Resource List: Military Issues

The resources listed here align with Focus on the Family’s philosophy and mission. Call us at 1-800-A-FAMILY, or visit our online store at store.focusonthefamily.com. (Information is regularly updated, but it’s still possible that an item originally available from Focus on the Family is now unavailable.) You might also be interested in content posted on our website at focusonthefamily.com.

Included

Books
Broadcasts
Webpages, Q&As, and Resource Lists
Referrals

Books

The 5 Love Languages: Military Edition by Gary Chapman and Jocelyn Green (2013) • 9780802414823 •
Husbands and wives can learn to express their love and strengthen their marriage in spite of unique military challenges such as deployment, reintegration, and combat trauma.

After the Boxes Are Unpacked: Moving on After Moving In by Susan Miller (2016) • 9781624056468 •
Having moved many times, Miller offers advice for women who are facing a move. She talks about the physical and emotional aspects of moving and shares tips for helping your family adjust.

Battlefields & Blessings by Jane Hampton Cook, John Croushorn, and Jocelyn Green (2009) • 9780899570419 •
“Stories of Faith and Courage From the War in Iraq & Afghanistan”

Called to Serve: Encouragement, Support, and Inspiration for Military Families by Lt. Col. Tony and Mrs. Penny Monetti (2011) • 9781572934580 •
Drawing from their own military experience, the Monettis identify top stressors facing soldiers and their families. They offer biblical encouragement to help you meet the demands and responsibilities of military life.

Faith Deployed: Daily Encouragement for Military Wives by Jocelyn Green (2009) • 9780802452504 •
Devotionals offer encouragement and advice on topics ranging from solitude to guarding against temptation to being ambassadors for Christ.

God Strong: The Military Wife’s Spiritual Survival Guide by Sara Horn (2010) • 9780310294023 •
Horn shares wisdom from her experience, as well as from other military wives. You can have true joy, regardless of your circumstances, when you rely on God’s promises in Scripture and comfort through the Holy Spirit.

Heroes at Home: Help & Hope for America’s Military Families by Ellie Kay (2012) • 9780764209819 •
Kay provides practical help and encouragement for the spouses of active-duty military personnel. Topics include managing holidays, moving, handling stress, volunteering, and living on a budget.

Hope Unseen by Scott Smiley and Doug Crandall (2012) • 9781451672916 •
“The Story of the U.S. Army’s First Blind Active-Duty Officer”
Marriage Advance: Love Never Gives Up by Chad and Kathy Robichaux (2015) • 235000000752 •
Chad returned from eight tours of duty in Afghanistan with PTSD. When other significant issues surfaced, too, the Robichauxs separated. But Kathy’s persistent faith and God’s work in Chad’s heart helped them find restoration.

Portraits of Courage by George W. Bush (2017) • 9780804189767 •
“A Commander-in-Chief’s Tribute to America’s Warriors”

Stories of Faith and Courage From the Vietnam War by Larkin Spivey (2011) • 9780899570198 •
Larkin offers 365 true stories—along with maps, photographs, and historical overviews—to underscore courage, faith, and God’s unending love in the face of indescribable stress, sorrow, and darkness.

Two Wars: One Hero’s Fight on Two Fronts—Abroad and Within by Nate Self (2009) • 9781414320106 •
Outmanned and outgunned, Army Ranger Nate Self and his troops fought bravely against the Taliban in Afghanistan. But when it was over, he faced a different battle. In this account of his bout with post-traumatic stress disorder, he speaks about the intense struggles of that time—and his rescue from despair because of his family’s faith.

Evangelism on the Battlefield (Captain Chris Plekenpol) • 9781624712012 •
Plekenpol shares stories from his time on the frontlines and speaks candidly about how his faith was shaken after losing his first soldier in combat. He also discusses how sharing Christ’s love can bring peace and comfort to soldiers in the midst of war.

Faith on the Battlefield (Major General Doug Carver, Retired; Captain Mike Langston, Retired) • 9781624714474 •
In commemoration of Veterans Day, chaplains Carver and Langston talk about the difficult job military personnel have as they’re separated from loved ones. They honor these brave men and women and provide insight about life on the battlefield and the faith that sustains those in military service.

