



Resource List: Comfort & Encouragement

The resources listed below align with Focus on the Family's philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, call us toll free at 1-800-A-FAMILY, or visit our online store at store.focusonthefamily.com. (The information is regularly updated, but there is still the possibility that an item originally available from Focus on the Family might now be unavailable.) You may also be interested in the content posted on our website at focusonthefamily.com.

Included

[Books](#)
[Broadcasts and DVDs](#)
[Resource Lists and Q&As](#)
[Referrals](#)

Books

90 Days of God's Goodness: Daily Reflections That Shine Light in Personal Darkness by Randy Alcorn (2011) • 9781601423443 •

Written especially to comfort and sustain those who are hurting, these uplifting and hope-filled devotionals offer the timeless encouragement of Scripture.

After the Boxes Are Unpacked: Moving on After Moving In by Susan Miller (2016) • 9781624056468 •

Written by a woman who's moved multiple times, this book offers practical advice for women who are facing a move. Miller addresses the physical and emotional aspects of moving, and she shares tips for helping your family adjust.

The Beauty of Broken by Elisa Morgan (2013) • 9780849964886 •

All families struggle, whether with substance abuse, teen pregnancy and abortion, divorce, homosexuality, infertility, death, or other issues. Morgan shares from her own brokenness to reveal how God can redeem our pain for His glory and our good.

Fear No Evil: A Test of Faith, a Courageous Church, and an Unfailing God by Brady Boyd (2013) • 9780310330042 •

Boyd recounts the events at New Life Church as a gunman killed two teens, wounded three adults, and took his own life. The same Lord who comforted and guided that community offers hope to *anyone* suffering and questioning His sovereignty.

Fearless: Imagine Your Life Without Fear by Max Lucado (2009) • 9780849946394 •

Fear can hold us captive and can influence our choices and perceptions about life, God, and other people. But Lucado shows how to replace fear with faith—so we can live with confidence and joy.

Finding Home: An Imperfect Path to Faith and Family by Jim Daly (2011) • 9781434768940 •

Be inspired by the life story of Jim Daly, president of Focus on the Family. See how God took a young man from a shattered family and transformed him into the leader of one of today's most recognized and effective family ministries.

Grace for the Moment by Max Lucado (2000) • 9780849956249 •

This year-long devotional features previously published meditations by Lucado. Each entry includes a Bible verse and a brief meditation, all designed to remind readers of their inestimable value to God.

He Still Moves Stones by Max Lucado (2009) • 9780849947483 •

Using familiar Bible stories and personal illustrations, Lucado encourages readers to work through the difficult topics of suffering, shame, bitterness, discouragement, and resentment.

The Healing Path: How the Hurts in Your Past Can Lead You to a More Abundant Life by Dan Allender, Ph.D. (2000)

• 9781578563913 •

None of us escapes struggle. But if we allow our pain to lead us closer to God, we can find healing and hope.

Heaven by Randy Alcorn (2004) • 9780842379427 •

Scripture tells us that God has “put eternity into man’s heart.” Sharing twenty-five years’ worth of extensive research, Alcorn answers questions about what heaven is *really* like.

Hope Again: When Life Hurts and Dreams Fade by Dr. Charles R. Swindoll (1997) • 9780849940880 •

Swindoll offers encouragement and hope to those who are struggling. He gives guidance for finding God’s purpose in suffering, for rebuilding life after failure, for allowing God to share in our grief, and for finding joy when life doesn’t seem fair.

If God Is Good ... Faith in the Midst of Suffering and Evil by Randy Alcorn (2009) • 9781601425799 •

Difficult times beg questions about God’s goodness and power. But with compelling true stories and biblical insights, Alcorn challenges the logic of disbelief and reveals who God is and what He’s doing in the world—so you can share the hope of Christ with those who are experiencing pain and fear.

Mended: Pieces of a Life Made Whole by Angie Smith (2012) • 9781433676604 •

Vulnerably sharing from her own difficulties, Smith offers the truth that God is magnified in our brokenness, and He longs for us to live in the joy of His redeeming love.

