Resource List: Infertility

The resources listed below align with Focus on the Family’s philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, call us toll free at 1-800-A-FAMILY, or visit our online store at store.focusonthefamily.com. (The information is regularly updated, but there is still the possibility that an item originally available from Focus on the Family might now be unavailable.) You may also be interested in the content posted on our website at focusonthefamily.com.

Included
- Books
- Broadcasts
- Websites, Q&As, and Resource Lists
- Referrals

Books

Empty Womb, Aching Heart by Marlo Schalesky • 9780764224102
Schalesky shares first-person accounts from those who’ve endured infertility. Whether you’re struggling with grief, anger, or confusion, be encouraged to see how God consistently cares for and blesses us—with or without children.

Hannah’s Hope by Jennifer Saake • 9781576836545
Using the biblical example of Hannah, Saake directs you to the God of all comfort—whether you long for a child yet to be conceived, grieve for a miscarried baby, or have lived through the anguish of a failed adoption.

Outside the Womb: Moral Guidance for Assisted Reproduction by Scott Rae and D. Joy Riley • 9780802450425
With the use of assisted reproductive technology on the rise, Christian couples considering various fertility treatments face the question of whether it’s morally, ethically, and biblically right to use the technology. Rae and Riley address the issue of “making life,” providing valuable theological and scientific information to help guide decisions.

When Empty Arms Become a Heavy Burden by Sandra Glahn and William Cutrer, M.D. • 9780825444692
Glahn and Cutrer reach out with hope and encouragement to couples struggling with infertility—focusing on emotional and spiritual issues, as well as providing reproductive advice, information on medical issues, and alternative possibilities.

When God Doesn’t Make Sense by Dr. James Dobson • 9781414371153
Encountering difficulties in life can challenge our faith in God—and when questions are left unanswered, we may feel that God has abandoned us. This book speaks to those who have been left confused and disillusioned by life’s problems.

Broadcasts

Hope in the Midst of Infertility – I, II (Marlo Shalesky, “Sarah”) • 9781624713583
Guests speak to the hurt of couples experiencing difficulty conceiving, and the emotional stress and marital struggles that can result. They also suggest ways to maintain good communication with your spouse in the midst of infertility or miscarriage and how to stay grounded in the knowledge of God’s love and sovereignty.
Life Challenges—Infertility

- focusonthefamily.com/lifechallenges/relationship.challenges/infertility.aspx
  
  This series of articles addresses the physical and emotional struggles of infertility and offers helpful suggestions and resources.

Q&As

- focusonthefamily.com/family-q-and-a
  
  Browse our Q&As for advice and encouragement.

Resource Lists

- focusonthefamily.com/family-q-and-a/resources-and-referrals
  
  Find recommended resources and referrals listed by topic, including:

  **Comfort & Encouragement** • RL003 •
  **Miscarriage & Pregnancy Loss** • RL053 •

Focus on the Family Counseling Consultation Line

If you need someone to talk to, Focus on the Family offers a free phone counseling consultation with a licensed counselor. Call 1-855-771-HELP (4357), Monday through Friday, 6:00 AM to 8:00 PM (MT). Our staff may need to call you back, but they’d love to speak with you. You can also search our directory for a licensed Christian counselor in your area [https://ccn.thedirectorywidget.com].

Stepping Stones

Bethany Christian Services
901 Eastern Avenue Northeast
Grand Rapids, MI  49503
616/224-7610
step.bethany.org

- Stepping Stones offers Christian resources and encouragement for couples facing infertility challenges or pregnancy loss.