Resource List: Materials for Dads

The resources listed below align with Focus on the Family’s philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, call us toll free at 1-800-A-FAMILY, or visit our online store at store.focusonthefamily.com. (The information is regularly updated, but there is still the possibility that an item originally available from Focus on the Family might now be unavailable.) You may also be interested in the content posted on our website at focusonthefamily.com.

Included

Books
Broadcasts
Websites, Q&As, and Resource Lists
Referrals

Books

The 21-Day Dad’s Challenge: Three Weeks to a Better Relationship With Your Kids by Carey Casey (2011) • 9781589976818 •
Learn habits that will have an eternal impact on your kids, your family, and your community. Each day’s challenge includes a reflective thought, supporting Scripture, a call to action, and space for journaling.

30 Ways a Father Can Bless His Children by John Trent (2015) • 9781628622775 •
Trent draws from scriptural teaching on blessing others to offer practical, affordable ways fathers can bless their sons and daughters.

52 Things Kids Need From a Dad by Jay Payleitner (2010) • 9780736927239 •
With a year’s worth of straightforward advice, Payleitner encourages you to be a confident father by maximizing your talents and getting rid of regret.

Anchor Man by Steve Farrar (2000) • 9780785268178 •
God offers every father the opportunity to create a lasting legacy. With humor and practical tools, Farrar shares biblical concepts that will help you raise a healthy family anchored in Christ.

Bad Dads of the Bible: 8 Mistakes Every Good Dad Can Avoid by Roland Warren (2014) • 9780310337164 •
Explore biblical stories of eight men who made significant mistakes with their kids. Learn to avoid making those errors with your own children—and how to mend already-broken relationships.

Be a Better Dad Today! 10 Tools Every Father Needs by Gregory Slayton (2012) • 9780800725778 •
Slayton offers biblical insight and practical tools that can help you build family trust, improve your marriage, teach strong values, and model servant leadership.

Be the Dad She Needs You to Be by Dr. Kevin Leman (2014) • 9780529123329 •
Understand the critical role you play in your daughter’s life as you help shape her esteem, her character, and her understanding of healthy relationships with the opposite sex.

The Book of Man: Readings on the Path to Manhood by Dr. Bill Bennett (2013) • 9781595555397 •
Bennett explores the life of men at work, play, prayer, war, and home to define what a man is, how he should live, and what he should pursue.

Championship Fathering: How to Win at Being a Dad by Carey Casey (2009) • 9781589975347 •
Drawing on his experience as chaplain of the Dallas Cowboys and other NFL teams, Casey encourages dads to follow a loving/coaching/modeling strategy to raise well-adjusted, confident kids.
**Daughters Gone Wild, Dads Gone Crazy** by Charles Stone and Heather Stone (2005) • 9780849904349

Father and daughter share their six-year nightmare to foster hope for families trying to survive the teen years. They offer readers practical suggestions for handling the worst of teen rebellion.

**The Father Connection** by Josh McDowell (2008) • 9780805447422

McDowell looks at ten parenting qualities inspired by the ultimate model of fatherhood: God. Embracing these characteristics can make all the difference in a child, boosting self-esteem and sense of purpose.

**First Time Dad: The Stuff You Really Need to Know** by John Fuller (2011) • 9780802487506

Fuller helps you avoid common fathering mistakes, keep your marriage alive, set priorities, and understand the power of your words. Learn to cultivate a lasting parent-child relationship and get excited about being a father.

**The Good Dad** by Jim Daly (2014) • 9780310331797

Daly shares how God can mold good dads into great ones, regardless of mistakes or a less-than-ideal upbringing. Be encouraged to build relationships with your children through love, grace, patience, and fun.

**Interviewing Your Daughter’s Date: 30 Minutes Man-to-Man** by Dennis Rainey (2012) • 9781602005259

Learn to make the most of your interactions with your daughter’s date and help him uphold God’s values.

**King Me: What Every Son Wants and Needs From His Father** by Steve Farrar (2006) • 9780802433190

Farrar looks at Old Testament kings to help dads instill in their sons a character of honor and service to the King of kings.

