kids (Kathi Lipp) • 9781624712500
Lipp talks about the importance of discovering your child’s personality type and connecting through five main areas: encouragement, time, serving, passion, and legacy.

Practical Tools for Raising Well-Behaved Children – I, II (Dr. John Rosemond) • 9781683321354
Rosemond shares solutions for disciplining children based on the biblical concept that respect for others—not self-esteem—is the way to raise emotionally stable children.

Preparing the Next Generation of Men – I, II (Dr. Bill Bennett) • 9781624714245
Bennett discusses the decline of authentic masculinity in our culture and offers insights on how parents can raise boys to become true men.

Protecting Girls From Growing Up Too Fast – I, II (Dannah Gresh) • 9781624717512
Gresh explains why it’s such a big deal that our culture teaches young girls to act “sexy” and older than they are. She explains how you can protect your daughter from growing up too quickly.
Parenting …Page 7

Protecting Your Family From the Digital Invasion – I, II (Dr. Arch Hart, Dr. Sylvia Hart Frejd) • 9781624714986 •
The Harts coach parents on subjects such as cyberbullying and videogame addictions—and they share how we can rediscover the calm of spiritual discipline through journaling, prayer, solitude, and mindfulness about how we use our time.

Pushing Past Entitlement to Find Success (Dr. John Townsend) • 9781624719622 •
Townsend talks about the mindset of entitlement in our Western culture. He helps parents recognize their deficiencies, and he offers wisdom so they can help their children have a good future.

Raising Exceptional Kids in a World Gone Wrong – I, II (Chip Ingram) • 9781624717321 •
Ingram encourages parents to focus more on their children’s character than their accomplishments. He offers biblical advice in a discussion based on his book Effective Parenting in a Defective World.

Raising Kids With a Kingdom Perspective – I, II (Dr. Tony Evans) • 9781624717888 •
Evans shares from personal experience with four children how to raise kids who are ready to impact their own families and communities for Christ.

Raising Tween Boys in Today’s Culture – I, II (Dr. Gary Chapman) • 9781624710780 •
Chapman shares insights about how to communicate well with your children—reaching their hearts and helping them have healthy relationships.

Raising Well-Behaved Children (John Rosemond) • 9781624718380 •
Rosemond contends that most discipline issues stem from bad parenting rather than disobedient children, and he helps moms and dads get a clear picture of their God-given roles.

Relationship: The Key to Teaching Truth to Your Children – I, II (Josh McDowell, Sean McDowell) • 9781624713408 •
Josh and son Sean explain why the relationship between parents and their children is critical in determining whether children will keep or abandon their Christian faith when they become young adults.

Rescuing Your Family From a Hectic Lifestyle – I, II (Dr. Kevin Leman) • 9781624713989 •
Leman explains why parents should limit their children’s activities.

Restoring Balance to Your Kid-Centered Home (Pastor Ted Cunningham) • 9781624715693 •
Cunningham shares how the kid-centered home prolongs adolescence and that parents need to teach and model how to leave and cleave.

Setting Healthy Boundaries With Your Kids – I, II (Dr. Henry Cloud, Dr. John Townsend) • 9781624715198 •
Cloud and Townsend discuss why parents should define appropriate boundaries and stick with consequences. They explain that boundaries help children learn to lead balanced, productive, and fulfilling adult lives.

Speaking Your Child’s Love Language – I, II (Dr. Gary Chapman) • 9781624710780 •
Chapman shares insights about how to communicate well with your children—reaching their hearts and helping them have healthy relationships.

Surviving the Strong-Willed Child – I, II (Cynthia Tobias) • 9781624713637 •
Tobias offers advice and encouragement for frazzled parents of strong-willed children. Being strong-willed can be an asset—not a liability —and you can teach your child to use their will in a way that glorifies God.

Taking the Lead, Changing the World (Dr. Al Mohler) • 9781624712616 •
Mohler shares about the importance of biblical leadership and leading from conviction—relying on principles every Christian can use to impact the world for Christ. He also speaks to parents about their influence in developing future Christian leaders.

Talking to Your Son About Puberty (Dr. Walt Larimore) • 9781624714788 •
Learn to help your son deal with puberty—from facial hair and bullies to sensitive issues such as masturbation and sexual identity. Parents are encouraged not only to have “the talk” with their sons but to create an open atmosphere where there’s freedom to talk about issues throughout their lives.

Teaching Good Manners to Your Kids – I, II (Donna Jones) • 9781624719509 •
Learn to create an environment of love and respect in your home as you instill good manners and etiquette that can benefit your children throughout their lives.

Teaching Your Children to Work (Jim Daly, Dr. Juli Slattery, John Fuller) • 9781624710902 •
How do you teach age-appropriate chores when they’d rather be doing something else? Learn ways to help your kids take on household tasks and build a lifelong work ethic.
Timeless Tips for Building a Strong Family – I, II (Rob and Dianne Parsons) • 9781624713804 •
The Parsons share stories about the value of making time for loved ones. They explain how the parent-child relationship benefits when parents let go of their children—and how kids find strength when they’re allowed to face difficult challenges.

Training Sons to Be Confident, Capable Men (Jonathan Catherman) • 9781624719165 •
Catherman encourages parents to train their sons in godliness and respectability—and to teach them basic life skills such as cooking, treating women properly, and more.

