



# Resource List: Homosexuality

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The resources listed below align with Focus on the Family's philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, call us toll free at 1-800-A-FAMILY, or visit our online store at [store.focusonthefamily.com](http://store.focusonthefamily.com). (The information is regularly updated, but there is still the possibility that an item originally available from Focus on the Family might now be unavailable.) You may also be interested in the content posted on our website at [focusonthefamily.com](http://focusonthefamily.com).

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Focus on the Family is committed to upholding God's design for the expression of human sexuality: a husband and wife in a marriage relationship. We also hold to the scriptural truth that a relationship with God through Jesus Christ brings transformation and power over sin. We reach out with compassion and respect to individuals, families, and churches affected by homosexuality. With that in mind, the following resources may be helpful as a starting point for those looking for hope and healing.

## Included

[Books](#)  
[Broadcasts & DVDs](#)  
[Online Booklets](#)  
[Video Clips](#)  
[Websites, Articles, Q&As, and Resource Lists](#)  
[Referrals](#)

## Books

### **101 Frequently Asked Questions About Homosexuality** by Mike Haley (2004) • 9780736914703 •

Rhetoric surrounding the acceptance of homosexuality is everywhere. Learn to address the issues associated with same-sex attraction—from a man who's been there.

### **The Bible and Homosexual Practice: Text and Hermeneutics** by Robert A. Gagnon (2002) • 9780687022793 •

With clarity and compassion, Gagnon uses biblical and historical text to explain why same-sex intercourse is sin, and he challenges readers to consider how to uphold God's command to love Him *and* our neighbors.

### **Coming Out of Homosexuality: New Freedom for Men and Women** by Bob Davies and Lori Rentzel (1994) • 9780830816538 •

Find answers for what it means to be a man or a woman, how your past relates to your present, how you can form healthy relationships, and how your healing may prepare you for heterosexual marriage.

### **Growth Into Manhood: Resuming the Journey** by Alan P. Medinger (2000) • 9780877883067 •

Medinger encourages others in their healing process by sharing about his own release from homosexuality and his growth into biblical masculinity.

### **Healing the Masculine Soul** by Gordon Dalbey (2003) • 9780849944383 •

Men's souls are often torn between strength and sensitivity. For those seeking to restore their true manhood, Dalbey offers a refreshing picture of God's design for the masculine soul and dares men to be as God created them.

### **The Heart of Female Same-Sex Attraction: A Comprehensive Counseling Resource** by Janelle Hallman (2008) • 9780830834297 •

Combining years of research, interviews, and counseling experience, Hallman offers a comprehensive guide for those who come alongside women in need of Christ's love and healing.

### **If I Tell You I'm Gay, Will You Still Love Me?** by Ann Mobley (2015) • 9781632328182 •

"One mother's journey to find truth and grace"

**Is God Anti-Gay?** by Sam Allberry (2013) • 9781908762313 •

This concise, easy-to-understand book offers scriptural truths about marriage, sexuality, and same-sex attraction.

**Love Into Light: The Gospel, the Homosexual, and the Church** by Peter Hubbard (2013) • 9781620202227 •

Hubbard encourages the Church to humbly engage those who experience same-sex attraction, drawing them close to the heart of God.

**Loving My (LGBT) Neighbor: Being Friends in Grace and Truth** by Glenn Stanton (2014) • 9780802412140 •

Stanton offers biblical, practical, compassionate insight into questions we encounter in friendships, church, and society.

**Messy Grace** by Caleb Kaltenbach (2015) • 9781601427366 •

“How a pastor with gay parents learned to love others without sacrificing conviction”

**Out of a Far Country** by Christopher Yuan (2011) • 9780307729354 •

“A gay son’s journey to God. A broken mother’s search for hope.”

**Pursuing Sexual Wholeness: How Jesus Heals the Homosexual** by Andrew Comiskey (1989) • 9780884192596 •

Comiskey offers a biblical understanding of sexuality to address causes of brokenness and the processes of repentance, overcoming addiction, and restoration.