Fighting for Your Military Marriage (Lt. Col. Tony Monetti, Mrs. Penny Monetti) • 9781624711428 •
Monetti was exhilarated to fly a B-2 Stealth Bomber around the world to protect our country’s freedom. But protecting his marriage was a different story. He and his wife candidly share about the common stresses associated with military life and how married couples can rely on God and stay committed to each other through difficult times.

God’s Hope and Strength for Military Wives (Sara Horn) • 9781624713972 •
One of the most difficult challenges facing a military family is when a spouse is deployed for weeks or months at a time. Horn offers encouragement and practical advice from her book God Strong: The Military Wife’s Spiritual Survival Guide.

Healing the Wounds of War (Dave Roever) • 9781624719776 •
During the Vietnam War, a grenade in Roever’s hand was hit by a sniper and exploded, nearly ending his life. Roever shares how God has worked all things together for good despite his injuries. Through stories from Vietnam, he inspires listeners with hope to overcome the trials of life. He encourages troops to not lose heart when things don’t go as planned.

Honoring America’s Veterans (compilation) • 9781624711237 •
These clips are presented to honor families who have sacrificed so that our country might have freedom. Hear personal reflections from soldiers, chaplains, and others (including remarks from Oliver North and Ronald Reagan).

Honoring Men and Women of Courage (Former President George W. Bush) • 2350000011079 •
Former President Bush talks about his deep admiration and appreciation for our nation’s military veterans in a discussion centered on his book Portraits of Courage: A Commander-in-Chief’s Tribute to America’s Warriors.

Honoring Our World War II Veterans (Jim Daly, John Fuller) • 9781624718960 •
In honor of Veterans Day, Focus presents a montage of memories shared by soldiers who fought for our nation during World War II. These brave men reflect on how God protected them in battle—and they inspire us to continue to pray for the men and women currently serving in the armed forces.

Honoring the Fallen on Memorial Day (call-in) • 9781624716478 •
Focus constituents share memories of loved ones who gave the ultimate sacrifice while defending our freedoms. Join us in honoring these fallen soldiers from the past 100 years.
**Honoring the Sacrifice for Freedom** (pre-recorded) • 9781683320548 •
In commemoration of Memorial Day, Vietnam veteran Dave Roever and Focus listeners share touching stories about soldiers who sacrificed their lives in defense of the freedoms we enjoy.

**How God Saved a Military Marriage** (Chad and Kathy Robichaux) • 2350000010188 •
Both from broken homes, the Robichauxs married right out of high school. They talk about Chad’s former struggles with PTSD, their separation, and how God saved their marriage.

**The Impact of PTSD on Military Families** (General Bob Dees, Major Robert Nuttal, Mrs. Amy Nutall, Dr. LuAnn Callaway)
• 9781624718168 •
Many military families struggle with the aftereffects of war as loved ones return home with physical and psychological wounds. Guests discuss their experiences with post-traumatic stress disorder, and they encourage listeners to seek help for their own families.

**Keeping Love Alive During Deployment** (Dr. Gary Chapman, Mrs. Jocelyn Green) • 9781624716638 •
Chapman and Green share about particular concerns military spouses face during deployment—including unpredictable schedules, frequent moves, and reintegration—and how couples can deepen their connection.

**Living by Faith, Not by Sight** (Major Scott and Mrs. Tiffany Smiley) • 9781624715365 •
Scott recounts being blinded by a suicide bomb attack in Iraq. He experienced a crisis of the soul, but his wife, Tiffany, eventually led him back to faith. As the Army’s first blind active-duty officer, Scott now counsels other wounded soldiers.

**Military Marriages: Staying Strong Through Deployment** (Dr. Gary Rosberg, Mrs. Barbara Rosberg) • 9781624714467 •
The Rosbergs encourage husbands and wives facing an upcoming deployment and offer advice to those about to be reunited. Even in challenges, couples can rely on God to help them build friendship, intimacy, and spiritual connection with each other.

**Navigating Through the Challenges of Moving** (Susan Miller) • 9781624713897 •
Because women tend to value security and stability, the disruption of moving is typically harder for them than for anyone else. Miller offers encouragement and advice from her book *After the Boxes Are Unpacked*.

**Serving My Country, Loving My Neighbor** (Pastor John Murphy) • 2350000011529 •
After a medical discharge from the Army, Murphy went through a dark season. God prompted his heart to overcome deep-seated racism towards Muslims—and to plant a church for Muslims and veterans.

