Resource List:
Military Issues

The resources listed below align with Focus on the Family’s philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, call us toll free at 1-800-A-FAMILY, or visit our online store at store.focusonthefamily.com. (The information is regularly updated, but there is still the possibility that an item originally available from Focus on the Family might now be unavailable.) You may also be interested in the content posted on our website at focusonthefamily.com.

Included

Books
Broadcasts
Websites, Q&As, and Resource Lists
Referrals

Books

Husbands and wives can learn to express their love and strengthen their marriage in spite of unique military challenges such as deployment, reintegration, and combat trauma.

After the Boxes Are Unpacked: Moving on After Moving In by Susan Miller (2016) • 9781624056468
Having moved multiple times herself, Miller offers practical advice for women who are facing a move—addressing the physical and emotional aspects of moving and sharing tips for helping your family adjust.

Battlefields & Blessings: Stories of Faith and Courage From the War in Iraq & Afghanistan by Jane Hampton Cook, John Croushorn, and Jocelyn Green (2009) • 9780899570419
Told through the eyes of soldiers, chaplains, military wives, parents, and veterans suffering from post-traumatic stress disorder, this 365-day collection shares stories of courage, perseverance, and faith on the battlefield.

Called to Serve: Encouragement, Support, and Inspiration for Military Families by Lt. Col. Tony and Mrs. Penny Monetti (2011) • 9781572934580
Serving in the Armed Forces is an honor, but it can also become a battlefield of spiritual and emotional conflict. Drawing from their own military experience, the Monettis identify top stressors facing soldiers and their families, and they offer biblical encouragement to help you meet the demands and responsibilities of military life.

A compilation of devotionals offers encouragement and advice on topics ranging from solitude, to guarding against temptation, to being ambassadors for Christ.

It’s challenging to be a military wife—to wave goodbye to your husband, then keep it all going for your family and home. Horn shares wisdom from her experience, as well as from other military wives, to remind you that you can have true joy, regardless of your circumstances, when you rely on God’s promises in Scripture and comfort through the Holy Spirit.

Heroes at Home: Help & Hope for America’s Military Families by Ellie Kay (2012) • 9780764209819
Kay provides practical help and encouragement for the spouses of active-duty military personnel. Topics include managing holidays, moving, handling stress, volunteering, and living on a budget.
Hope Unseen: The Story of the U.S. Army’s First Blind Active-Duty Officer by Scott Smiley and Doug Crandall (2012) • 9781451672916
Blinded during a tour in Iraq, Smiley wasn’t sure how to move forward in life after the loss of so many dreams. But with the love of his wife and the support of family and friends, he learned to rely on the Lord’s sovereign plan for his life.

Marriage Advance: Love Never Gives Up by Chad and Kathy Robichaux (2015) • 2350000000752
Chad returned from eight tours of duty in Afghanistan with PTSD. When other significant issues surfaced, too, the Robichauxs separated. But Kathy’s persistent faith and God’s work in Chad’s heart helped them find restoration.

Stories of Faith and Courage From the Vietnam War by Larkin Spivey (2011) • 9780899570198
Larkin offers 365 true stories—along with maps, photographs, and historical overviews—to underscore courage, faith, and God’s unending love in the face of indescribable stress, sorrow, and darkness.

Two Wars: One Hero’s Fight on Two Fronts—Abroad and Within by Nate Self (2009) • 9781414320106
Outmanned and outgunned, Army Ranger Nate Self and his troops fought bravely against the Taliban in Afghanistan. But when it was over, he faced a different battle. In this account of his bout with post-traumatic stress disorder, he speaks about the intense struggles of that time—and his rescue from despair because of his family’s faith.

Broadcasts

Evangelism on the Battlefield (Captain Chris Plekenpol) • 9781624712012
Plekenpol shares stories from his time on the frontlines and speaks candidly about how his faith was shaken after losing his first soldier in combat. He also discusses how sharing Christ’s love can bring peace and comfort to soldiers in the midst of war.

