Resource List:
Miscarriage & Pregnancy Loss

The resources listed below align with Focus on the Family’s philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, call us toll free at 1-800-A-FAMILY, or visit our online store at store.focusonthefamily.com. (The information is regularly updated, but there is still the possibility that an item originally available from Focus on the Family might now be unavailable.) You may also be interested in the content posted on our website at focusonthefamily.com.

Included

Books
Broadcasts
Websites, Q&As, and Resource Lists
Referrals

Books

Empty Arms: Hope and Support for Those Who Have Suffered a Miscarriage, Stillbirth, or Tubal Pregnancy by Pam Vredevelt
● 9781576738511 ●
Vredevelt—a licensed counselor who suffered a miscarriage—encourages readers to hold fast to the Lord during heartbreak.

Expecting With Hope: Claiming Joy When Expecting a Baby After Loss by Teske Drake ● 9780825443374 ●
Drake compassionately uses Scripture and personal experience to walk alongside you as you process grief while holding on to hope.

Grieving the Child I Never Knew by Kathe Wunnennenber (2001) ● 9780310350651 ●
“A Devotional for Comfort in the Loss of Your Unborn or Newly Born Child”

Hannah’s Hope: Seeking God’s Heart in the Midst of Infertility, Miscarriage, & Adoption Loss by Jennifer Saake
● 9781576836545 ●
Using the biblical example of Hannah, Saake directs you to the God of all comfort—whether you long for a child yet to be conceived, grieve for a miscarried baby, or have lived through the anguish of a failed adoption.

Hope for Today, Promises for Tomorrow: Finding Light Beyond the Shadow of Miscarriage or Infant Loss by Teske Drake
● 9780825442186 ●
Sharing stories of women who have experienced loss, and offering biblical reminders of God’s promises, this ten-week study provides comfort and hope to hurting moms.

I’ll Hold You in Heaven by Jack Hayford ● 9780800796617 ●
For those who’ve lost a child through abortion, miscarriage, stillbirth, or early infant death, Hayford offers compassionate insights from Scripture to help answer your most troubling questions.

Safe in the Arms of Jesus: God’s Provision for the Death of Those Who Cannot Believe by Robert P. Lightner ● 9780825431562 ●
For parents who have lost pre-born children—or those too young or mentally unable to believe in Christ—Lightner explains God’s provision and offers sympathy, solace, and strength for the journey toward healing.

Silent Grief by Clara Hinton ● 9780892213719 ●
Writing primarily to those who have suffered miscarriage, Hinton also provides hope and encouragement for those who have given birth to a stillborn child, lost an adult child to accident or illness, or whose child is missing.
Thrive, Don’t Simply Survive: Passionately Living the Life You Didn’t Plan by Karol Ladd • 9781416580492 •
A woman’s life can be filled with unexpected events—miscarriage, relocation, unemployment, etc. Ladd’s biblically based principles equip you to develop spiritual maturity and resilience, renew your purpose and passion, and heal from hurts.

Hope in the Midst of Infertility – I, II (Marlo Shalesky, “Sarah”) • 9781624713583 •
Guests speak to the hurt of couples experiencing difficulty conceiving, and the emotional stress and marital struggles that can result. They also suggest ways to maintain good communication with your spouse in the midst of infertility or miscarriage and how to stay grounded in the knowledge of God’s love and sovereignty.

How Can I Change? (Ann Kiemel Anderson) • 9781624712548 •
When Anderson and her husband suffered one miscarriage after another—and then were further devastated as their attempts at adoption failed—she began to see how God used grief to transform her life and draw her closer to Him. Be encouraged by Anderson’s faith as she urges listeners to seek the blessings that sometimes come only through sorrow.

Life Challenges—Miscarriage
• focusonthefamily.com/lifechallenges/relationship-challenges/miscarriage/miscarriage
   This series of articles addresses physical and emotional struggles of miscarriage, and offers helpful suggestions and resources.

Q&As (focusonthefamily.com/family-q-and-a)
• Dealing With the Pain of Miscarriage
• How to Support Someone After a Miscarriage
• Pregnant Woman Is Afraid of Having Another Miscarriage

Resource Lists
• focusonthefamily.com/family-q-and-a/resources-and-referrals
   Find recommended resources and referrals listed by topic, including:
   • Comfort and Encouragement • RL003 •
   • Grieving the Loss of a Child • RL045B •
   • Infertility • RL052 •

Focus on the Family Counseling Consultation Line
Focus on the Family offers a free phone counseling consultation with a licensed counselor. Our Christian counselors are here to listen to and pray with you, as well as provide initial guidance and resources to help you and your family. Call 1-855-771-HELP (4357), Monday through Friday, 6:00 AM to 8:00 PM (MT). Our staff may need to call you back, but they’d love to speak with you. You can also search our directory for a licensed Christian counselor in your area [https://ccn.thedirectorywidget.com].

Referrals
Compassionate Friends, Inc.
P.O. Box 3696
Oak Brook, IL 60522
877/969-0010
compassionatefriends.org
• Compassionate Friends assists families in processing grief following the death of a child of any age, and they provide information to help others know how best to support a hurting family.

A Quiet Refuge
14786 Air Garden Lane
Colorado Springs, CO 80921
russ@quietrefuge.com
quietrefuge.com
• This ministry helps families who have experienced pregnancy loss or early infant death to preserve memories and mementos in an illustrated photo-journal album.

SHARE
National Share Office
402 Jackson Street
Saint Charles, MO 63301
800/821-6819
nationalshare.org
• This organization comes alongside those who have lost a baby to miscarriage, stillbirth, or early infant death.

Stepping Stones (a ministry of Bethany Christian Services)
616/224-7610—Phone
step.bethany.org
• Stepping Stones e-newsletter and webpage offers resources and encouragement for couples facing infertility challenges or pregnancy loss.

Umbrella Ministries
P.O. Box 4906
Palm Springs, CA 92263
888/568-5550
umbrellaministries.com
• Umbrella Ministries offers comfort, hope, and encouragement to mothers who have suffered the loss of a child.