Resource List:
**Chronic or Terminal Illness**

The resources listed below align with Focus on the Family's philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, call us toll free at 1-800-A-FAMILY, or visit our online store at store.focusonthefamily.com. (The information is regularly updated, but there is still the possibility that an item originally available from Focus on the Family might now be unavailable.) You may also be interested in the content posted on our website at focusonthefamily.com.

Included
- Books
- Broadcasts
- Q&As and Resource Lists
- Referrals

### Books

**And It Was Beautiful** by Kara Tippetts (2016) • 9780781413527
“Celebrating Life in the Midst of the Long Good-Bye”

**The Art of Caregiving: How to Lend Support and Encouragement to Those With Cancer** by Michael S. Barry (2007)
- 9780781413732
  - Cancer treatment can be a dark journey. Learn, with God’s help, to be the light of hope to those who suffer.

**Beautiful Battlefields** by Bo Stern (2013) • 9781612913193
Seeking to honor the Lord in the midst of her husband’s struggle with ALS, Stern shares how God meets us in our hard places.

**Behind the Scenes of Breast Cancer: A News Anchor Tells Her Story of Body and Soul Recovery** by Brenda Ladun (2007)
- 9781596690912
  - Ladun offers an up-close look at the physical and spiritual challenges of her journey, from diagnosis to recovery. The accompanying DVD spotlights restorative health care regimens and interviews with experts.

For those dealing with cancer, the coping process is both physical and spiritual. Strom offers encouragement and practical steps you and your doctors can take to plan your treatment.

Whether dealing with an elderly parent, a spouse with Alzheimer’s, or a child with disabilities, learn to stay healthy and take care of your spiritual and emotional needs.

**Caring for a Loved One With Cancer** by June Hunt (2011) • 9781433527074
Reflecting on her journey with cancer, Hunt offers practical ideas to help caregivers come alongside those battling a serious illness. Single-topic chapters explore communication, medications, nutrition, faith, and more.

**Coping With Chronic Illness** by H. Norman Wright and Lynn Ellis (2010) • 9780736927062
Those who suffer—or who care for those who struggle—with migraines, arthritis, fibromyalgia, or other “invisible” conditions often face great uncertainty and stress. Learn to manage your relationships with family and doctors; deal with stress, fear, and depression; and gain insight into God’s perspective on pain.

**Dear God, They Say It’s Cancer** by Janet Thompson (2006) • 9781582295756
No matter where you are in your breast cancer journey, you’ll find comfort and encouragement in the helpful insights shared here.
Facing Cancer Together: How to Help Your Friend or Loved One by Pamela Brown (1999) • 9780806638331

A cancer survivor, Brown suggests ways you can encourage a friend or loved one facing cancer.

Fight Back With Joy by Margaret Feinberg (2015) • 9781617950896

Feinberg shares her difficult journey through breast cancer and, more importantly, her journey to better understand the love, hope, and joy found in Christ—regardless of circumstances.

Finding the Light in Cancer’s Shadow by Lynn Eib (2006) • 9781414305721

Coping with cancer can often be more difficult after treatment than during it. With humor and straight talk, Eib takes on the tough questions and shows you how to move from the shadow of uncertainty to renewed purpose and joy.

The Hardest Peace: Expecting Grace in the Midst of Life’s Hard by Kara Tippetts (2014) • 9780781412155

Living with aggressive cancer, Tippetts gently shares the hope and truth of God’s love and the importance of asking Him to transform all of our heartache and pain for His glory and our good.

Just Show Up by Kara Tippetts (2015) • 9781434709530

“The Dance of Walking Through Suffering Together”

A Place of Healing: Wrestling With the Mysteries of Suffering, Pain, and God’s Sovereignty by Joni Eareckson Tada (2010) • 9780781411254

For more than forty years, Tada has been confined to a wheelchair as the result of a diving accident that left her a quadriplegic. Here she shares her ongoing struggle with physical pain and the mystery of suffering in light of a God who heals.

A Promise Kept: The Story of Unforgettable Love by Robertson McQuilkin (1998) • 9780842350990

This is the true story of a love the endured the ravages of Alzheimer’s. Caregivers will find encouragement to hold fast in the face of illness, and married couples will be inspired to keep the vows they made “in sickness and in health.”