**Lead Your Family Like Jesus** by Ken Blanchard, Phil Hodges, and Tricia Goyer (2013) • 9781589977204

Your children need a lot of things—but what they most need is for you to act like Jesus. Learn timeless parenting principles based on the ultimate Role Model’s life and how to “serve your way” to a Christ-centered home.

**The One Year Father-Daughter Devotions** by Jesse Florea, Leon Wirth, and Bob Smithouser (2012) • 9781141364865

It takes work to maintain the bond with your daughter during the early teen years—but it is possible. 365 creative devotions help connect you to God’s Word and to each other.

**Raising a Modern-Day Knight: A Father’s Role in Guiding His Son to Authentic Manhood** by Robert Lewis (2007) • 9781589973091

A boy’s journey to manhood should be celebrated. But how do you help your son stay on the right road? *Raising a Modern-Day Knight* uses Scripture and real-life stories to give dads insight they need to equip sons for the path ahead.

**She Calls Me Daddy** by Robert Wolgemuth (2014) • 9781589977853

Wolgemuth explores seven foundational principles for raising healthy girls. He addresses topics including discipline, dating, humor, step-parenting, and single parenting.

**What a Daughter Needs From Her Dad: How a Man Prepares His Daughter for Life** by Michael Farris (2004) • 9780764210051

Dads play a crucial role in forming and shaping a daughter’s future. Learn strategies that build character and spiritual strength from infancy into adulthood.

**Being a Champion to Your Wife and Kids – I, II** (Carey Casey) • 9781624714368

Casey, the CEO of the National Center for Fathering and a former NFL chaplain, offers advice and encouragement in a discussion based on his book *Championship Fathering: How to Win at Being a Dad*.

**Being There for Your Son – I, II** (Dr. Steve Farrar) • 9781624715808

Farrar encourages fathers to be connected and intentional. He also notes that it’s never too late to reconnect with older children, praying that God will restore the hearts of the fathers to their children and the children to their fathers.

**Encouragement for Being a Great Dad** (Jay Payleitner) • 9781624711312

Dads need to remember that their calling means being completely present in the lives of their children. Learn to build and maintain a relationship with your child so they can confidently turn to you in moments of joy and crisis.
Encouraging Men to Be Good Dads – I, II (Roland Warren) • 9781624718656
Warren discusses scriptural examples of David, Abraham, and King Saul to help fathers avoid common mistakes. He also shares about his own fumbles and how imperfect dads can still help their children avoid the mistakes they made.

Fatherhood Fears and Fun – I, II (Phil Callaway) • 9781624713163
With humor and a sobering reminder about the importance of godly fatherhood, Callaway stresses the need for grace, understanding, a yielded attitude, and a successful walk with Jesus.

Fathers: Having an Impact on Your Daughter’s Life – I, II (Dr. Kevin Leman) • 9781624718243
Leman shares his own parenting stories as he stresses the indelible imprint fathers have on a child’s life. He urges parents to value every moment of childrearing.

A Father’s Influence in His Daughter’s Life – I, II (Dr. Kevin Leman, Kim Trobee) • 9781624712951
Leman and Trobee share stories and thoughts on why the father-daughter bond matters and how important it is to spend time and invest wisely in this relationship, especially since it impacts a girl’s future interactions with the opposite sex.

Having a Man-to-Man Talk With Your Daughter’s Date – I, II (Dennis Rainey) • 9781624716409
Rainey suggests a dad have a 20-minute chat with any fellows who want to date his daughter, explaining to these young men that they are expected to watch out for the emotional and sexual purity of his daughter.

Hooray for Dad – I, II (Ken Davis) • 2350000009854
Davis uses comical illustrations and heartfelt stories to remind dads why it’s so important to spend time with their children, use kind words, and live a life committed to Christ.

Leaving a Legacy Through Letters (Greg Vaughn) • 9781624716553
When Greg’s father died, Greg realized he didn’t possess anything that communicated his dad’s love. Wanting his own children’s experience to be different, he began writing letters to each of them saying how much he loved them.