Faith on the Battlefield — I, II (Major General Doug Carver, Retired; Captain Mike Langston, Retired) • 9781624714474
In commemoration of Veterans Day, chaplains Carver and Langston talk about the difficult job military personnel have as they’re separated from loved ones. They honor these brave men and women and provide insight about life on the battlefield and the faith that sustains those in military service.

Fighting for Your Military Marriage — I, II (Lt. Col. Tony Monetti, Mrs. Penny Monetti) • 9781624711428
Monetti was exhilarated to fly a B-2 Stealth Bomber around the world to protect our country’s freedom. But protecting his marriage was a different story. He and his wife candidly share about the common stresses associated with military life and how married couples can rely on God and stay committed to each other through difficult times.

God’s Hope and Strength for Military Wives (Sara Horn) • 9781624713972
One of the most difficult challenges facing a military family is when a spouse is deployed for weeks or months at a time. Horn offers encouragement and practical advice from her book God Strong: The Military Wife’s Spiritual Survival Guide.

Healing the Wounds of War (Dave Roever) • 9781624719776
It was during the Vietnam War that a grenade in Roever’s hand was hit by a sniper and exploded, nearly ending his life. Roever shares how God has worked all things together for good despite his injuries. Through stories from Vietnam, he inspires listeners with hope to overcome the trials of life. He also shares how encourages today’s troops in the Middle East to not lose heart when things don’t go as planned.

Honoring America’s Veterans (Compiled Clips) • 9781624711237
Presented to honor those families who have sacrificed so that our country might have freedom, this compilation of clips offers personal reflections from soldiers, chaplains, and others (including remarks from Oliver North and Ronald Reagan).

Honoring Our World War II Veterans (Jim Daly, John Fuller) • 9781624718960
In honor of Veterans Day, Focus presents a montage of memories shared by soldiers who fought for our nation during World War II. These brave men reflect on how God protected them in battle—and they inspire us to continue to pray for the men and women currently serving in the armed forces.

Honoring the Fallen on Memorial Day (Call-In) • 9781624716478
Focus constituents share memories of loved ones who gave the ultimate sacrifice while defending our freedoms. Join us in honoring these fallen soldiers from the past 100 years.
How God Saved a Military Marriage (Chad and Kathy Robichaux) • 9781683321521
Both from broken homes, the Robichauxs married right out of high school. Chad is a former Marine in Special Ops, former firefighter, former police officer, and former professional Mixed Martial Arts fighter. After eight tours in Afghanistan, he suffered from PTSD, neglected his family, and became involved in affairs. Chad and Kathy separated, but Kathy worked to set her own heart right with God while Chad helped Chad overcome PTSD symptoms and straighten out his priorities. Their marriage of 20 years is now stronger than ever, and they operate Mighty Oaks, a Christian outreach to soldiers who’ve experienced military trauma.

The Impact of PTSD on Military Families – I, II (General Bob Dees, Major Robert Nuttal, Mrs. Amy Nutall, Dr. LuAnn Callaway) • 9781624718168
Many military families struggle with the aftereffects of war as men and women return home with physical wounds and psychological pain. Guests discuss their experiences with post-traumatic stress disorder, and they encourage listeners to seek help for their own families.

Keeping Love Alive During Deployment – I, II (Dr. Gary Chapman, Mrs. Jocelyn Green) • 9781624716638
Chapman and Green share about particular concerns military spouses face during deployment—including unpredictable schedules, frequent moves, and reintegration—and how couples can deepen their connection.

Living by Faith, Not by Sight – I, II (Major Scott and Mrs. Tiffany Smiley) • 9781624715365
Scott recounts being blinded by a suicide bomb attack in Iraq. He experienced a crisis of faith, but his wife, Tiffany, eventually led him back to faith. As the Army’s first blind active-duty officer, Scott now counsels other wounded soldiers.