Ruthless: Knowing the God Who Fights for You by Bo Stern (2014) • 9781612916026

Stern delves into Scripture to explore God’s character—so you can be confident of Who fights your battles.

Strength Renewed: Meditations for Your Journey Through Breast Cancer by Shirley Corder (2012) • 9780800720230

A registered nurse and breast cancer survivor, Corder combines encouraging personal stories with life-affirming biblical passages to help you process your diagnosis and find strength for the journey.

Stronger: Trading Brokenness for Unbreakable Strength by Jim Daly (2010) • 9781609812010

Focus on the Family’s president, Jim Daly, weaves together compelling true stories with biblical wisdom to show how God uses struggles to strengthen the faith of His followers. Whether you’re facing difficulty or know somebody who is, you’ll welcome this reminder of the unchangeable and unbreakable power of the King of kings.

Undone: A Story of Making Peace With an Unexpected Life by Michele Cushatt (2015) • 9780310339786

Cushatt describes her journey through a broken marriage, single parenting, remarriage, blending a family, cancer, and adopting three children—all to point to a sovereign Lord who offers peace to those who seek Him.

An Uninvited Guest: One Woman’s Journey From Cancer to Hope and Health by Jeana Floyd (2007) • 9780892216642

Floyd offers a gentle look at breast cancer based on her own experience.

When God and Cancer Meet: True Stories of Hope and Healing by Lynn Eib (2002) • 9780842370158

No matter what stage of the battle you’re facing, you’ll find hope in the stories of others who’ve lived through it, who understand your fears, and who have been touched by God.

When God Breaks Your Heart by Ed Underwood (2008) • 9781434767516

As Underwood struggled with an agonizing form of leukemia, he learned to trust the God who truly cares—and whose heart breaks with ours as He mourns with us in our pain.

When God Doesn’t Make Sense by Dr. James Dobson (1993) • 9781414371153

Encountering difficulties in life can challenge our faith in God—and when questions are left unanswered, we may feel that God has abandoned us. This book speaks to those who have been left confused and disillusioned by life’s problems.

When Someone You Love Has Alzheimer’s by Cecil Murphey (2004) • 9780834121324

When people we love suffer, we suffer, too. With these short devotionals, Murphey offers spiritual hope and help for caregivers, and encourages them to focus on God in the midst of the struggles.

When Your World Falls Apart by David Jeremiah (2005) • 9780849904363

Jeremiah offers comfort and hope from the Psalms, showing how God’s truths can guide you through life’s greatest challenges—and sharing how Scripture sustained him during his battle with cancer.
Your 100-Day Prayer: The Transforming Power of Actively Waiting on God by John Snyder (2011) • 9781400203406 •
What does persistent, humble prayer look like?

Adventures in Odyssey® #3: Heroes • 9781604827255 •
This album includes an episode titled “Karen,” which highlights God’s comfort and promises in times of trouble. Donna’s friend Karen is suffering from cancer, and Karen experiences difficult medical treatments and a leg amputation before dying.

Embracing God in the Midst of Hardship – I, II (Michele Cushatt) • 9781624719479 •
Cushatt shares of being diagnosed with cancer. She relates an earlier broken marriage, then re-marrying and blending a family. And just as she and her husband approached an empty nest, they adopted three children. She describes her struggle to deconstruct false beliefs about God, why He allows suffering, and how she’s learning to trust Him in the midst of fear.

Finding God’s Light in Dark Times (Patsy Clairmont) • 9781624714191 •
In a message laced with humor and inspiration, Clairmont describes how God restored hope to her and a lifelong friend who had been diagnosed with cancer.

Finding Strength in the Struggles of Life (Jim and Jean Daly) • 9781624713156 •
If you’re struggling with a difficult situation and wondering how God can possibly use it for good, be encouraged as Focus on the Family’s president, Jim Daly, and his wife offer biblically based hope in a discussion about Daly’s book Stronger.

Finding Strength for the Terminal Battle (Bo Stern) • 9781624718397 •
First aired in 2015, Stern candidly tells about her journey with her husband, who was diagnosed with ALS four years prior. The family has faced challenges and joys—and Stern points to the greater truth of Christ’s love and truth.

The God Who Knows Our Sorrows (Dr. Adrian Rogers) • 9781624716966 •
Rogers illustrates how Jesus’ humanity and the pain He endured on the cross enable Him to sympathize with our sufferings. Learn encouraging truths that will help you face the pain that inevitably comes to each of us.