My Father, My Friend (Emily Colson) • 9781624711275
In this tribute to the life and legacy of Chuck Colson, hear his daughter’s stirring eulogy—and listen to other broadcast excerpts about the importance of fatherhood.

New Dads: Embracing the Journey Ahead – I, II (John Fuller) • 9781624713538
Fuller offers practical advice from his book, First Time Dad, such as how to avoid common mistakes, nurture your marriage, and set priorities.

Parenting With Love – I, II (Dr. John Maxwell) • 9781624716560
Maxwell shares how his father modeled personal integrity, marital purity, and an unwavering faith. His father became his hero, passing on a godly legacy to future generations of the Maxwell family.

Raising Sons to Be Godly Men – I, II (Pastor Robert Lewis) • 9781624711008
Lewis grew up with an emotionally absent father. Wanting better for his sons—and to help other fathers impart biblical manhood to their sons—he developed a strategy to help men reject passivity, accept responsibility, and lead courageously.

Resolving to Be a Better Dad (Gregory Slayton) • 9781624711701
Slayton’s father abandoned the family, and that fueled Slayton’s passion to encourage men to be the fathers God intends. He shares tips about making family a priority—and about the importance of instilling a true moral compass in your kids.

Striving to Be a Good Dad – I, II (Jim Daly, John Fuller) • 9781624716324
Daly describes in painful detail the father wound he felt as a child and how he endeavored to overcome his upbringing to be a good dad for his sons. He discusses what it takes to be a good dad, why men connect with their children through activity, and the significance of a promise kept.

Taking the Lead, Changing the World (Dr. Al Mohler) • 9781624712616
Mohler shares about the importance of biblical leadership and leading from conviction—relying on principles every Christian can use to impact the world for Christ. He also speaks to parents about their influence in developing future Christian leaders.

The Vital Role of Fathering – I, II (Josh McDowell) • 9781624717215
McDowell discusses the important role a father plays in his child’s life and how the quality of that relationship affects the child’s beliefs, values, and behavior—both now and later in life.
Parenting

- focusonthefamily.com/parenting
  This area of our website offers resources on topics such as emotions, parenting challenges, sexuality, and schooling.

Q&As

- focusonthefamily.com/family-q-and-a
  Browse our Q&As for advice and encouragement.

Resource Lists

- focusonthefamily.com/family-q-and-a/resources-and-referrals
  Find recommended resources and referrals listed by topic, including:

  - **Christian Growth for Adults** • RL022
  - **Marriage Materials** • RL16
  - **Materials for Men** • RL017
  - **Parenting** • RL017
  - **Single Parenting** • RL017A

Focus on the Family Counseling Consultation Line

Focus on the Family offers a free phone counseling consultation with a licensed counselor. They're here to listen to and pray with you, as well as provide initial guidance and resources to help you and your family. Phone 1-800-A-FAMILY (232-6459), Monday through Friday, 6:00 AM to 8:00 PM (MT) to arrange a call back. You can also search our directory for a licensed Christian counselor in your area [https://ccn.thedirectorywidget.com].

FamilyLife

P.O. Box 7111
Little Rock, AR  72223
800/358-6329
familylife.com

- This ministry offers articles, broadcasts, and other resources to help you in your parenting journey.

National Center for Fathering

1600 West Sunset Avenue, Suite B
Springdale, AR  72762
800/593-3237
fathers.com

- This ministry facilitates fathering seminars at the local church level, providing Bible study materials, curriculum, and other resources.

National Fatherhood Initiative

12410 Milestone Center Drive, Suite 600
Germantown, MD  20876
301/948-0599
fatherhood.org

- This initiative seeks “to improve the well-being of children by increasing the proportion of children with involved, responsible, and committed fathers in their lives.”
Stepping Up
P.O. Box 7111
Little Rock, AR 72223
800/358-6329
mensteppingup.com

• A ministry of FamilyLife, this website offers a blog and other resources by respected ministry leaders to help you in your role as a husband, father, and leader.