



Resource List: Marriage Resources for Churches

The resources listed here align with Focus on the Family's philosophy and mission. Call us at 1-800-A-FAMILY, or visit our online store at store.focusonthefamily.com. (Information is regularly updated, but it's still possible that an item originally available from Focus on the Family is now unavailable.) You might also be interested in content posted on our website at focusonthefamily.com.

Included

[Books](#)
[Broadcasts](#)
[DVDs & Curriculum](#)
[Webpages, Q&As, and Resource Lists](#)
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Books

The Beautiful Wife: Focused on Christ, Fulfilled in Marriage by Sandy Ralya (2012) • 9780825442209 •

Struggling in a difficult marriage, Ralya sought guidance from godly mentors and Christian counselors—and here she shares biblical principles, helpful tips, and encouraging stories to help you build a marriage based on *God's* love.

The Beautiful Wife Mentor's Guide by Sandy Ralya (2012) • 9780825442216 •

A wife in the midst of a difficult marriage often finds the greatest support from other women who have journeyed through similar challenges. Learn to become a confident, caring marriage mentor as you minister *God's* grace to those who hurt.

Essentials of Marriage Series by Focus on the Family (2009)

This series features relationship experts who share practical wisdom, honest confessions, and decades of experience. Each study stands independently:

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| Handle With Care: Emotions, Finance, Sexuality | • 9781589975613 • |
| Higher Love: Discovering God's Design for Your Marriage | • 9781589975637 • |
| Who Did You Really Marry? Love Languages, Personality Types, Communication | • 9781589975620 • |

Focus on the Family Marriage Series (2014)

This Bible study series gives couples a better understanding of *God's* plan for marriage. The flexibility of each study allows for small group settings, Sunday school, and more.

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| The Abundant Marriage | • 9780764216589 • |
| The Blended Marriage | • 9780764216626 • |
| The Covenant Marriage | • 99780764216671 • |
| The Fighting Marriage | • 9780764216725 • |
| The Giving Marriage | • 9780764216794 • |
| The Masterpiece Marriage | • 9780764216824 • |
| The Model Marriage | • 9780764216848 • |

Fully Alive by Dr. Larry Crabb (2014) • 9780801015335 •

"A Biblical Vision of Gender That Frees Men and Women to Live Beyond Stereotypes"

Teach Your Children About Marriage—Part I and **Part II** • Focus on the Family online booklets

These guides provide biblical foundations and tangible suggestions to help you understand marriage from *God's* perspective—and they offer creative ideas for talking about marriage to children at different ages and stages.

Broadcasts

Embracing the Unique Aspects of Male and Female (Dr. Larry Crabb) • 9781624719653 •

Crabb talks about how God created men and women as relational beings, but we too often allow fear prevent us from embracing authentic masculinity and femininity as we fulfill God's purpose in our lives.

Saving Marriages Before They Start (Roger and Diane Ingolia) • 9781624717840 •

The Ingolias pass along wisdom they've learned from 37 years of marriage, and they talk about the value of helping other marriages thrive by investing in young couples.

The Value of Marriage Mentoring (Drs. Les and Leslie Parrott, Dr. Greg Smalley) • 9781624714979 •

A mentoring ministry varies as it relates to newlyweds, marriages in crisis, or couples who just need a boost from good to great. Not only do the other couples benefit, but the mentoring couple can also experience a higher level of intimacy and cohesion in their own marriage.

DVDs & Curriculum

The Complete Resource Kit for Marriage Mentoring by Drs. Les and Leslie Parrott (2006) • 9780310271109 •

Offering practical insights and hands-on resources, the Parrotts help churches train husband-and-wife teams to create a successful marriage mentoring program — with skills for preparing engaged and newlywed couples, helping good marriages become great, and repairing marriages in distress. The kit includes a 10-session DVD and one copy each of the following:

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| The Complete Guide to Marriage Mentoring | • 9780310270461 • |
| Marriage Mentor Training Manual for Husbands | • 9780310271659 • |
| Marriage Mentor Training Manual for Wives | • 9780310271253 • |
| 51 Creative Ideas for Marriage Mentors | • 9780310270478 • |

Date Night Challenge by Focus on the Family (2013) • 2350000000400 •

With marriage tips, comedy, and music all on one DVD, you can host an evening for couples in your church, neighborhood, and community — helping them strengthen their relationship *and* have fun!

Date Night Challenge Church Kit by Focus on the Family (2014) • 2350000000394 •

This customizable event includes comedy from Dennis Swanberg; teaching from Pastor Ted Cunningham; marriage insights from Greg and Erin Smalley; and stories from Christian artists Matthew West, Plum, Laura Story, and others.

The Family Project™ by Focus on the Family (2014) • 2350000000486 •

This 12-session small group curriculum explores the theological, philosophical, and cultural foundation for the family. Topics range from marriage and sexuality, to family dynamics and how families can serve God. [Visit familyproject.com](http://familyproject.com) to learn more.

Ready to Wed™ Kit: Preparing Couples for a Marriage They'll Love by Focus on the Family (2015) • 2350000000455 •

Pastors and mentors can prepare engaged couples for the joys and challenges of lifelong marriage. This 10-session series covers finances, in-laws, intimacy, chores, and more. It includes DVDs, a leader's guide, two copies of the couple's workbook, a copy of Dr. Greg and Erin Smalley's book *Ready to Wed*, and promotional materials for church launches.