The Question That Never Goes Away by Philip Yancey (2013) • 9780310339823 •

Yancey explores questions of suffering and faith by considering the 2013 Newton, Connecticut, shooting; the 2011 tsunami in Japan, and the civil war in former Yugoslavia.

Ruthless: Knowing the God Who Fights for You by Bo Stern (2014) • 9781612916026 •

Stern delves into Scripture to explore God’s character—so you can be confident of Who fights your battles.

Silver Boxes by Florence Littauer (2009) • 9780785297321 •

Full of humorous anecdotes and touching insights, *Silver Boxes* will inspire you to reach out to others with the power of encouragement—to make them feel special, to mend their broken dreams, and to share the affirming message of the Gospel.

Stained Glass Hearts: Seeing Life From A Broken Perspective by Patsy Clairmont (2011) • 9780849948268 •

Sharing her personal story and reflecting on biblical women, Clairmont offers help and hope for those who are struggling. Discover how life’s broken pieces can become the prism through which God’s grace shines most brightly.

Stronger: Trading Brokenness for Unbreakable Strength by Jim Daly (2010) • 9781609812010 •

Focus on the Family’s president, Jim Daly, weaves together compelling true stories with biblical wisdom to show how God uses struggles to strengthen the faith of His followers. Whether you’re facing difficulty or know somebody who is, you’ll welcome this reminder of the unchangeable and unbreakable power of the King of kings.

Walking With God Through Pain and Suffering by Timothy Keller (2013) • 9780525952459 •

Keller explores the purpose inherent in hurts and sorrows—experiences of *every* person’s journey—and the need to reach out to the Lord for understanding.

When God Doesn’t Make Sense by Dr. James Dobson (2012) • 9781414371153 •

Encountering difficulties in life can challenge our faith in God—and when questions are left unanswered, we may feel that God has abandoned us. This book speaks to those who have been left confused and disillusioned by life’s problems.

When the Hurt Runs Deep: Healing and Hope for Life’s Desperate Moments by Kay Arthur (2010) • 9780307730602 •

Is there any purpose in our pain? Why would God allow it? With wisdom, empathy, truth, and hope, Arthur shares powerful principles to help you walk through the valley of suffering and grief.

Where Is God? by Dr. John Townsend (2012) • 9780849964619 •

Why does God allow us to experience difficulties—and how is He active during our hard times? Townsend observes that it’s our own inability to solve our problems that keeps us seeking God. Here he shares powerful stories and practical applications to assure us of God’s transforming presence in our daily lives.

You’ll Get Through This: Hope and Help for Your Turbulent Times by Max Lucado (2013) • 9780849948473 •

With tender wisdom, Lucado reflects on several biblical accounts when hope seemed lost. He reminds readers that God never loses sight of His children. Today, in the midst of your own sorrow and trouble, you, too, can rest in the truth of Christ’s love and care.

Broadcasts & DVDs

Allowing God to Use All Things for Good – I, II (Grove Norwood) • 9781624715136 •

Grove Norwood prayed that God would allow him to help someone else in a tangible way. He had no idea it would be his friend Ulice Parker after Ulice accidentally killed Grove's daughter in a tragic hit-and-run accident. In the midst of heartrending loss and pain, God showed up in an incredible way. Their story is a powerful reminder that each of us needs to forgive and be forgiven.

Battling Giants in Everyday Life – I, II (Malcolm Gladwell) • 9781624719486 •

Gladwell talks about obstacles and disadvantages in life and offers a new interpretation on what it means to experience apparent setbacks. Drawing from the biblical narrative of David and Goliath, he gives historic and modern examples about education, wealth, and forgiveness. And after having walked away from the faith for a season, he also transparently shares about his return.

Be Strong and Courageous – I, II (Dennis Swanberg) • 9781624716836 •

Swanberg sometimes wonders how his son, Dusty, who struggles with ADD, will get by in life. But he knows that God will always watch over Dusty, just as He watches over all of His children. Laugh and be encouraged as Swanberg reminds us to “be strong and courageous” in the Lord.