**Restoring Sexual Identity: Hope for Women Who Struggle With Same-Sex Attraction** by Anne Paulk (2003) • 9780736911795 •

Paulk left a lesbian lifestyle after coming to Christ. Here she explores difficult questions women and their families and friends often ask.

**Someone I Love Is Gay** by Bob Davies and Anita Worthen (1996) • 9780830819829 •

Find compassionate, solid answers for you and your loved one. Learn to understand your own emotions and how to respond to a gay-identified spouse, child, relative, or friend with the truth about homosexuality — without being judgmental.

**The Truth Comes Out: The Story of My Heart’s Transformation** by Nancy Heche (2006) • 9780800725259 •

After losing her husband to AIDS and her son in a car crash, Heche’s youngest daughter, Anne, became involved in a high-profile lesbian relationship. In this story of faith, Heche shares how Scripture helped her through despair.

**What Does the Bible Really Teach About Homosexuality?** by Kevin DeYoung (2015) • 9781433549373 •

DeYoung explores Old and New Testament teachings regarding sexuality, and he answers objections raised by Christians and non-Christians.



**Jeanette Howard**

**Out of Egypt: One Woman’s Journey Away From Lesbianism** (2001) • 9780825460012 •

Offering compassionate guidance based on her five-year journey away from lesbianism after coming to Christ, Howard encourages women who struggle with same-sex attraction, as well as those who counsel them.

**Into the Promised Land: Beyond the Lesbian Struggle** (2005) • 9781854246769 •

“I have not married and produced children, and I have not returned to old ways of lesbian sexual relationships... I want to share with you the ways in which I have addressed this path so that you too can experience a ‘purposeful pilgrimage’ and enter the Promised Land, rather than experiencing a ‘weary wandering’ heading nowhere.”

**Dwelling in the Land** (2016) • 9781854246769 •

“Bringing same-sex attraction under the Lordship of Christ”

**Joe Dallas**

**Desires in Conflict: Hope for Men Who Struggle With Sexual Identity** (2003) • 9780736912112 •

Dallas offers reassurance and practical advice to the Christian dealing with same-sex attraction—and he includes an orthodox interpretation of Scripture that refutes pro-gay theology.

**When Homosexuality Hits Home: What to do When a Loved One Says, “I’m Gay”** (2004) • 9780736962056 •

Dallas explains how to blend compassion and conviction as he helps you understand the causes of homosexuality, the struggles your relative has faced, and the steps you can take to strengthen your relationship.

**The Gay Gospel? How Pro-Gay Advocates Misread the Bible** (2007) • 9780736918343 •

Dallas sheds light on this misleading theology. With a balanced, straightforward approach, he provides tools to communicate truth to those who have adopted a pro-gay gospel.

**The Complete Christian Guide to Understanding Homosexuality** by Joe Dallas and Nancy Heche (2009) • 9780736925075 •  
For families, pastors, counselors, and those who struggle with same-sex attraction, Dallas and Heche offer insights on homosexual marriage and adoption, how to respond when a friend announces that he or she is gay-identified, and more.

**Rosaria Champagne Butterfield**

**The Secret Thoughts of an Unlikely Convert** (2014) • 2350000000677 •

Butterfield was involved in a lesbian relationship—until she encountered God. And as she says, “Sometimes in crisis, we don’t really learn lessons. Sometimes the result is simpler and more profound: sometimes our character is simply transformed.”

**Openness Unhindered** (2015) • 9781633893900 •

“Further thoughts of an unlikely convert on sexual identity and union with Christ”

**Broadcasts & DVDs**

**Accepting My True Identity in Christ – I, II** (Rosaria Champagne Butterfield) • 9781624719981 •

Champagne Butterfield was a tenured English professor living as a lesbian. She was vehemently opposed to Christians and the Bible, but she began researching God’s Word from a feminist point of view in order to write a book. During this process, she was given hospitality by an older pastor and his wife—and through their friendship she became a Christian. Champagne Butterfield is now a home-schooling pastor’s wife, writer, and speaker.