Understanding Personality Types (Dr. John Trent) • 9781624719363 •
Trent encourages parents to cast a vision for their children’s God-given positive personality attributes. He talks about the four animal personality types: the bold lion, the playful otter, the calculating beaver, and the ever-loyal Golden Retriever.

Understanding Sibling Rivalry (Jim Daly, Dr. Juli Slattery, John Fuller) • 9781624710582 •
Learn practical ideas to encourage your children to be Christ-like toward their brothers and sisters so they can mature into adults who have strong relationships with each other.

Watching Out for Your Kids (Jim Daly, Dr. Juli Slattery, John Fuller) • 9781624711404 •
Parents are vigilant about the well-being of their children—but they can’t be together 24/7. Hear advice for selecting trustworthy individuals to care for your kids.

When God Speaks Through Your Children – I, II (Dr. Dan Allender) • 9781624715020 •
Based on his book How Children Raise Parents, Allender explains how God reveals Himself to parents through their children—as much as, if not more than, He intends for parents to teach their children about Him.

Wise Advice on Standing Up for Your Child (Vicki Caruana) • 9781624711800 •
Caruana describes how parents can become better advocates for their children and also teach them how to handle difficult situations so they can carry those skills into adulthood.

The Blessing DVD-Based Conversation Kit by Focus on the Family (2012) • 2350000000462 •
Dr. John Trent discusses five important aspects to raising children who know they’re loved: appropriate touch, a spoken message, attaching high value, picturing a special future, and genuine commitment. The kit includes a participant’s guide, a leader’s guide, and material to help involve your entire church.

Raising Kids With a Faith That Lasts by Focus on the Family (2011) • 9781589976047 •
Hosted by Dr. Greg Smalley, this 6-session DVD series features top parenting mentors Larry Fowler, Reverend Mark Holmen, and Dr. Tim Kimmel covering topics such as introducing your child to faith, creating a faith plan for your family, and assessing the spiritual needs of your children.

The Power of Love: Building Relationships That Work by Focus on the Family (2011) • 2350000000530 •
Parents with children aged 2 to 12 will learn that when it comes to passing on your faith and values, a good relationship with your son or daughter is the most important key.

Your Child DVD Parenting Seminar: Essentials of Discipline by Focus on the Family (2006) • 9781589973626 •
Dr. Dobson tackles the subject of discipline through discussion, animation, and man-on-the-street interviews.
7 Traits of Effective Parenting Assessment

- focusonthefamily.com/promos/seven-traits

Good parents aren’t perfect. And that’s okay. There’s no formula to follow, but there are ways you can grow every day. Our assessment gives parents an honest look at their unique strengths, plus some areas that could use a little help.

Parenting

- focusonthefamily.com/parenting

This area of our website offers various articles and resources on topics such as emotions, parenting challenges, sexuality, and schooling.

Family Safety Resources

- focusonthefamily.com/parenting/promos/family-safety

Our safety resources equip families with tools to help them navigate cultural influences—whether social media, television, movies, or music.

Plugged In

- pluggedin.com

This outreach is designed to shine a light on the world of popular entertainment while giving families the essential tools they need to understand and impact the culture.

Q&As

- focusonthefamily.com/family-q-and-a

Browse our Q&As for advice and encouragement.

Resource Lists

- focusonthefamily.com/family-q-and-a/resources-and-referrals

Find recommended resources and referrals listed by topic, including:

- **Christian Growth for Children and Teens** • RL022A •
- **The Early Years of Marriage** • RL069 •
- **Material for Children and Tweens** • RL005 •
- **Materials for Dads** • RL070 •
- **Materials for Moms** • RL071 •
- **Parents of Troubled Teens** • RL058A •
- **Remarriage and Blended Families** • RL068 •
- **Sex Education** • RL067 •
- **Single Parenting** • RL017A •
- **Special Needs & Disabilities** • RL007 •
- **Youth Workers and Parents of Teens** • RL066 •

Referrals

- **Awana Lifeline**
  1 East Bode Road
  Streamwood, IL  60107
  888/944-4292
  awanalifeline.org

  This organization offers several programs to equip incarcerated mothers and fathers with tools for healthy living and godly parenting.

- **ClearPlay**
  866/788-6992
  clearplay.com

  This system allows users to download appropriate filters and watch standard DVDs while skipping objectionable content.
FamilyLife
P.O. Box 7111
Little Rock, AR 72223
800/358-6329
familylife.com
- This ministry offers articles, broadcasts, and other resources to help you in your parenting journey.

Forcefield
fotf.forcefield.me
- Forcefield is Focus on the Family’s preferred parental control software.

Just1ClickAway
Josh McDowell Ministry
2001 West Plano Parkway, Suite 2400
Plano, TX 75075
866/252-5424
just1clickaway.org
- “The purpose of the Just1ClickAway video is to raise awareness about the threat of Internet pornography and to network with other organizations to offer solutions for families and individuals of all ages and stages.”

Net Nanny
6949 South High Tech Drive
Salt Lake City, Utah 84047
801/508-3600
netnanny.com
- Net Nanny is Focus on the Family’s preferred web filtering software.

Strong Families
Dr. John Trent
4848 East Cactus Road
Suite 505, #300
Scottsdale, AZ 85254
480/718-3040
strongfamilies.com
- Strong Families provides biblical resources from family expert Dr. John Trent to help you and your loved ones grow in faith.

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