Resource List:
Marriage in the Second Half of Life

The resources listed below align with Focus on the Family’s philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, call us toll free at 1-800-A-FAMILY, or visit our online store at store.focusonthefamily.com. (The information is regularly updated, but there is still the possibility that an item originally available from Focus on the Family might now be unavailable.) You may also be interested in the content posted on our website at focusonthefamily.com.

Included
Books
Broadcasts
Website, Q&As, and Resource Lists
Referrals

Books

6 Secrets to a Lasting Love by Dr. Gary and Mrs. Barbara Rosberg (2007) • 9781414312101 •
“Recapturing Your Dream Marriage”

10 Great Dates for Empty Nesters by David and Claudia Arp (2004) • 9780310256564 •
When the kids are gone, and it’s just the two of you, do you really know each other anymore? Through engaging activities—including over 40 bonus date suggestions—learn to reconnect and renew a strong love life and friendship.

The DNA of Relationships: Discover How You Are Designed for Satisfying Relationships by Dr. Gary Smalley (2007)
• 9780842355322 •
Learn new steps to revitalize your marriage. Smalley explores five biblically based ways to enhance your relationships and to multiply that knowledge in others’ lives.

Each for the Other: Marriage As It’s Meant to Be by Bryan and Kathy Chapell (2006) • 9780801066016 •
Whether you’re engaged, newly married, or in a seasoned marriage, Each for the Other offers indispensable truths on how to sacrificially love your spouse.

The Meaning of Marriage: Facing the Complexities of Commitment With the Wisdom of God by Timothy Keller (2011)
• 9781594631870 •
Keller discusses difficulties couples often experience and shows how God’s Word can provide a blueprint for a healthy, loving, lifelong relationship.

• 9780310219354 •
When facing an empty nest, it’s important to take a marriage inventory and set goals. The Arps address eight marital challenges, and they track the relationship of one couple transitioning through this stage.

Broadcasts

Building a Marriage That Will Go the Distance – I, II (Dr. Gary and Mrs. Barbara Rosberg) • 9781624717284 •
The Rosbergs offer biblically based insights from their book 6 Secrets to a Lasting Love: Recapturing Your Dream Marriage.
Building Your Marriage to Last a Lifetime (Dr. Gary Smalley, Pastor Ted Cunningham) ● 9781624717543 ●
Smalley and Cunningham discuss the need to rediscover and nurture the passionate love and close companionship couples enjoyed in the early days of their relationship.

God’s Blueprint for a Healthy Marriage – I, II (Dr. Timothy and Mrs. Kathy Keller) ● 9781624710759 ●
Keller and his wife outline the biblical account of God’s design for marriage. They offer stories from their own marriage and remind listeners that marriage is intended to shape and mold each spouse and bring about their sanctification.

Keeping Your Marriage Strong Through the Years – I, II (Dr. Paul and Mrs. Teri Reisser) ● 9781624717017 ●
Among other topics, the Reissers discuss how the dynamics of marriage change in the latter years when the children are gone. But with a good groundwork of communication in the years prior, a couple can enjoy the new season.

Tackling Midlife Transitions in Marriage – I, II (Bill and Pam Farrel) ● 9781624717925 ●
The Farrels share how to approach midlife transitions while keeping your marriage strong. Communication is key, as well as keeping your hearts connected and centered on God.

Twenty-Five Years and Still in Love – I, II (Reverend Bob Kraning) ● 9781624712487 ●
Kraning shares from Ephesians 4:25-32 to underscore principles that have helped him and his wife develop a strong marriage: speak the truth, work through anger with open communication, agree to disagree, give your time to your spouse and family, allow your spouse to be an individual, be sensitive in handling money, be trustworthy, guard your tongue, and be kind and forgiving.

Focus on the Family Websites, Q&As, and Resource Lists

Marriage
- focusonthefamily.com/marriage

Q&As
- focusonthefamily.com/family-q-and-a
  Browse our Q&As for advice and encouragement.

Resource Lists
- focusonthefamily.com/family-q-and-a/resources-and-referrals
  Find recommended resources and referrals listed by topic, including:
  - Chronic or Terminal Illness ● RL059 ●
  - Family & Personal Finances ● RL004 ●
  - Marriage Materials ● RL016 ●
  - Marital Challenges ● RL038 ●
  - Marital Intimacy ● RL039 ●
  - Special Needs & Disabilities ● RL007 ●

Focus on the Family Counseling Consultation Line
If you’re struggling and need someone to talk to, Focus on the Family offers a free phone counseling consultation with a licensed counselor. Call 1-855-771-HELP (4357), Monday through Friday, 6:00 AM to 8:00 PM (MT). Our staff may need to call you back, but they’d love to speak with you. You can also search our directory for a licensed Christian counselor in your area [https://ccn.thedirectorywidget.com].
Hope Restored® marriage intensives—a ministry of Focus on the Family
2175 Sunset Inn Road
Branson, MO  65616
866/875-2915
hoperestored.focusonthefamily.com

• Our intensive programs are held in a retreat setting and are designed to rebuild and restore marriages experiencing significant hurt.

Love and Respect Ministries
770 Kenmooir Avenue Southeast, Suite 101
Grand Rapids, MI  49546
616/949-9790
loveandrespect.com

• This ministry helps couples learn the delicate balance of love and respect within marriage.

Marriage Alive International, Inc.
865/690-5887
marriagealive.com

• David and Claudia Arp offer resources to meet the needs of married couples at different life stages.

Drs. Les and Leslie Parrott
Seattle Pacific University
3307 3rd Avenue West
Seattle, WA  98119
lesandleslie.com

• The Parrotts offer marriage seminars and a variety of assessment tools to help people develop healthy relationships.

PREPARE/ENRICH
2660 Arthur Street
Roseville, MN  55113
800/331-1661
prepare-enrich.com

• This online relationship inventory and skill-building program is uniquely tailored to each couple.