**How Should We Respond to Homosexuality – I, II** (Joe Dallas) • 9781624714894 •

Dallas, a former homosexual, calls on the Church to repent of hostility and recommit to bold love. He encourages Christians not to be intimidated by the gay rights movement but to promote truth and to build and provide a place of safety, keeping in mind the eternal souls of *all* people.

**Loving Others Without Sacrificing Conviction – I, II** (Pastor Caleb Kaltenbach) • 9781683320319 •

Kaltenbach shares his story of growing up with gay parents and the hatred his family experienced from Christians. He shares how he became a Christian and eventually a pastor. He explains that we can learn to live in the tension of grace and truth when loving those in the LGBT community. Jesus loved everyone without compromising truth; so can we—even when it’s messy.

**Navigating Sexual Sin to Find Your Identity in Christ – I, II** (Rosaria Champagne Butterfield) • 9781683321590 •

Butterfield shares further about her incredible transformation from feminism and lesbianism to faith in Christ. Her experience gives her keen insights into how today’s culture views sexuality, sexual identity, sexual sin, repentance, and more. She also offers the Christian community helpful advice about how to remain true to God’s Word while being a better witness of God’s love to people in the LGBT community.

**Reclaiming Your Identity in the Father’s Love – I, II** (Dennis Jernigan) • 9781624719011 •

Well-known singer-songwriter Dennis Jernigan shares how music and a praying grandmother helped him weather a decade of bullies and insults because of his sexual struggles. He shares how he left his sexual sin behind and embraced the hope of Christ—and he encourages others to reclaim their identity, too.

**When Your Child Struggles With Their Sexual Identity – I, II** (Ann Mobley) • 9781683320968 •

How should a parent respond to a child who is struggling with their sexual identity? When Mobley’s son let her know that he was gay, it brought on a flood of emotions, but her very first action was to give him a hug and let him know that she would always love him. Now she helps other parents work through similar circumstances.



**Sing Over Me** (Vision Video) • 727985016047 • DVD

This film documents Dennis Jernigan’s struggle with homosexuality and the freedom he found through Christ.

**Focus on the Family Online Booklets**  
(complimentary)

**Are People Born Gay?**

- [media.focusonthefamily.com/fotf/pdf/channels/social-issues/16-fotf-0035-545013\\_spc3\\_thriving\\_values\\_are\\_people\\_born\\_gay\\_kit3-Online.pdf](https://media.focusonthefamily.com/fotf/pdf/channels/social-issues/16-fotf-0035-545013_spc3_thriving_values_are_people_born_gay_kit3-Online.pdf)  
A look at what the research shows and what it means for you

**Empowering Parents: A How-to Guide for Protecting Your Child's Innocence and Your Family's Values in Public School**

- [media.focusonthefamily.com/free-downloads/pdf/Empowering%20Parents-True\\_Tolerance\\_Kit\\_Update.pdf](https://media.focusonthefamily.com/free-downloads/pdf/Empowering%20Parents-True_Tolerance_Kit_Update.pdf)  
What to watch for in your child's school, as well as tips for responding when something concerns you

**Equipping Parents to Respond to Gender-Confusing Messages in School**

- [media.focusonthefamily.com/free-downloads/pdf/Gender%20Confusing%20Messages\\_Schools\\_True\\_Tolerance\\_Primer.pdf](https://media.focusonthefamily.com/free-downloads/pdf/Gender%20Confusing%20Messages_Schools_True_Tolerance_Primer.pdf)  
Our issue analysts offer information and guidance for parents faced with gender confusion in their children's schools

**How to Talk to Your Children About Homosexuality**

- [media.focusonthefamily.com/fotf/pdf/channels/social-issues/tvkit4-how-to-talk-to-your-children-homosexuality-sept14.pdf](https://media.focusonthefamily.com/fotf/pdf/channels/social-issues/tvkit4-how-to-talk-to-your-children-homosexuality-sept14.pdf)  
Learn to talk to your children about encountering homosexuality in the culture

**How Should We Respond?**

- [media.focusonthefamily.com/fotf/pdf/channels/social-issues/how-should-we-respond\\_final4.pdf](https://media.focusonthefamily.com/fotf/pdf/channels/social-issues/how-should-we-respond_final4.pdf)  
An exhortation to the Church on loving the homosexual

