



## Resource List: Materials for Men

The resources listed here align with Focus on the Family's philosophy and mission. Call us at 1-800-A-FAMILY, or visit our online store at [store.focusonthefamily.com](http://store.focusonthefamily.com). (Information is regularly updated, but it's still possible that an item originally available from Focus on the Family is now unavailable.) You might also be interested in content posted on our website at [focusonthefamily.com](http://focusonthefamily.com).

### Included

[Books](#)  
[Broadcasts](#)  
[Resource Lists and Q&As](#)  
[Referrals](#)

### Books

**[The 10 Best Decisions a Man Can Make](#)** by Bill Farrel (2010) • 9780736927666 •

Are you facing crucial decisions about family, career, or ministry? Choices may seem overwhelming, but Farrel offers decision-making tools so you can experience the satisfaction of finding *your* place in God's plan.

**[52 Things Wives Need From Their Husbands](#)** by Jay Payleitner (2012) • 9780736944717 •

Whether you're a newlywed or an empty-nester, Payleitner offers godly advice to help you win your wife's heart.

**[The Book of Man: Readings on the Path to Manhood](#)** by William J. Bennett (2013) • 9781595555397 •

Bennett explores the life of men at work, play, prayer, war, and home to define what a man is, how he should live, and what he should pursue.

**[Can I Call You Soldier?](#)** by Dr. Harold Davis (2006) • 9780802411662 • (not currently available through Focus on the Family)

Davis encourages men to embrace their God-given roles as husbands, fathers, and leaders in the family. And he calls them to become mentors to the next generation.

**[Capture Her Heart](#)** by Lysa TerKeurst (2002) • 9780802440419 •

"Becoming the Godly Husband Your Wife Desires"

**[Championship Grandfathering](#)** by Carey Casey (2009) • 9781589978744 •

"How to Build a Winning Legacy"

**[The Father You've Always Wanted](#)** by Ed Tandy McGlasson (2013) • 9780801015540 •

"How God Heals Your Father Wounds"

**[Fight: Winning the Battles That Matter Most](#)** by Craig Groeschel (2013) • 9780310333746 •

Groeschel looks at the life of Samson to help you define what a strong man really is—and how you can lean on God's grace and fight for *His* truth.

**[Finding Malone](#)** by Dennis Mansfield (2015) • 9780996014687 • (not currently available through Focus on the Family)

Mansfield recounts how a WWI army helmet helped heal a painful relationship between father and son.

**[For Men Only](#)** by Jeff and Shaunti Feldhahn (2013) • 9781601424457 •

The Feldhahns believe women are actually easy to understand—as long as you know what they need. Learn to love your wife in the way she most desires.

**Fully Alive** by Dr. Larry Crabb (2014) • 9780801015335 •

“A Biblical Vision of Gender That Frees Men and Women to Live Beyond Stereotypes”

**Game Plan for Life: Your Personal Playbook for Success** by Joe Gibbs (2010) • 9781414333199 •

A Super Bowl and NASCAR champion, Gibbs diagrams a guide for what the Bible says about God, creation, temptation, salvation, relationships, finances, work, health, purpose, and heaven.

**Healing the Masculine Soul** by Gordon Dalbey (2003) • 9780849944383 •

Culture demands that men be more sensitive, but media constantly bombards them with macho images of violence and lust. Learn how God’s design for the masculine soul dares men to be as He created them.

**Hero: Becoming the Man She Desires** by Fred Stoeker and Jasen Stoeker (2009) • 9781400071098 •

Father and son help you live a pure life and understand what women really want: men committed to godly truth and personal purity.

**If Only He Knew: Understand Your Wife** by Dr. Gary Smalley (2001) • 9780310328384 •

With humor and poignant stories from his own life as well as biblical examples, Smalley discusses how a husband can meet his wife’s deepest needs. And he offers ten steps to strengthen any marriage.

**Kingdom Man: Every Man’s Destiny, Every Woman’s Dream** by Dr. Tony Evans (2012) • 9781589976856 •

Evans offers men the truth about their identity in Christ and encourages them with practical steps to become the men God created them to be. Learn to carry out responsible leadership within your sphere of influence.

**Love Works: Seven Timeless Principles for Effective Leaders** by Joel Manby (2012) • 9780310335672 •

Manby explores the principles of patience, kindness, trust, unselfishness, truthfulness, forgiveness, and dedication to help leaders build a strong environment based on agape love.