Choose You This Day – I, II (Anne Graham Lotz) • 9781624712104 •

Lotz draws upon the Bible to describe the eternal home God is preparing for believers in Jesus Christ—a place of incomparable wonders, profound joy, and everlasting peace.

Discovering God in the Midst of Pain and Suffering – I, II (Dr. Timothy Keller) • 978162471895 •

Why does God allow bad things to happen to good people? Through Scripture and personal observation, Keller sheds light on the difficult events in our lives that test our faith.

Encounters With Jesus (Priscilla Shirer) • 97816247112944 •

Shirer explains how Lazarus, Martha, and Mary were all changed by their encounter with Jesus—and how we can be similarly influenced by *our* experiences with an unchanging, loving God.

Finding God in the Midst of Pain – I, II (Kay Arthur) • 9781624711213 •

Arthur shares her journey through her first husband's suicide, a broken marriage, and several affairs—and how she finally cried out to God. Regardless of the painful and troubled pasts we may carry, we can accept God's forgiveness *and* forgive ourselves.

Finding God's Grace in the Midst of Tragedy – I, II (Charles and Janet Morris) • 9781624713248 •

The Morrises describe how raising their oldest son kept them constantly on their knees in prayer. But nothing they did could keep him from using drugs as a teen—and dying tragically from an overdose as a 22-year-old. They share how they grieved with their other son, and they encourage listeners to trust the Lord and stay in prayer for prodigal children.

Finding God's Light in Dark Times (Patsy Clairmont) • 9781624714191 •

In a message laced with humor and inspiration, Clairmont describes how God restored hope to her and a lifelong friend who was diagnosed with cancer.

Finding Hope After Your Dream Dies – I, II (Phil Vischer) • 9781624717567 •

The creator of *VeggieTales* discusses the painful lessons he learned from giving up his dreams, and the hope he found when God gave him a new vision for the future.

Finding Strength in the Struggles of Life (Jim and Jean Daly) • 9781624713156 •

If you're struggling with a difficult situation and wondering how God can possibly use it for good, don't miss this broadcast as Focus on the Family president, Jim Daly, and his wife offer biblically based encouragement in a discussion about Daly's book *Stronger: Trading Brokenness for Unbreakable Strength*.

Flying High (Gaye Martin) • 9781624717598 •

Martin was flying her private airplane when she realized she was completely lost. She likens that experience to flying off-course spiritually—when the best thing you can do is cry out to God and ask Him to guide you safely to your destination. Be encouraged as Martin shares the spiritual lessons she learned during humorous misadventures in her early days of flying.

The God Who Knows Our Sorrows (Dr. Adrian Rogers) • 9781624716966 •

Pastor Rogers illustrates how Jesus' humanity and the pain He endured on the cross enable Him to sympathize with our sufferings. Learn encouraging truths that will help you face the pain that inevitably comes to each of us.

Hope in the Midst of Suffering and Disappointment – I, II (Philip Yancey) • 9781624716447 •

Based on his book *Where Is God When It Hurts?* Yancey discusses three questions of interest to many Christians: Is God fair? Is He silent? Is He hidden?

Learning to Lay Down Your Fears – I, II (Angie Smith) • 9781624715792 •

Smith shares struggles she's faced since she was a small child—including questioning her purpose, God's plans, and if she's a "good enough" Christian—and how God is teaching her to trust Him and rest in His peace.

Lighten Up With Liz (Liz Curtis Higgs) • 9781624718069 •

Learn to laugh at yourself and look for the humor in everyday life as this self-proclaimed "professional encourager" recounts some of her side-splitting personal anecdotes.

More Than Meets the Eye (Joan Brock) • 9781624712791 •

Within a span of three weeks, Brock unexplainably went blind—and soon after, her husband died of cancer. She shares her journey through these struggles and describes how she has been comforted by the support of family, friends, and God.

Moving Beyond Fear and Worry – I, II (Max Lucado) • 9781624713491 •

Lucado talks about common fears and explains why fear is so prevalent in our society. He shares the encouraging truth that we are all significant to God—and through Him and the love of Christ, we can find courage to face our fears.