**Talking to Your Church About Homosexuality**

- [media.focusonthefamily.com/fotf/pdf/channels/social-issues/15-fotf-0121-228302\\_spc3\\_thriving\\_values\\_kit\\_5\\_web2.pdf](https://media.focusonthefamily.com/fotf/pdf/channels/social-issues/15-fotf-0121-228302_spc3_thriving_values_kit_5_web2.pdf)  
A guide for pastors and church leaders

**Understanding Male Homosexuality**

- [media.focusonthefamily.com/fotf/pdf/channels/social-issues/15-fotf-0121-228302\\_spc3\\_thriving\\_values\\_kit\\_5\\_web2.pdf](https://media.focusonthefamily.com/fotf/pdf/channels/social-issues/15-fotf-0121-228302_spc3_thriving_values_kit_5_web2.pdf)  
God's power to change lives

**What Does the Bible Say About Homosexuality?**

- [media.focusonthefamily.com/fotf/pdf/channels/social-issues/what-does-the-bible-say\\_final3.pdf?refcd=209501](https://media.focusonthefamily.com/fotf/pdf/channels/social-issues/what-does-the-bible-say_final3.pdf?refcd=209501)  
Answering revisionist gay theology

**When a Loved One Says, "I'm Gay"** by Focus on the Family

- [media.focusonthefamily.com/fotf/pdf/channels/social-issues/thriving-values-when-a-loved-one-says-im-gay.pdf](https://media.focusonthefamily.com/fotf/pdf/channels/social-issues/thriving-values-when-a-loved-one-says-im-gay.pdf)  
If you are a spouse, friend, or other family member, we believe you'll find helpful suggestions and guidance in this parent's resource. We also have articles specifically tailored to **spouses**, **children**, and **friends**.

**Focus on the Family Video Clips**

- [Homosexuality: When the Truth Comes Out](https://bit.ly/2d7NQlq) (bit.ly/2d7NQlq)
- [Someone I Love Is Gay](https://bit.ly/2cTCSyD) (bit.ly/2cTCSyD)
- [Understanding Female Homosexuality](https://bit.ly/1MmlCk8) (bit.ly/1MmlCk8)
- [Understanding Male Homosexuality](https://bit.ly/2ddL7Hw) (bit.ly/2ddL7Hw)
- [Understanding Revisionist Gay Theology](https://bit.ly/2dxyDcQ) (bit.ly/2dxyDcQ)

## Websites, Articles, Q&As, and Resource Lists

### Talking to Your Children About Transgender Issues

- [focusonthefamily.com/socialissues/sexuality/talking-to-your-children-about-transgender-issues](https://focusonthefamily.com/socialissues/sexuality/talking-to-your-children-about-transgender-issues)  
This area of our website includes information and resources related to transgenderism — also called gender dysphoria, gender confusion, or gender identity disorder.

### Is My Teen Struggling With Homosexuality?

- [focusonthefamily.com/parenting/teens/is-my-teen-struggling-with-homosexuality](https://focusonthefamily.com/parenting/teens/is-my-teen-struggling-with-homosexuality)

### Social Issues—Sexuality

- [focusonthefamily.com/socialissues/sexuality](https://focusonthefamily.com/socialissues/sexuality)

### Pure Intimacy

- [pureintimacy.org](https://pureintimacy.org)  
This Focus on the Family site includes helpful information regarding sexuality, intimacy, addictions, and homosexuality.

### Reliable Resources for Teaching Children About Marriage, Sexuality and Homosexuality

- [focusonthefamily.com/socialissues/defending-your-values/understanding-same-sex-attractions/reliable-resources-for-teaching-children-about-marriage-sexuality-and-homosexuality](https://focusonthefamily.com/socialissues/defending-your-values/understanding-same-sex-attractions/reliable-resources-for-teaching-children-about-marriage-sexuality-and-homosexuality)

The materials listed here equip you to teach your children about homosexuality, healthy sexuality, and marriage. They also offer information and support for responding to your child's school when controversial topics are discussed. In addition, some resources will be valuable to those looking for help when facing the issues of homosexuality and gender confusion in the family, church, or culture. (Many of these resources deal with sensitive and difficult issues and may contain content for mature readers. Referrals to resources not produced by Focus on the Family are for informational purposes and do not necessarily constitute an endorsement of all a resource's content.)

