



**FOCUS**  
ON THE FAMILY

# Resource List: Homosexuality

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The resources listed here align with Focus on the Family's philosophy and mission. Call us at 1-800-A-FAMILY, or visit our online store at [store.focusonthefamily.com](http://store.focusonthefamily.com). (Information is regularly updated, but it's still possible that an item originally available from Focus on the Family is now unavailable.) You might also be interested in content posted on our website at [focusonthefamily.com](http://focusonthefamily.com).

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Focus on the Family is committed to upholding God's design for the expression of human sexuality: a husband and wife in a marriage relationship. We also hold to the scriptural truth that a relationship with God through Jesus Christ brings transformation and power over sin. We reach out with compassion and respect to individuals, families, and churches affected by homosexuality. With that in mind, the following resources may be helpful as a starting point for those looking for hope and healing.

## Included

[Books](#)

[Broadcasts & DVDs](#)

[Online Booklets](#)

[Video Clips](#)

[Webpages, Articles, Q&As, and Resource Lists](#)

[Referrals](#)

## Books

### **101 Frequently Asked Questions About Homosexuality** by Mike Haley (2004) • 9780736914703 •

Learn to address issues associated with same-sex attraction—from a man who's been there.

### **The Bible and Homosexual Practice: Text and Hermeneutics** by Robert A. Gagnon (2002) • 9780687022793 •

With clarity and compassion, Gagnon uses biblical and historical text to explain why same-sex intercourse is sin. He challenges readers to consider how to uphold God's command to love Him *and* our neighbors.

### **Coming Out of Homosexuality: New Freedom for Men and Women** by Bob Davies and Lori Rentzel (1994) • 9780830816538 •

Find answers for what it means to be a man or a woman, how your past relates to your present, how you can form healthy relationships, and how your healing may prepare you for heterosexual marriage.

### **Growth Into Manhood: Resuming the Journey** by Alan P. Medinger (2000) • 9780877883067 •

Medinger encourages others in their healing process by sharing about his release from homosexuality and his growth into biblical masculinity.

### **Healing the Masculine Soul** by Gordon Dalbey (2003) • 9780849944383 •

Men's souls are often torn between strength and sensitivity. Dalbey offers a refreshing picture of God's design for the masculine soul and dares men to be as God created them.

### **If I Tell You I'm Gay, Will You Still Love Me?** by Ann Mobley (2015) • 9781632328182 •

"One Mother's Journey to Find Truth and Grace"

### **Is God Anti-Gay?** by Sam Allberry (2013) • 9781908762313 •

This easy-to-understand book offers scriptural truths about marriage, sexuality, and same-sex attraction.

**Love Into Light: The Gospel, the Homosexual, and the Church** by Peter Hubbard (2013) • 9781620202227 •

Hubbard encourages the Church to humbly engage those who experience same-sex attraction, drawing them to God's heart.

**Love Kindness** by Barry Corey (2016) • 9781496411969 •

"Discover the Power of a Forgotten Christian Virtue"

**Loving My (LGBT) Neighbor** by Glenn Stanton (2014) • 9780802412140 •

"Being Friends in Grace and Truth"

**Messy Grace** by Caleb Kaltenbach (2015) • 9781601427366 •

"How a Pastor With Gay Parents Learned to Love Others Without Sacrificing Conviction"

**Out of a Far Country** by Christopher Yuan (2011) • 9780307729354 •

"A Gay Son's Journey to God. A Broken Mother's Search for Hope."

**Outlasting the Gay Revolution** by Michael Brown, Ph.D. (2015) • 9781938067662 •

"Where Homosexual Activism Is Really Going and How to Turn the Tide"

**Pursuing Sexual Wholeness** by Andrew Comiskey (1989) • 9780884192596 •

"How Jesus Heals the Homosexual"

**Restoring Sexual Identity: Hope for Women Who Struggle With Same-Sex Attraction** by Anne Paulk (2003) • 9780736911795 •

Paulk left a lesbian lifestyle after coming to Christ. She explores questions women and their families and friends often ask.

**Someone I Love Is Gay** by Bob Davies and Anita Worthen (1996) • 9780830819829 • (not currently available through Focus on the Family)

Learn to understand your emotions and how to respond to a gay-identified spouse, child, relative, or friend with the truth about homosexuality—without being judgmental.