**Softening a Crusty Heart** (Lieutenant Colonel Don Coble) • 9781624712982 •
Coble describes his non-Christian upbringing, the misery of his life as an alcoholic and a workaholic, his resistance to his wife’s attempts to witness to him, and his eventual conversion to Christianity.

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**Focus on the Family**

Webpages, Q&As, and Resource Lists

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**Focus on Marriage Assessment**
- focusonthefamily.com/marriage/focus-on-marriage-assessment-2
  Based on research and experience from Dr. Greg and Erin Smalley, we’ve created valid and reliable questions that evaluate the strength of 12 essential traits of your marriage—areas such as communication, conflict, and commitment. The assessment is free and takes about 10 minutes to complete.

**Marriage**
- focusonthefamily.com/marriage
  Find articles and resources on intimacy, relationship challenges, spiritual growth, and emotional health.

**Q&As**
- focusonthefamily.com/family-q-and-a
  Browse our Q&As for advice and encouragement.
Resource Lists

- focusonthefamily.com/family-q-and-a/resources-and-referrals
  
  Find all of our recommended resources and referrals listed by topic, including:

  - Comfort and Encouragement • RL.003 •
  - Family and Personal Finances • RL.004 •
  - Marital Challenges • RL.038 •
  - Marital Intimacy • RL.039 •
  - Marriage Materials • RL.016 •
  - Mental Health • RL.046 •
  - Stress • RL.015 •

Focus on the Family Counseling Consultation Line

If you’re struggling and need someone to talk to, Focus on the Family offers a free phone counseling consultation with a licensed counselor. Call 1-855-771-HELP (4357), Monday through Friday, 6:00 AM to 8:00 PM (MT). Our staff may need to call you back, but they’d love to speak with you.

Focus on the Family’s Christian Counselor Network

Search for licensed Christian counselors in your area: FocusOnTheFamily.com/FindACounselor

Hope Restored® marriage intensives—a ministry of Focus on the Family

2175 Sunset Inn Road
Branson, MO 65616
866/875-2915
hoperestored.focusonthefamily.com

- Our intensive programs are held in a retreat setting and are designed to rebuild and restore marriages experiencing significant hurt.

Cadence International

P.O. Box 1268
Englewood, CO 80150
800/396-6680
cadence.org

- Cadence centers around the world connect military personnel and their families with other Christians in fellowship, Bible study, and prayer.

Center for Military Readiness

P.O. Box 51600
Livonia, MI 48151
202/347-5333
cmrlink.org

- This independent, non-partisan educational organization promotes sound military personnel policies in the armed forces.

Christian Military Fellowship

P.O. Box 1207
Englewood, CO 80150
800/798-7875
cmfhq.org

- This association of believers is committed to evangelizing the U.S. Armed Forces and discipling Christians who are in the military—including all ranks, family members, and civilian employees.
Mighty Oaks Warrior Programs
27919 Jefferson Avenue
Suite 203
Temecula, CA 92590
Info@MightyOaksPrograms.org — Email
mightyoaksprograms.org

- “The Mighty Oaks Foundation is committed to serving the brokenhearted by providing intensive peer-based discipleship through a series of programs, outpost meetings, and speaking events.”

Military Community Youth Ministries
MCYM
540 North Cascade Avenue
Colorado Springs, CO 80903
800/832-9098
mcym.org

- By combining the vision and skills of several Christian youth organizations, this group focuses on ministering to teens of military parents.

Military Ministry
Campus Crusade for Christ
P.O. Box 120124
Newport News, VA 23612
800/444-6006
militaryministry.org

- This organization serves military members, veterans, and families through direct ministry and partnerships with chaplains, churches, and other organizations.

The Navigators
P.O. Box 6000
Colorado Springs, CO 80934
719/598-1212
navigators.org/Ministries/Missions/Military

- The foundational roots of The Navigators is in ministry to the military. They have a conference center located in Colorado Springs, and they offer a variety of resources.

Officers’ Christian Fellowship
3784 South Inca
Englewood, CO 80110
800/424-1984
ocfusa.org

- This organization exists to “glorify God by uniting officers for biblical fellowship and outreach, equipping and encouraging them to minister effectively in the military society.”