Resource List:  
Marriage Resources for Churches

The resources listed below align with Focus on the Family’s philosophy and mission. We trust you will find them helpful. If you would like to buy any of these items, call us toll free at 1-800-A-FAMILY, or visit our online store at store.focusonthefamily.com. (The information is regularly updated, but there is still the possibility that an item originally available from Focus on the Family might now be unavailable.) You may also be interested in the content posted on our website at focusonthefamily.com.

Included

Books
Broadcasts
DVDs & Curriculum
Webpages, Q&As, and Resource Lists
Referrals

Books

The Beautiful Wife: Focused on Christ, Fulfilled in Marriage by Sandy Ralya (2012) • 9780825442209 •
Struggling in a difficult marriage, Ralya sought guidance from godly mentors and Christian counselors—and here she shares biblical principles, helpful tips, and encouraging stories to help you build a marriage based on God’s love.

The Beautiful Wife Mentor’s Guide by Sandy Ralya (2012) • 9780825442216 •
A wife in the midst of a difficult marriage often finds the greatest support from other women who have journeyed through similar challenges. Learn to become a confident, caring marriage mentor as you minister God’s grace to those who hurt.

Essentials of Marriage Series by Focus on the Family (2009)
This series features relationship experts who share practical wisdom, honest confessions, and decades of experience. Each study stands independently:

Handle With Care: Emotions, Finance, Sexuality • 9781589975613 •
Higher Love: Discovering God’s Design for Your Marriage • 9781589975637 •
Who Did You Really Marry? Love Languages, Personality Types, Communication • 9781589975620 •

Focus on the Family Marriage Series (2014) •
This Bible study series gives couples a better understanding of God’s plan for marriage. The flexibility of each study allows for small group settings, Sunday school, and more.

The Abundant Marriage • 9780764216589 •
The Blended Marriage • 9780764216626 •
The Covenant Marriage • 99780764216671 •
The Fighting Marriage • 9780764216725 •
The Giving Marriage • 9780764216794 •
The Masterpiece Marriage • 9780764216824 •
The Model Marriage • 9780764216848 •

Fully Alive: A Biblical Vision of Gender That Frees Men and Women to Live Beyond Stereotypes by Dr. Larry Crabb (2014) • 9780801015335 •
Explore a biblical understanding of God-given femininity and masculinity.
Teach Your Children About Marriage—Part I and Part II • Focus on the Family online booklets
These guides provide biblical foundations and tangible suggestions to help you understand marriage from God’s perspective—and they offer creative ideas for talking about marriage to children at different ages and stages.

Embracing the Unique Aspects of Male and Female—I, II (Dr. Larry Crabb) • 9781624719653 •
Crabb talks about how God created men and women as relational beings, but we too often allow fear to prevent us from embracing masculinity and femininity as we fulfill God’s purpose in our lives.

Saving Marriages Before They Start (Roger and Diane Ingolia) • 9781624717840 •
The Ingolias pass along wisdom they’ve learned from 37 years of marriage, and they talk about the value of helping other marriages thrive by investing in young couples.

The Value of Marriage Mentoring (Drs. Les and Leslie Parrott, Dr. Greg Smalley) • 9781624714979 •
Referring to information in their book The Complete Guide to Marriage Mentoring, the Parrotts suggest that if every couple in the church mentored a younger couple, the church’s divorce rate would dramatically decline. A mentoring ministry varies as it relates to newlyweds, marriages in crisis, or couples who just need a boost from good to great. Not only do the other couples benefit, but the mentoring couple can also experience a higher level of intimacy and cohesion in their own marriage.

The Complete Resource Kit for Marriage Mentoring by Drs. Les and Leslie Parrott (2006) • 9780310271109 •
Offering practical insights and hands-on resources, the Parrotts help churches train husband-and-wife teams to create a successful marriage mentoring program—with skills for preparing engaged and newlywed couples, helping good marriages become great, and repairing marriages in distress. The kit includes a 10-session DVD and one copy of each of the following:

- The Complete Guide to Marriage Mentoring • 9780310270461 •
- Marriage Mentor Training Manual for Husbands • 9780310271659 •
- Marriage Mentor Training Manual for Wives • 9780310271253 •
- 51 Creative Ideas for Marriage Mentors • 9780310270478 •

Date Night Challenge by Focus on the Family (2013) • 2350000000400 •
With marriage tips, comedy, and music all on one DVD, you can host an evening for couples in your church, neighborhood, and community—helping them strengthen their relationship and have fun!

Date Night Challenge Church Kit by Focus on the Family (2014) • 2350000000394 •
This customizable event includes comedy from Dennis Swanberg; teaching from Pastor Ted Cunningham; marriage insights from Greg and Erin Smalley; and stories from Christian artists Matthew West, Plum, Laura Story, and others.

The Family Project™ by Focus on the Family (2014) • 2350000000486 •
This 12-session small group curriculum explores the theological, philosophical, and cultural foundation for the family through 12 sessions with topics ranging from marriage and sexuality, to family relationships and how families can serve God. Visit familyproject.com to learn more.