**Straight & Narrow?** by Thomas E. Schmidt (1995) • 9780830818587 •

"Compassion & Clarity in the Homosexuality Debate"

**The Truth Comes Out: The Story of My Heart's Transformation** by Nancy Heche (2006) • 9780800725259 • (not currently available through Focus on the Family)

After losing her husband to AIDS and her son in a car crash, Heche's youngest daughter, Anne, became involved in a high-profile lesbian relationship. Heche shares how Scripture helped her through despair.

**What Does the Bible Really Teach About Homosexuality?** by Kevin DeYoung (2015) • 9781433549373 •

DeYoung explores Old and New Testament teachings regarding sexuality, and he answers objections raised by Christians and non-Christians.



**Jeanette Howard**

**Out of Egypt: One Woman's Journey Away From Lesbianism** (2001) • 9780825460012 •

Offering compassionate guidance based on her five-year journey away from lesbianism after coming to Christ, Howard encourages women who struggle with same-sex attraction, as well as those who counsel them.

**Into the Promised Land: Beyond the Lesbian Struggle** (2005) • 9781854246769 •

"I have not married and produced children, and I have not returned to old ways of lesbian sexual relationships. ... I want to share with you the ways in which I have addressed this path so that you too can experience a 'purposeful pilgrimage' and enter the Promised Land, rather than experiencing a 'weary wandering' heading nowhere."

**Dwelling in the Land** (2016) • 9780857216236 •

"Bringing Same-Sex Attraction Under the Lordship of Christ"

**Joe Dallas**

**Desires in Conflict: Hope for Men Who Struggle With Sexual Identity** (2003) • 9780736912112 •

Dallas offers reassurance and practical advice to the Christian dealing with same-sex attraction—and he includes an orthodox interpretation of Scripture that refutes pro-gay theology.

**When Homosexuality Hits Home: What to do When a Loved One Says, "I'm Gay"** (2004) • 9780736962056 •

Dallas explains how to blend compassion and conviction. Understand the causes of homosexuality, the struggles your relative has faced, and the steps you can take to strengthen your relationship.

**The Gay Gospel? How Pro-Gay Advocates Misread the Bible** (2007) • 9780736918343 •

With a balanced, straightforward approach, Dallas provides tools to communicate truth to those who have adopted a pro-gay gospel.

**The Complete Christian Guide to Understanding Homosexuality** by Joe Dallas and Nancy Heche (2009) • 9780736925075 •

For families, pastors, counselors, and those who struggle with same-sex attraction, Dallas and Heche offer insights on homosexual marriage and adoption, how to respond when a friend announces that he or she is gay-identified, and more.

**Rosaria Champagne Butterfield**

**The Secret Thoughts of an Unlikely Convert** (2014) • 235000000677 •

Butterfield was involved in a lesbian relationship—until she encountered God. And as she says, “Sometimes in crisis, we don’t really learn lessons. Sometimes the result is simpler and more profound: sometimes our character is simply transformed.”

**Openness Unhindered** (2015) • 9781633893900 •

“Further Thoughts of an Unlikely Convert on Sexual Identity and Union With Christ”

**Broadcasts & DVDs**

**Accepting My True Identity in Christ** (Rosaria Champagne Butterfield) • 2350000008819 •

Butterfield was a tenured English professor living as a lesbian. She was vehemently opposed to Christians and the Bible, but to write a book, she began researching God’s Word from a feminist point of view. During this process, she was given hospitality by an older pastor and his wife—and through their friendship she became a Christian. Butterfield is now a home-schooling pastor’s wife, writer, and speaker.

**Becoming the Woman God Made Me to Be** (Linda Seiler) • 2350000010560 •

Seiler shares about growing up wishing she was a boy. Her struggle lasted for over 20 years, with gender confusion, same-sex attraction, and pornography addiction. After confessing her secret to a college pastor who revealed God’s compassion and grace, Linda spent 11 years seeking healing and restoration of her identity as a woman. Today she regularly interacts with college students about God’s truth regarding gender identity, homosexuality, and other hot-button issues.

**How Should We Respond to Homosexuality** (Joe Dallas) • 9781624714894 •

Dallas, a former homosexual, calls on the Church to repent of hostility and recommit to bold love. He encourages Christians not to be intimidated by the gay rights movement but to promote truth and to build and provide a place of safety, keeping in mind the eternal souls of *all* people.

**Loving Others Without Sacrificing Conviction** (Pastor Caleb Kaltenbach) • 9781683320319 •

Kaltenbach shares his story of growing up with gay parents, and the hatred his family experienced from Christians. He shares how he became a Christian and eventually a pastor. He explains that we can learn to live in the tension of grace and truth when loving those in the LGBT community. Jesus loved everyone without compromising truth; so can we—even when it’s messy.