### Focus on the Family Q&As

- [family.custhelp.com](https://family.custhelp.com)  
Browse our Q&As for advice and encouragement.

### Focus on the Family Resource Lists

- [family.custhelp.com/app/answers/detail/a\\_id/26500](https://family.custhelp.com/app/answers/detail/a_id/26500)  
Find recommended resources and referrals listed by topic, including:

**Christian Growth for Adults** • RL022 •  
**Overcoming Sexual Brokenness** • RL050 •  
**Testimonies** • RL051 •

## Referrals

These websites deal with sensitive, difficult issues and may contain content for mature readers. Referrals to websites not produced by Focus on the Family are for informational purposes only and do not necessarily constitute an endorsement of all a site's content.

### Focus on the Family Counseling Line

If you or a loved one is struggling and need someone to talk to, [Focus on the Family offers a free phone counseling consultation with a licensed counselor](#). Call 1-855-771-HELP (4357), Monday through Friday, 6:00 AM to 8:00 PM (MT). Our staff may need to call you back, but they'd love to speak with you. You can also [search our directory for a licensed Christian counselor in your area](https://ccn.thedirectorywidget.com) [<https://ccn.thedirectorywidget.com>].

**Courage International, Inc.**

8 Leonard Street  
Norwalk, CT 06850  
203/803-1564  
[couragerc.net](http://couragerc.net)

- This apostolate of the Catholic Church ministers to those with same-sex attraction, and their loved ones.

**Desert Hope Ministries**

P.O. Box 461188  
Denver, CO 80246  
303/429-2100  
[deserthope.com](http://deserthope.com)

- This organization provides counseling, retreats, and resources for those struggling with homosexuality and for the parents of those who struggle.

**Desert Stream Ministries**

706 Main Street  
Grandview, MO 64030  
866/359-0500  
[desertstream.org](http://desertstream.org)

- This ministry offers Christ-centered help for those who struggle with sexual and relationship issues.

**Exodus Global Alliance**

P.O. Box 1412  
Troy, MI 48099  
416/907-4427  
[exodusglobalalliance.org](http://exodusglobalalliance.org)

- Exodus Global Alliance provides recommendations of ministries and other resources outside the United States.

**The Institute for Marital Healing**

101 West Elm Street, Suite 320  
Conshohocken, PA 19428  
610/397-0950  
[maritalhealing.com](http://maritalhealing.com)

- Dr. Richard Fitzgibbons has spent over 30 years helping people deal with marriage and family issues, forgiveness, homosexuality, and gender dysphoria/gender identity disorder.

**National Association for Research and Therapy of Homosexuality (NARTH)**

301 West 5400 South, Suite 203  
Murray, UT 84107  
888/364-4744  
[narth.com](http://narth.com)

- This organization specializes in identifying causes of and clinical treatment for behavioral patterns associated with homosexuality and gender dysphoria.

**Parakaleo**

[parakaleo.co.uk](http://parakaleo.co.uk)

- This Christian ministry in the United Kingdom reaches out to those with transgender/gender dysphoria issues.

**Parents and Friends of Ex-Gays and Gays (PFOX)**

P. O. Box 510  
Reedville, VA 22539  
804/453-4737  
[pfox.org](http://pfox.org)

- This group provides hope, support, and facts for those whose lives have been affected by homosexuality.

**Restored Hope Network**

P. O. Box 22281

Milwaukie, OR 97269

503/927-0869

[restoredhopenetwork.com](http://restoredhopenetwork.com)

- This coalition of ministries reaches out to those who struggle with sexual sin, particularly homosexuality.

**Sy Rogers Communications**

[syrogers.com](http://syrogers.com)

- Rogers tells his story of leaving homosexuality and transgenderism, speaks about redemption for broken sexuality, and offers help for pure living in our hyper-sexualized culture.