



## Resource List: Marriage in the Second Half of Life

The resources listed here align with Focus on the Family's philosophy and mission. Call us at 1-800-A-FAMILY, or visit our online store at [store.focusonthefamily.com](http://store.focusonthefamily.com). (Information is regularly updated, but it's still possible that an item originally available from Focus on the Family is now unavailable.) You might also be interested in content posted on our website at [focusonthefamily.com](http://focusonthefamily.com).

### Included

Books  
Broadcasts  
Webpages, Q&As, and Resource Lists  
Referrals

### Books

**6 Secrets to a Lasting Love** by Dr. Gary and Mrs. Barbara Rosberg (2007) • 9781414312101 •  
"Recapturing Your Dream Marriage"

**10 Great Dates for Empty Nesters** by David and Claudia Arp (2004) • 9780310256564 •  
When the kids are gone, and it's just the two of you, do you know each other anymore? Learn to reconnect and renew a strong friendship and love life.

**The DNA of Relationships** by Dr. Gary Smalley (2007) • 9780842355322 •  
"Discover How You Are Designed for Satisfying Relationships"

**Each for the Other: Marriage As It's Meant to Be** by Bryan and Kathy Chapell (2006) • 9780801066016 •  
Whether you're engaged, newly married, or in a seasoned marriage, *Each for the Other* offers indispensable truths on how to sacrificially love your spouse.

**Married and Still Loving It** by Gary Chapman and Harold Myra (2016) • 9780802412928 •  
"The Joys and Challenges of the Second Half"

**The Meaning of Marriage** by Timothy Keller (2011) • 9781594631870 •  
"Facing the Complexities of Commitment With the Wisdom of God"

**The Second Half of Marriage** by David and Claudia Arp (1997) • 9780310219354 •  
"Facing the Eight Challenges of the Empty-Nest Years"

### Broadcasts

**Building a Marriage That Will Go the Distance** (Dr. Gary and Mrs. Barbara Rosberg) • 9781624717284 •  
The Rosbergs offer biblically based insights from their book *6 Secrets to a Lasting Love: Recapturing Your Dream Marriage*.

**Building Your Marriage to Last a Lifetime** (Dr. Gary Smalley, Pastor Ted Cunningham) • 9781624717543 •  
Rediscover and nurture the passionate love and close companionship you enjoyed in the early days of your relationship.

**God's Blueprint for a Healthy Marriage** (Dr. Timothy and Mrs. Kathy Keller) • 9781624710759 •

The Kellers outline the biblical account of God's design for marriage. They offer stories from their own marriage and remind listeners that marriage is intended to shape and mold each spouse and bring about their sanctification.

**Keeping Your Marriage Strong Through the Years** (Dr. Paul and Mrs. Teri Reisser) • 9781624717017 •

Among other topics, the Reissers discuss how the dynamics of marriage change in the latter years when the children are gone. But with a good groundwork of communication in the years prior, a couple can enjoy the new season.

**Tackling Midlife Transitions in Marriage** (Bill and Pam Farrel) • 9781624717925 •

The Farrels share how to approach midlife transitions while keeping your marriage strong. Communication is key, as well as keeping your hearts connected and centered on God.

**Thriving in the Second Half of Marriage** (Dr. Gary Chapman) • 9781683320609 •

Chapman explains how he and his wife have learned to appreciate the joys and challenges of this season, understanding their role in modeling a faithful commitment to marriage "until death do us part."

**Twenty-Five Years and Still in Love** (Reverend Bob Kraning) • 9781624712487 •

Kraning shares from Ephesians 4:25-32 to underscore principles that have helped him and his wife develop a strong marriage: speak the truth, work through anger with open communication, agree to disagree, give your time to your spouse and family, allow your spouse to be an individual, be sensitive in handling money, be trustworthy, guard your tongue, and be kind and forgiving.

**Focus on the Family  
Webpages, Q&As, and Resource Lists**

**Marriage**

- [focusonthefamily.com/marriage](http://focusonthefamily.com/marriage)

**Q&As**

- [focusonthefamily.com/family-q-and-a](http://focusonthefamily.com/family-q-and-a)  
Browse our Q&As for advice and encouragement.

**Resource Lists**

- [focusonthefamily.com/family-q-and-a/resources-and-referrals](http://focusonthefamily.com/family-q-and-a/resources-and-referrals)  
Find recommended resources and referrals listed by topic, including the following:

- **Chronic or Terminal Illness** • RL059 •
- **Family & Personal Finances** • RL004 •
- **Marriage Materials** • RL016 •
- **Marital Challenges** • RL038 •
- **Marital Intimacy** • RL039 •
- **Special Needs & Disabilities** • RL007 •

**Referrals**

**Focus on the Family Counseling Consultation Line**

If you're struggling and need someone to talk to, [Focus on the Family offers a free phone counseling consultation with a licensed counselor](#). Call 1-855-771-HELP (4357), Monday through Friday, 6:00 AM to 8:00 PM (MT). Our staff may need to call you back, but they'd love to speak with you.

**Focus on the Family's Christian Counselor Network**

Search for licensed Christian counselors in your area: [FocusOnTheFamily.com/FindACounselor](http://FocusOnTheFamily.com/FindACounselor)

**Hope Restored® marriage intensives—a ministry of Focus on the Family**

2175 Sunset Inn Road  
Branson, MO 65616  
866/875-2915

[hoperestored.focusonthefamily.com](http://hoperestored.focusonthefamily.com)

- Our intensive programs are held in a retreat setting and are designed to rebuild and restore marriages experiencing significant hurt.

**Love and Respect Ministries**

770 Kenmoor Avenue Southeast, Suite 101  
Grand Rapids, MI 49546  
616/949-9790

[loveandrespect.com](http://loveandrespect.com)

- This ministry helps couples learn the delicate balance of love and respect within marriage.

**Marriage Alive International, Inc.**

865/690-5887

[marriagealive.com](http://marriagealive.com)

- David and Claudia Arp offer resources to meet the needs of married couples at different life stages.

**Drs. Les and Leslie Parrott**

Seattle Pacific University  
3307 3<sup>rd</sup> Avenue West  
Seattle, WA 98119

[lesandleslie.com](http://lesandleslie.com)

- The Parrotts offer marriage seminars and a variety of assessment tools to help people develop healthy relationships.

**PREPARE/ENRICH**

2660 Arthur Street  
Roseville, MN 55113  
800/331-1661

[prepare-enrich.com](http://prepare-enrich.com)

- This online relationship inventory and skill-building program is uniquely tailored to each couple.