**Navigating Sexual Sin to Find Your Identity in Christ** (Rosaria Champagne Butterfield) • 2350000010270 •

Butterfield shares further about her transformation from feminism and lesbianism to faith in Christ. Her experience gives insight into how culture views sexuality, sexual identity, sexual sin, repentance, and more. She also offers advice about staying true to God’s Word while being a witness of God’s love to people in the LGBT community.

**Reclaiming Your Identity in the Father’s Love** (Dennis Jernigan) • 9781624719011 •

Jernigan shares how music and a praying grandmother helped him weather a decade of bullies and insults because of his sexual struggles. He shares how he left his sexual sin behind and embraced the hope of Christ—and he encourages others to reclaim their identity, too.

**Using Kindness to Open Doors in the Culture** (Dr. Barry Corey) • 2350000010294 •

Corey sheds light on the Bible’s definition of kindness and describes how Christians can effectively live it out. We need a firm center (theological conviction) with soft edges (kindness).

**When Your Child Struggles With Their Sexual Identity** (Ann Mobley) • 235000009571 •

How should a parent respond to a child who is struggling with their sexual identity? When Mobley's son let her know that he was gay, it brought on a flood of emotions, but her very first action was to give him a hug and let him know that she would always love him. Now she helps other parents work through similar circumstances.



**Sing Over Me** (Vision Video) • 727985016047 • DVD

This film documents Dennis Jernigan's struggle with homosexuality and the freedom he found through Christ.

**Focus on the Family Online Booklets**  
(free)

**Are People Born Gay?** [[bit.ly/2GYNcZB](http://bit.ly/2GYNcZB)]

- A Look at What the Research Shows and What It Means for You

**Empowering Parents** [[bit.ly/1ODRwpv](http://bit.ly/1ODRwpv)]

- A How-to Guide for Protecting Your Child's Innocence and Your Family's Values in Public School

**Equipping Parents to Respond to Gender-Confusing Messages in School** [[bit.ly/1CNeRIN](http://bit.ly/1CNeRIN)]

- Our issue analysts offer information and guidance for parents faced with gender confusion in their children's schools.

**How to Talk to Your Children About Homosexuality** [[bit.ly/1y6WkOZ](http://bit.ly/1y6WkOZ)]

- Learn to talk to your children about encountering homosexuality in the culture.

**How Should We Respond?** [[bit.ly/2AxvhU8](http://bit.ly/2AxvhU8)]

- An Exhortation to the Church on Loving the Homosexual

**Talking to Your Church About Homosexuality** [[bit.ly/2CW2cmQ](http://bit.ly/2CW2cmQ)]

- A Guide for Pastors and Church Leaders

**Understanding Male Homosexuality** [[bit.ly/2RyipXI](http://bit.ly/2RyipXI)]

- God's Power to Change Lives

**What Does the Bible Say About Homosexuality?** [[bit.ly/2xNwMhC](http://bit.ly/2xNwMhC)]

- Answering Revisionist Gay Theology

**When a Loved One Says, "I'm Gay"** [[bit.ly/1ZGADiJ](http://bit.ly/1ZGADiJ)]

- Whether you're a spouse, friend, or other family member, you'll find helpful suggestions and guidance in this parent's resource. We also have articles specifically tailored to [spouses](#), [children](#), and [friends](#).

**Focus on the Family Video Clips**

- **Homosexuality: When the Truth Comes Out** [[bit.ly/2d7NQlq](http://bit.ly/2d7NQlq)]
- **Someone I Love Is Gay** [[bit.ly/2cTCSyD](http://bit.ly/2cTCSyD)]
- **Understanding Female Homosexuality** [[bit.ly/1MmICk8](http://bit.ly/1MmICk8)]
- **Understanding Male Homosexuality** [[bit.ly/2ddL7Hw](http://bit.ly/2ddL7Hw)]
- **Understanding Revisionist Gay Theology** [[bit.ly/2dxyDcQ](http://bit.ly/2dxyDcQ)]

**Focus on the Family  
Webpages, Articles, Q&As,  
and Resource Lists**

**Talking to Your Children About Transgender Issues** [[bit.ly/2Hh09h8](https://bit.ly/2Hh09h8)]

- Find information and resources related to transgenderism (also called gender dysphoria, gender confusion, or gender identity disorder).