**Men and Women: Enjoying the Difference** by Dr. Larry Crabb (2013) • 9780310336884 •

Crabb uses illustrations from Scripture and his counseling experience to discuss how to turn from selfishness and become other-centered.

**Men Who Love Fierce Women** by LeRoy and Kimberly Wagner (2016) • 9780802414656 •

“The Power of Servant Leadership in Your Marriage”

**No More Christian Nice Guy** by Paul Coughlin (2007) • 9780764203695 •

“When Being Nice—Instead of Good—Hurts Men, Women, and Children”

**Peacemaking for Families** by Ken Sande (2002) • 9781589970069 •

“A Biblical Guide to Managing Conflict in Your Home”

**Point Man** by Steve Farrar (2003) • 9781590521267 •

Farrar encourages and equips Christian men to lead their families successfully through the hazards of life. Find practical insight on topics such as a father’s influence, maintaining purity, and husband-and-wife teamwork.

**Quiet Strength** by Tony Dungy (2008) • 9781414318028 •

“The Principles, Practices, & Priorities of a Winning Life”

**Shattered: Struck Down but Not Destroyed** by Frank Pastore (2010) • 9781589976115 •

Pastore was enjoying life as a major league pitcher until a line drive shattered his elbow. While searching for answers, the friendship of Christian teammates started him on the path toward Jesus.

**Straight Talk to Men** by Dr. James Dobson (2014) • 9781414391311 •

“Timeless Principles for Leading Your Family”

**To Be Perfectly Honest** by Phil Callaway (2011) • 9781590529171 •

“One Man’s Year of Almost Living Truthfully Could Change Your Life. No Lie.”

**Unmasking Male Depression** by Dr. Archibald Hart (2001) • 9780849940705 •

“Recognizing the Root Cause to Many Problem Behaviors Such As Anger, Resentment, Abusiveness, Silence, and Sexual Compulsions”

**What Every Man Wishes His Father Had Told Him** by Byron Yawn (2012) • 9780736946384 •

Yawn shows readers how manhood is depicted in the Bible—and how solutions for every challenge of manhood can be found in Jesus Christ. Discover masculinity that pleases God, enriches marriages, and makes fatherhood rewarding.

**When Work & Family Collide** by Andy Stanley (2011) • 9781601423795 •

“Keeping Your Job From Cheating Your Family”

## Broadcasts

**Becoming a Man of Nobility** (Dan Seaborn) • 9781624716188 •

Seaborn encourages men to “strive for the prize” by serving their families and communities.

**Being a Champion to Your Grandkids** (Mr. Carey Casey) • 2350000010669 •

Casey, CEO of the National Center for Fathering, explains how important grandfathers are to their grandkids. Learn to bridge the relational gap between the generations and leave a lasting, godly legacy.

**Being a Champion to Your Wife and Kids** (Carey Casey) • 9781624714368 •

Casey explains that the greatest way to train children to succeed in life is to excel at being the best husband and father possible. He encourages men to enlist other men for support, accountability, and friendship.

**Being a Good Man, Not Just a Nice Guy** (Paul Coughlin) • 9781624719202 •

Coughlin talks about the tendency for Christian men to be *nice*. But that can mean living unengaged lives instead of living the abundant life God intended. Consider that Christ displayed both tenderness and toughness.

**Being There for Your Son** (Dr. Steve Farrar) • 9781624715808 •

Farrar encourages fathers to be *connected* instead of *distracted*, *intentional* instead of *passive*. And it’s never too late to reconnect with older children.

**Building a Cross-Centered Marriage** (Joe White) • 9781624713941 •

White talks to husbands about sacrificial love and selflessness based on the teachings of Christ. He encourages men to nurture their relationship with God, communicate with their wives, and apply grace in practical ways.

**Chasing the Adventure of True Manhood** (Bill Farrel) • 9781624711145 •

Young men face great challenges in our culture. But it *is* possible to pursue God’s best by making good, forward-thinking decisions.

**Cherish Your Wife** (Dr. Walt Larimore) • 9781624715341 •

Larimore shares how God designed for each husband a wife of indescribable, inconceivable, and incredible worth. He encourages husbands to protect, nourish, cherish, and love their wives.

**Connecting With My Military Father** (Dennis Mansfield) • 9781624718977 •

Mansfield shares about the abuse he endured and his hatred for his military father, which started to poison his own young family. It wasn’t until Father’s Day 1995 that the two reconciled. Mansfield then describes how, as a teenager, his father gave him a WWI helmet for Christmas with the name “A.J. Malone” written inside. A decade after he and his father reconciled, Mansfield and his students worked to discover who Malone was and how they might return the helmet to his family.