Sacred Marriage by Gary Thomas (2009) • 9780310352266 •

Through six sessions, Thomas equips you to reflect the character of Christ so you can fulfill God's design for your marriage and better love your spouse: "God's Purpose for Marriage," "The Refining Power of Marriage," "The God-Centered Spouse," "Sacred History," "Sexual Saints," and "Marriage: The Love Laboratory."

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| Sacred Marriage Book | • 9780310332947 • |
| Sacred Marriage Participant's Guide | • 9780310880660 • |
| Devotions for a Sacred Marriage | • 9780310255956 • |

Saving Your Marriage Before It Starts by Drs. Les and Leslie Parrott (2006) • 9780310875734 •

This study focuses on seven time-tested questions to debunk myths, bridge the gender gap, and help you develop skills you'll need for a loving and lasting future together as husband and wife. (The kit includes a nine-session DVD, one copy of the Parrott's book, a leader's guide, one woman's workbook, and one man's workbook.)

**Focus on the Family
Webpages, Q&As, and Resource Lists**

Focus Marriage Mentors

- focusonthefamily.com/marriage/promos/marriage-mentors
Learn how you can serve as a mentor couple to others in their marital journey.

Marriage

- focusonthefamily.com/marriage
This section of our website houses online articles, resources, and referrals for several topics.

Ready to Wed™ Christian Premarital Counseling Kit

- focusonthefamily.com/marriage/promos/christian-premarital-counseling-kit
Learn about our Ready to Wed™ Engaged Couples Curriculum, and find promotional resources you can use.

Q&As

- focusonthefamily.com/family-q-and-a
Browse our Q&As for advice and encouragement.

Resource Lists

- focusonthefamily.com/family-q-and-a/resources-and-referrals
Find recommended resources and referrals listed by topic, including the following:

[The Early Years of Marriage](#) • RL069 •
[Marital Challenges](#) • RL038 •
[Marital Intimacy](#) • RL039 •
[Marriage Materials](#) • RL016 •
[Marriage in the Second Half of Life](#) • RL037 •
[Premarital Materials](#) • RL033 •

Referrals

Focus on the Family Counseling Consultation Line

If you're struggling and need someone to talk to, [Focus on the Family offers a free phone counseling consultation with a licensed counselor](#). Call **1-855-771-HELP (4357)**, Monday through Friday, 6:00 AM to 8:00 PM (MT). Our staff may need to call you back, but they'd love to speak with you.

Focus on the Family's Christian Counselor Network

Search for licensed Christian counselors in your area: FocusOnTheFamily.com/FindACounselor

Hope Restored® marriage intensives—a ministry of Focus on the Family

2175 Sunset Inn Road
Branson, MO 65616
866/875-2915

hoperestored.focusonthefamily.com

- Our intensive programs are held in a retreat setting and are designed to rebuild and restore marriages experiencing significant hurt.

Marriage Dynamics Institute

P.O. Box 682549
Franklin, TN 37068
800/650-9995

familydynamics.net

- This ministry offers classes and workshops to help couples build strong marriages.

FamilyLife Ministries

P.O. Box 7111
Little Rock, AR 72223
800/358-6329
familylife.com

- This ministry organizes conferences and workshops on stress, conflict, and intimacy.

Marriage Alive International, Inc.

865/690-5887
www.marriagealive.org

- This ministry offers seminars to meet the specific needs of couples in all seasons of life.

Marriage Savers, Inc.

9311 Harrington Drive
Potomac, MD 20854
301/978-7108
marriagesavers.org

- This organization trains local church leaders and mentor couples to help them “divorce-proof” their congregations.

Ministries Resource Center, Inc.

14190 Barker Hollow Road
Woodman, WI 53827
(608) 988-4649
ministriesresourcecenter.org

- This retreat center for pastors and their spouses provides an environment that nurtures healthy and fulfilling relationships.

Dr. Les and Leslie Parrott

Seattle Pacific University
3307 3rd Avenue West
Seattle, WA 98119
lesandleslie.com

- The Parrotts offer marriage seminars and a variety of assessment tools to help people develop healthy relationships.

Passionate Commitment

200 East Del Mar Boulevard, Suite 126
Pasadena, CA 91105
626/449-2525
passionatecommitment.com

- Psychologist Dr. Cliff Penner, his wife, Joyce (a clinical nurse specialist), and other therapists offer counseling for a variety of individual, relational, and intimacy issues.

PREP, Inc.

P.O. Box 4793
Greenwood Village, CO 80155
800/366-0166
prepinc.com

- This organization offers premarital and marriage seminars and resources as well as seminars for mental health professionals, pastors, and lay leaders interested in marriage counseling.

PREPARE/ENRICH

2660 Arthur Street
Roseville, MN 55113
800/331-1661
prepare-enrich.com

- This online relationship inventory and skill-building program is uniquely tailored to each couple.

Smalley Institute

smalleyinstitute.com

- Through resources and counseling, couples can find help to work through marriage challenges.