**Is My Teen Struggling With Homosexuality?** [[bit.ly/2JfemIE](https://bit.ly/2JfemIE)]

- As a parent, you may be worried that your child wrestles with same-sex attraction, behavior or identity.

**Social Issues—Sexuality** [[bit.ly/2AAHUXP](https://bit.ly/2AAHUXP)]

- Articles and other resources help you navigate issues of sexuality in the culture.

**Reliable Resources for Teaching Children About Marriage, Sexuality and Homosexuality** [[bit.ly/2CXsLbk](https://bit.ly/2CXsLbk)]

- The materials listed here equip you to teach your children about homosexuality, healthy sexuality, and marriage. They also offer information and support for responding to your child's school when controversial topics are discussed. In addition, some resources will be valuable to those looking for help when facing the issues of homosexuality and gender confusion in the family, church, or culture.

**Q&As**

- [focusonthefamily.com/family-q-and-a](https://focusonthefamily.com/family-q-and-a)  
Browse our Q&As for advice and encouragement.

**Resource Lists**

- [focusonthefamily.com/family-q-and-a/resources-and-referrals](https://focusonthefamily.com/family-q-and-a/resources-and-referrals)  
Find recommended resources and referrals listed by topic, including the following:

**Christian Growth for Adults** • RL022 •

**Overcoming Sexual Brokenness** • RL050 •

**Testimonies** • RL051 •

**Referrals**

*The websites included below deal with sensitive, difficult issues and may contain content for mature readers. Referrals to websites not produced by Focus on the Family are for informational purposes only and do not necessarily constitute an endorsement of all a site's content.*

**Focus on the Family Counseling Consultation Line**

Focus on the Family offers a [free phone counseling consultation with a licensed counselor](#). They're here to listen and pray with you, as well as provide initial guidance and resources to help you and your family. Phone **1-855-771-HELP (4357)**, Monday through Friday, 6:00 AM to 8:00 PM (MT) to arrange a call back.

**Focus on the Family's Christian Counselor Network**

Search for licensed Christian counselors in your area: [FocusOnTheFamily.com/FindACounselor](https://FocusOnTheFamily.com/FindACounselor)

**The Alliance for Therapeutic Choice and Scientific Integrity**

888/364-4744

[therapeuticchoice.com](http://therapeuticchoice.com)

- “A multi-disciplinary professional and scientific organization dedicated to preserving the right of individuals to obtain the services of a therapist who honors their values, advocating for integrity and objectivity in social science research, and ensuring that competent licensed, professional assistance is available for persons who experience unwanted homosexual attractions.”

**Courage International, Inc.**

8 Leonard Street

Norwalk, CT 06850

203/803-1564

[couragerc.net](http://couragerc.net)

- This apostolate of the Catholic Church ministers to those with same-sex attraction and their loved ones.

**Desert Stream Ministries**

706 Main Street

Grandview, MO 64030

866/359-0500

[desertstream.org](http://desertstream.org)

- This ministry offers Christ-centered help for those who struggle with sexual and relationship issues.

**Exodus Global Alliance**

P.O. Box 1412

Troy, MI 48099

416/907-4427

[exodusglobalalliance.org](http://exodusglobalalliance.org)

- Exodus Global Alliance provides recommendations of ministries and other resources outside the United States.

**The Institute for Marital Healing**

101 West Elm Street, Suite 320

Conshohocken, PA 19428

610/397-0950

[maritalhealing.com](http://maritalhealing.com)

- Dr. Richard Fitzgibbons has spent over 30 years helping people deal with marriage and family issues, forgiveness, homosexuality, and gender dysphoria/gender identity disorder.

**Linda Seiler**

[lindaseiler.com](http://lindaseiler.com)

- “Seiler once had plans to have sex reassignment surgery, change her name to David, and live happily ever after. But her life and message are a testament to the power of God to change everything.”

**Parents and Friends of Ex-Gays and Gays (PFOX)**

P. O. Box 510

Reedville, VA 22539

804/453-4737

[pfox.org](http://pfox.org)

- This group provides hope, support, and facts for those whose lives have been affected by homosexuality.

**Restored Hope Network**

P. O. Box 22281

Milwaukie, OR 97269

503/927-0869

[restoredhopenetwork.com](http://restoredhopenetwork.com)

- This coalition of ministries reaches out to those who struggle with sexual sin, particularly homosexuality.

**Sy Rogers Communications**

[syrogers.com](http://syrogers.com)

- Rogers tells his story of leaving homosexuality and transgenderism, speaks about redemption for broken sexuality, and offers help for pure living in our hyper-sexualized culture.