**Developing Your Game Plan** (Joe Gibbs, Trevor Bayne) • 9781624714047 •

Gibbs shares lessons he’s learned from the world of football and the importance of focusing on God and family. Bayne describes how his life took a downward spiral until he rededicated his heart to the Lord.

**Drew Brees: Growing Stronger Through Adversity** (Drew Brees, Jim Daly) • 9781624717291 •

New Orleans Saints Quarterback and Super Bowl MVP Drew Brees talks about finding faith, strength, and hope in the face of hardship.

**Embracing the Unique Aspects of Male and Female** (Dr. Larry Crabb) • 9781624719653 •

Crabb talks about how God created men and women as relational beings. But too often we allow fear to prevent us from embracing authentic masculinity and femininity as we fulfill God’s purpose in our lives.

**Fighting for What Matters** (Pastor Craig Groeschel) • 9781624715822 •

Groeschel uses the biblical example of Samson to illustrate how we can sabotage our lives by making poor choices and falling into temptation. He encourages men to overcome failures and find freedom and strength in standing for righteousness.

**Finding Peace Through Forgiveness** (Gil Mertz) • 9781624719523 •

Mertz had a difficult childhood relationship with his father. So when he learned his dad was dying, he was tempted to not care. But God prompted him to make things right before it was too late.

**Forgiving My Father** (David Meece) • 9781624712357 •

Meece tells the moving story of his painful past and his struggles to forgive his father and find God's healing.

**God's Direction in My Life** (Bob Vernon) • 9781624716119 •

From which college to attend to a failed effort to become an Air Force pilot to an eventual career with the Los Angeles Police Department, Vernon describes how God was involved in the details of his life and career.

**Going All Out for Your Wife** (Dr. Steve Farrar) • 9781683320463 •

We all know couples who struggle. So how can *we* build a marriage that will last? Farrar discusses the importance of a husband's commitment to Christ, his role as the family leader, and his responsibility to love and cherish his wife.

**Goodbye to a Legend: Coach John Wooden** (John Wooden, Tim Tassopoulos) • 235000002459 •

In this pre-recorded message, the legendary coach shares invaluable lessons about success and building character.

**Healing the Father Wound** (Ed Tandy McGlasson) • 9781683320647 •

A pastor and former NFL player, McGlasson never knew his father and had a strained relationship with his stepdad. He shares advice about healing father wounds and blessing your children.

**Healthy Manhood in Marriage** (Jim Daly and Dr. Greg Smalley) • 235000009977 •

Manhood is often misunderstood, and many men act passively instead of leading their families. Daly and Smalley describe how women can support men with the goal of strengthening their families.

**Honoring Dad's Impact on My Life** (Various) • 9781624719080 •

Christian authors and speakers recall the positive impact their fathers made in their lives—by modeling unwavering faith, making time for laughter and play, and encouraging each child's natural talents.

**The Irreplaceable Value of Family** (Tim Sisarich) • 9781624716287 •

Sisarich—host of Focus on the Family's documentary *Irreplaceable* and small group curriculum *The Family Project*—shares his personal journey toward understanding "family."

**Leading Your Family With Love** (Joel Manby) • 9781624715563 •

After missing his wife's birthday two years in a row due to extensive travel for work, Manby knew something had to change. So over the course of two years he left a high-paying job to better balance work and family. He shares the value of leading and the importance of treating others with kindness, patience, and love.

**Leading Your Wife's Heart Toward Intimacy** (Dr. Gary Chapman) • 9781624719103 •

Chapman explains how male-female differences can adversely affect intimacy. He advises married couples to adjust their behavior where needed: emphasize giving instead of demanding, ask questions, and discover your spouse's love language.

**Learning to Love Your Wife** (Jeff and Shaunti Feldhahn) • 9781624716843 •

The Feldhahns explain the different ways men and women think and feel, and they offer insight and relationship advice in a discussion based on their book *For Men Only: A Straightforward Guide to the Inner Lives of Women*.

**Loving and Leading Your Strong Woman** (LeRoy and Kimberly Wagner) • 2350000010522 •

Between Kim's strong nature and LeRoy's passive reactions, their relationship was failing until God turned it around. The Wagners offer fresh insight and hope to couples who may be struggling.

**Men & Sexual Abuse: Hope for Wounded Hearts** (Dan Allender, Ph.D.) • 9781624711398 •

Sexual abuse has long been seen only as a woman's issue, but Allender explores the ramifications on men. Especially for children, incidents of abuse can lead to sexual confusion—but there *is* hope for healing and an abundant, healthy life.