My Journey to Faith and Family – I, II (Jim Daly) • 9781624716850 •

Daly recounts his troubled childhood with humor and candor, describing how those difficult circumstances helped prepare him to reach out to today's families as president of Focus on the Family.

Replacing Panic With God's Peace (Patsy Clairmont) • 9781624711374 •

Clairmont suffered repeated panic attacks as a young bride, which eventually led to being housebound. But then she found fellowship and hope in Christ—and she encourages other women with the lessons she's learned.

Restoring the Broken Pieces of Our Lives – I, II (Elisa Morgan) • 9781624719264 •

Morgan shares stories of her own family's brokenness to illustrate how God wants to comfort us and how He can use our broken pieces to shine the light of redemption into the world.

Seeing God in the Wake of Loss – I, II (Steven Curtis and Mary Beth Chapman) • 9781624717437 •

In 2008, singer-songwriter Steven Curtis Chapman and his wife, Mary Beth, lost their five-year-old daughter, Maria, in a tragic accident. Together, they share their heartrending story and describe how God has sustained and comforted them in the wake of their loss.

Seeking God in Hard Times – I, II (Dr. John Townsend) • 9781624713699 •

Townsend offers encouragement from his book *Where Is God? Finding His Presence, Purpose and Power in Difficult Times*, and he explains why it's so important to seek help from a caring pastor, spiritual mentor, or professional counselor when going through hard times.

Traveling Through Life's Trials – I, II (Lisa Harper) • 9781624711002 •

With her signature humor, Harper describes how our perspectives can get distorted during difficult times. But God is present regardless of the circumstances—and we can hold onto His promises found in the Bible.

Unconditional Love: Lessons Learned from My Canine Friend (Kim Meeder and Laurie Sacher) • 9781624717710 •

Meeder and Sacher share how opening their hearts to wounded and abused animals has taught them love, obedience, and acceptance—and how these experiences have brought new meaning to their walk with Christ.

Where's God in the Midst of Suffering – I, II (Randy Alcorn) • 9781624711527 •

Everyone experiences suffering at some point, and many question why God would allow such hurt. Alcorn brings a biblical perspective by revealing the big picture of who God is and what His purposes are—for this world *and* for eternity.

Words of Kindness, Source of Healing (Florence Littauer) • 9781624715464 •

In a message based on Ephesians 4:29, Littauer shares stories illustrating how words of encouragement can be some of the most wonderful gifts you can ever give, and how they can literally change somebody's life!



Molder of Dreams (Focus on the Family) • 235000000448 • 94 min.

Guy Doud, shy and overweight as a child, grew up to be National Teacher of the Year. This master tale-weaver tells his life story with warmth and humor, delivering an affirming message about the significant influence we all have—and how the power of unconditional love can change lives.

Focus on the Family Resource Lists and Q&As

Resource Lists

- focusonthefamily.com/family-q-and-a/resources-and-referrals
Find recommended resources and referrals listed by topic, including:
 - **Christian Growth for Adults** • RL022 •
 - **Chronic or Terminal Illness** • RL059 •
 - **Grief and Loss** • RL045 •
 - **Grieving the Loss of a Child** • RL045B •
 - **Mental Health** • RL046 •
 - **Miscarriage & Pregnancy Loss** • RL053 •
 - **Special Needs & Disabilities** • RL007 •

Q&As

- focusonthefamily.com/family-q-and-a
Browse our Q&As for advice and encouragement.

Referrals

Focus on the Family Counseling Consultation Line

If you're struggling and need someone to talk to, [Focus on the Family offers a free phone counseling consultation with a licensed counselor](#). Call 1-855-771-HELP (4357), Monday through Friday, 6:00 AM to 8:00 PM (MT). Our staff may need to call you back, but they'd love to speak with you. You can also [search our directory for a licensed Christian counselor in your area](#) [<https://ccn.thedirectorywidget.com>].

Endurance with Jan and Dave Dravecky

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- Endurance ministers to suffering people—especially those who have experienced cancer, amputation, and depression—by offering resources for encouragement, comfort, and hope through a relationship with Jesus Christ.