Military Marriages: Staying Strong Through Deployment (Dr. Gary Rosberg, Mrs. Barbara Rosberg) • 9781624714467
The Rosbergs encourage husbands and wives facing an upcoming deployment and offer advice to those about to be reunited following duties away from home. In the midst of these challenges, couples can rely on God to help them build friendship, intimacy, and spiritual connection with each other.

Navigating Through the Challenges of Moving – I, II (Susan Miller) • 9781624713897
Because women tend to value security and stability, the disruption of moving is typically harder for them than for anyone else. Miller offers encouragement and advice from her book After the Boxes Are Unpacked.

Softening a Crusty Heart (Lieutenant Colonel Don Coble) • 9781624712982
Coble describes his non-Christian upbringing, the misery of his life as an alcoholic and a workaholic, his resistance to his wife’s attempts to witness to him—and his eventual conversion to Christianity.

Focus on the Family
Websites, Q&As, and Resource Lists

Marriage and the Military
• focusonthefamily.com/marriage/military_marriage
This site offers various articles and resources on coping with deployment and post-deployment challenges.

Q&As
• focusonthefamily.com/family-q-and-a
Browse our Q&As for advice and encouragement.

Resource Lists
• focusonthefamily.com/family-q-and-a/resources-and-referrals
Find all of our recommended resources and referrals listed by topic, including:

Comfort and Encouragement • RL003
Family and Personal Finances • RL004
Mental Health • RL046
Stress • RL015
Referrals

Focus on the Family Counseling Consultation Line
If you are experiencing challenges, Focus on the Family offers a free phone counseling consultation with a licensed counselor. Call 1-855-771-HELP (4357), Monday through Friday, 6:00 AM to 8:00 PM (MT). Our staff may need to call you back, but they’d love to speak with you. You can also search our directory for a licensed Christian counselor in your area [https://ccn.thedirectorywidget.com].

Hope Restored® marriage intensives—a ministry of Focus on the Family
2175 Sunset Inn Road
Branson, MO 65616
866/875-2915
hoperestored.com
- Our intensive programs are held in a retreat setting and are designed to rebuild and restore marriages experiencing significant hurt.

Cadence International
P.O. Box 1268
Englewood, CO 80150
800/396-6680
cadence.org
- Cadence centers around the world connect military personnel and their families with other Christians in fellowship, Bible study, and prayer.

Center for Military Readiness
P.O. Box 51600
Livonia, MI 48151
202/347-5333
cmrlink.org
- This independent, non-partisan educational organization promotes sound military personnel policies in the armed forces.

Christian Military Fellowship
P.O. Box 1207
Englewood, CO 80150
800/798-7875
cmfhq.org
- This association of believers is committed to evangelizing the U.S. Armed Forces and discipling Christians who are in the military—including all ranks, family members, and civilian employees.

Mighty Oaks Warrior Programs
27919 Jefferson Avenue
Suite 203
Temecula, CA 92590
Info@MightyOaksPrograms.org — Email
mightyoaksprograms.org
- “The Mighty Oaks Foundation is committed to serving the brokenhearted by providing intensive peer-based discipleship through a series of programs, outpost meetings, and speaking events.”

Military Community Youth Ministries
MCYM
540 North Cascade Avenue
Colorado Springs, CO 80903
800/832-9098
mcym.org
- By combining the vision and skills of several Christian youth organizations, this group focuses on ministering to teens of military parents.
Military Ministry
Campus Crusade for Christ
P.O. Box 120124
Newport News, VA 23612
800/444-6006
militaryministry.org

- This organization serves military members, veterans, and families through direct ministry and partnerships with chaplains, churches, and other organizations.

The Navigators
P.O. Box 6000
Colorado Springs, CO 80934
719/598-1212
navigators.org/Ministries/Missions/Military

- The foundational roots of The Navigators is in ministry to the military. They have a conference center located in Colorado Springs, and they offer a variety of resources.

Officers’ Christian Fellowship
3784 South Inca
Englewood, CO 80110
800/424-1984
ocfusa.org

- This organization exists to “glorify God by uniting officers for biblical fellowship and outreach, equipping and encouraging them to minister effectively in the military society.”