**Men: Maintaining Sexual Purity** (Fred Stoeker) • 9781624714665 •

Speaking candidly of his struggle with sexual sin, Stoeker shares how faith in Christ helped him conquer temptation. He encourages men to be heroes to their wives by maintaining sexual purity.

**Practical Advice on Women and Marriage** (Dr. Greg and Mrs. Erin Smalley) • 9781624715143 •

The Smalleys address a husband's need to understand God's unique design for his wife. Learn to be truly attentive to create a good atmosphere for intimacy and build a successful marriage.

**Practical Ideas for Loving Your Wife** (Jay Payleitner) • 9781624711633 •

Payleitner shares advice with husbands about how to care for their wives, knowing what they like, being a spiritual leader, and anticipating and correcting “drift” in marriage.

**Taking the Lead, Changing the World** (Dr. Al Mohler) • 9781624712616 •

Mohler shares about the importance of biblical leadership and leading from conviction—relying on principles every Christian can use to impact the world for Christ. He also speaks to parents about their influence in developing future Christian leaders.

**Understanding Biblical Manhood** (Dr. Tony Evans) • 9781683320197 •

Sharing insights from his book *Kingdom Man*, Evans discusses how men struggle to understand the definition of their God-given roles and purpose. He explains the importance of men following God so they’re equipped to lead their families.

**The Value of Mentoring Fatherless Boys** (John Smithbaker and Scott MacNaughton) • 2350000011512 •

Both guests were abandoned by their fathers. They describe the damaging impact of fatherlessness and talk about their ministry, *Fathers in the Field*. The curriculum encourages boys to forgive their earthly fathers and learn how to follow Christ.

**Focus on the Family  
Resource Lists and Q&As**

**Resource Lists**

- [focusonthefamily.com/family-q-and-a/resources-and-referrals](http://focusonthefamily.com/family-q-and-a/resources-and-referrals)

Find recommended resources and referrals listed by topic, including the following:

- **Christian Growth for Adults** • RL022 •
- **Family & Personal Finances** • RL004 •
- **Marriage Materials** • RL016 •
- **Materials for Dads** • RL070 •
- **Military Issues** • RL036 •
- **Parenting** • RL017 •
- **Overcoming Sexual Brokenness** • RL050 •
- **Single Parenting** • RL017A •
- **Stress** • RL015 •
- **Substance Abuse & Addiction** • RL049 •
- **Youth Workers & Parents of Teens** • RL066 •

**Q&As**

- [focusonthefamily.com/family-q-and-a](http://focusonthefamily.com/family-q-and-a)  
Browse our Q&As for advice and encouragement.

**Referrals**

**Focus on the Family Counseling Consultation Line**

Focus on the Family offers a [free phone counseling consultation with a licensed counselor](#). They’re here to listen and pray with you, as well as provide initial guidance and resources to help you and your family. Phone **1-855-771-HELP (4357)**, Monday through Friday, 6:00 AM to 8:00 PM (MT) to arrange a call back.

**Focus on the Family’s Christian Counselor Network**

Search for licensed Christian counselors in your area: [FocusOnTheFamily.com/FindACounselor](http://FocusOnTheFamily.com/FindACounselor)

### **Fathers in the Field**

6796 North Franklin Avenue

Loveland, CO 80538

844/472-4241

[fathersinthefield.com](http://fathersinthefield.com)

- The mission of Fathers in the Field is “to rekindle and establish the spirit of boys who have been abandoned by their fathers, mentoring them one-on-one in life skills through outdoor activities, and by sharing a Christian understanding of our Heavenly Father’s love and sacrifice for His children.”

### **Men’s Leadership Ministries**

Dr. Steve Farrar

4801 Legendary Drive

Frisco, TX 75034

800/636-5323

[stevefarrar.com](http://stevefarrar.com)

- This ministry equips men to lead in the home, the church, and the nation.

### **Stepping Up**

P.O. Box 7111

Little Rock, AR 72223

800/358-6329

[mensteppingup.com](http://mensteppingup.com)

- “Calling Men to Courageous Manhood”

### **Strong Families**

Dr. John Trent

4848 East Cactus Road, Suite 505, #300

Scottsdale, AZ 85254

480/718-3040

[strongfamilies.com](http://strongfamilies.com)

- Strong Families provides biblical resources to help you and your loved ones grow in faith.