Ready to Wed™ Kit: Preparing Couples for a Marriage They’ll Love by Focus on the Family (2015) • 2350000000455 •
Pastors and mentors can prepare engaged couples for the joys and challenges of lifelong marriage. This 10-session series covers finances, in-laws, intimacy, chores, and more. It includes DVDs, a leader’s guide, two copies of the couple’s workbook, a copy of Dr. Greg and Erin Smalley’s book Ready to Wed, and promotional materials for church launches.

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**Sacred Marriage** by Gary Thomas (2009) • 9780310352266

Through six sessions, Thomas equips you to reflect the character of Christ so you can fulfill God’s design for your marriage and better love your spouse: “God’s Purpose for Marriage,” “The Refining Power of Marriage,” “The God-Centered Spouse,” “Sacred History,” “Sexual Saints,” and “Marriage: The Love Laboratory.”

- Sacred Marriage Book • 9780310332947
- Sacred Marriage Participant’s Guide • 9780310880660
- Devotions for a Sacred Marriage • 9780310255956

**Saving Your Marriage Before It Starts** by Drs. Les and Leslie Parrott (2006) • 9780310875734

The Parrots provide a firm foundation for couples stepping into an unfamiliar world. This marriage guide focuses on seven time-tested questions to debunk myths, bridge the gender gap, and help you develop skills you’ll need for a loving and lasting future together as husband and wife. (The kit includes a nine-session DVD, one copy of the Parrott’s book, a leader’s guide, one woman’s workbook, and one man’s workbook.)

**Focus on the Family Webpages, Q&As, and Resource Lists**

**Focus Marriage Mentors**
- focusonthefamily.com/marriage/promos/marriage-mentors
  Learn how you can serve as a mentor couple to others in their marital journey.

**Marriage**
- focusonthefamily.com/marriage
  This section of our website houses online articles, resources, and referrals for several topics.

**Ready to Wed™ Christian Premarital Counseling Kit**
- focusonthefamily.com/marriage/promos/christian-premarital-counseling-kit
  Learn about our Ready to Wed™ Engaged Couples Curriculum, and find promotional resources you can use.

**Q&As**
- focusonthefamily.com/family-q-and-a
  Browse our Q&As for advice and encouragement.

**Resource Lists**
- focusonthefamily.com/family-q-and-a/resources-and-referrals
  Find recommended resources and referrals listed by topic, including:
  - The Early Years of Marriage • RL069
  - Marital Challenges • RL038
  - Marital Intimacy • RL016
  - Marriage Materials • RL016
  - Marriage in the Second Half of Life • RL037
  - Premarital Materials • RL033
Referrals

Hope Restored® marriage intensives—a ministry of Focus on the Family
2175 Sunset Inn Road
Branson, MO 65616
866/875-2915
hoperestored.com
• Our intensive programs are held in a retreat setting and are designed to rebuild and restore marriages experiencing significant hurt.

Enjoying Marriage, Inc.
P.O. Box 18093
Reno, NV 89511
775/530-1383
enjoyingmarriage.org
• This ministry offers seminars and resources to help couples see how God can play a more vital role in their marriage.

Family Dynamics Institute
P.O. Box 682549
Franklin, TN 37068
800/650-9995
familydynamics.net
• This ministry offers classes and workshops to help couples build strong marriages.

FamilyLife Ministries
P.O. Box 7111
Little Rock, AR 72223
800/358-6329
familylife.com
• This ministry organizes conferences and workshops on stress, conflict, and intimacy.

Marriage Alive International, Inc.
865/690-5887
www.marriagealive.org
• This ministry offers seminars to meet the specific needs of couples in all seasons of life.

Marriage Savers, Inc.
9311 Harrington Drive
Potomac, MD 20854
301/978-7108
marriagesavers.org
• This organization trains local church leaders and mentor couples to help them “divorce-proof” their congregations.

Ministries Resource Center, Inc.
14190 Barker Hollow Road
Woodman, WI 53827
608/305-4237
ministriesresourcecenter.org
• This retreat center for pastors and their spouses provides an environment that nurtures healthy and fulfilling relationships.

Drs. Les and Leslie Parrott
Seattle Pacific University
3307 3rd Avenue West
Seattle, WA 98119
lesandleslie.com
• The Parrotts offer marriage seminars and a variety of assessment tools to help people develop healthy relationships.
Passionate Commitment
200 East Del Mar Boulevard, Suite 126
Pasadena, CA  91105
626/449-2525
passionatecommitment.com
• Psychologist Dr. Cliff Penner, his wife, Joyce (a clinical nurse specialist), and other therapists offer counseling for a variety of individual, relational, and intimacy issues.

PREP, Inc.
P.O. Box 4793
Greenwood Village, CO  80155
800/366-0166
prepinc.com
• This organization offers premarital and marriage seminars and resources as well as seminars for mental health professionals, pastors, and lay leaders interested in marriage counseling.

PREPARE/ENRICH
2660 Arthur Street
Roseville, MN  55113
800/331-1661
prepare-enrich.com
• This online relationship inventory and skill-building program is uniquely tailored to each couple.

Smalley Institute
800/975-8748
smalley.cc
• Through resources and counseling, couples can find help to work through marriage challenges.