Hope for Families Dealing With Childhood Cancer (Chris Woodruff, Kerry Zeka, Andy Dufresne) • 9781624716416 •
Childhood cancer is a term no parent wants to hear, but this program’s guests share their stories with a desire to offer encouragement and advice.

How Our Marriage Survived Cancer (Travis and Mary Swiers) • 9781624714955 •
Selfishness and lack of communication led the newly married Swiers to file for divorce. Shortly afterward, Mary discovered she had ovarian cancer. Here they share how this tough road of cancer actually saved their marriage.

Living Faithfully With Cancer – I, II (Jason and Kara Tippetts) • 9781624718014 •
At the age of 36, Kara was diagnosed with breast cancer, which metastasized throughout her body. The Tippetts share how they grapple with the “Why me?” question and how they’ve talked to their kids about cancer—and they explore the impact cancer has had on their marriage, with special emphasis on the need for strong community.

Love in the Midst of Alzheimer’s (Robertson McQuilkin) • 235000009779 •
When Alzheimer’s attacked Muriel McQuilkin, her husband was compelled to leave behind a prestigious career to care for her. It wasn’t easy, but Robertson had already made the decision in his heart years earlier when he vowed to love his bride in sickness and in health. Here, he shares the lessons he learned from his late wife about true love.

Navigating End-of-Life Decisions – I, II (Dr. Margaret Cottle, Jason Tippetts, Kara Tippetts) • 9781624718113 •
Cottle (a medical specialist who cares for the terminally ill) and the Tippetts share their hearts in dealing with Kara’s incurable cancer—how they’re handling grief, helping young children cope, and how to care for Kara in her remaining days. They offer compassionate and godly perspectives on how to live well when facing a terminal diagnosis.

Trusting God When He Breaks Your Heart – I, II (Pastor Ed Underwood) • 9781624711848 •
Sharing from Scripture and his own physical torment, Underwood offers hope to Christians struggling to navigate through crises of faith and illness—offering inspiration, and assuring them of God’s care.
Chronic or Terminal Illness

**The Value of a Life Worth Living** (Joni Eareckson Tada) • 9781624712685

Joni shares the story of Kim, a young woman who had Lou Gehrig’s disease and wrestled with end-of-life questions. Joni recounts her encouragement that Kim seek God’s wisdom so she might live her remaining days in a way that would count for eternity.

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**Focus on the Family Q&As and Resource Lists**

**Q&As**

- [focusonthefamily.com/family-q-and-a](http://focusonthefamily.com/family-q-and-a)
  
  Browse our Q&As for advice and encouragement.

**Resource Lists**

- [focusonthefamily.com/family-q-and-a/resources-and-referrals](http://focusonthefamily.com/family-q-and-a/resources-and-referrals)
  
  Find recommended resources and referrals listed by topic, including:

  - **Christian Growth for Adults** • RL022
  - **Comfort and Encouragement** • RL003
  - **Mental Health** • RL046
  - **Grief and Loss** • RL045
  - **Stress** • RL015

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**Focus on the Family Counseling Consultation Line**

If you need someone to talk to, Focus on the Family offers a free phone counseling consultation with a licensed counselor. Call 1-855-771-HELP (4357), Monday through Friday, 6:00 AM to 8:00 PM (MT). Our staff may need to call you back, but they’d love to speak with you. You can also search our directory for a licensed Christian counselor in your area [https://ccn.thedirectorywidget.com].

**American Cancer Society**

250 Williams Street Northwest
Atlanta, GA 30303
800/227-2345
cancer.org

- This organization offers a variety of resources on cancer detection, treatment, and prevention.

**Endurance with Jan and Dave Dravecky**

P.O. Box 631280
Littleton, CO 80163
800/295-5880
endurance.org

- Endurance ministers to suffering people—especially those who have experienced cancer, amputation, and depression—by offering resources for encouragement, comfort, and hope through a relationship with Jesus Christ.
This organization has information regarding cancer prevention, different types of cancer, treatment, and general information. They also carry resources to help parents explain cancer to children.

Referrals to secular organizations dealing with specialized areas of knowledge shouldn’t be read as an indication that their stances necessarily align with Focus on the Family’s perspective in all areas.