



Resource List: Christian Growth for Children & Teens

The resources listed below align with Focus on the Family's philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, call us toll free at 1-800-A-FAMILY, or visit our online store at store.focusonthefamily.com. (The information is regularly updated, but there is still the possibility that an item originally available from Focus on the Family might now be unavailable.) You may also be interested in the content posted on our website at focusonthefamily.com.

Included

[Bibles](#)
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Bibles

Adventures in Odyssey® Bible (NirV) by Focus on the Family (2017) • 9781589979284 • ages 8–12

Recurring features like Whit's Wisdom, Candid Conversations, Wooton's Fun Facts, Jason's Jargon, and What's It Mean, Eugene? will keep kids turning the pages, reading the biblical text, and growing in their understanding of God's Word.

God's Love for You Bible Storybook by Rich and Reneé Stearns (2013) • 9781400321872 •

The Stearns combine favorite Bible stories with current examples about how God's love is at work around the world.

The Jesus Storybook Bible: Every Story Whispers His Name by Sally Lloyd-Jones (2006) • 9780310708254 • ages 4–8

This Bible invites children to join in the greatest of adventures: to discover for themselves that Jesus is at the center of God's story of salvation—and He's at the center of *their* story too.

My First Message: A Devotional Bible for Kids by Eugene H. Peterson (2007) • 9781576834480 • ages 4-8

A unique devotional Bible designed to encourage parent-child interaction, *My First Message* introduces children to God's Word through the best-selling *The Message* Bible text, lively illustrations, and a format that considers a short attention span.

The Singing Bible (2007) • 9781589974630 • 4-CD set

The Singing Bible includes 50 original sing-along songs. It sets Scripture to music and includes memorable lyrics and tongue twisters, making understanding the Bible an exciting journey.

(Find more Bibles through our [online store](#).)

Books & Magazines

The 21 Toughest Questions Your Kids Will Ask About Christianity by Alex McFarland (2013) • 9781589976788 •

Find answers to some of the most thought-provoking questions kids have about Christianity, along with relationship-building tips, simple explanations of theological terms, and ideas for using various teaching styles to help children grow in faith.

Adventures in Odyssey® 90 Devotions for Kids (2012) • 9781589976825 • ages 6–10

Designed for families to read together, this devotional offers historical stories, modern biographies, Bible adventures, and key scenes from *Adventures in Odyssey®* radio dramas to help children learn about God's love and how to grow closer to Him.

Answering Your Kids' Toughest Questions by Elyse Fitzpatrick and Jessica Thompson (2014) • 9780764211874 •

Subtitled "Helping them understand loss, sin, tragedies, and other hard topics," this volume helps you navigate difficult conversations in age-appropriate ways.

Bedtime Blessings by John Trent, Ph.D. (2009) • 9781589975514 •

Trent offers 100 suggestions for bedtime activities, including stories, experiments, and puzzles—each concluded with a prayer of blessing.

Beyond Belief to Conviction by Josh McDowell and Bob Hostetler (2002) • 9780842374095 •

This comprehensive text presents rock-solid reasons to believe in the deity and incarnation of God, the Bible and its reliability, and the resurrection; and it provides the blueprint to live out those beliefs.

The Case for a Creator for Kids by Lee Strobel (2010) • 9780310719922 • ages 9–12

"Answers to questions about creation that even adults struggle to answer"—in a kid-friendly tone and format.

The Case for a Creator: Student Edition by Lee Strobel and Jane Vogel (2014) • 9780310745839 • ages 13–16

You know that God created the universe—but how do you convince your teachers and classmates? Find substantiated evidence from science that backs up your faith.

The Case for Faith: Student Edition by Lee Strobel and Jane Vogel (2014) • 9780310745426 • ages 13–17

Teens ask challenging questions about human suffering, life, and the "fairness" of God's judgment. This edition of Strobel's bestseller provides biblically solid answers in teen-friendly language.

The Case for the Real Jesus: Student Edition by Lee Strobel and Jane Vogel (2014) • 9780310745679 • ages 13–17

As a former journalist—and a former atheist—Lee found all the evidence he needed to believe that Jesus is indeed the risen Savior.

Faith Conversations for Families by Jim Burns (2011) • 9780764214196 •

With 52 topics, over 150 easy-to-use conversation outlines, and engaging activities, you can help nurture your child's faith—no matter their age or stage.

Fuel: 10-Minute Devotions to Ignite the Faith of Parents and Teens by Joe White (2003) • 9781589971219 •

Parents and teens can connect in just 10 minutes a day with fun, fast, memorable stories, discussion starters, and life applications. *Fuel* consists of five devotions per week for two years and a list of New Testament Scriptures to memorize.

God Gave Us Heaven by Lisa Tawn Bergren (2008) • 9781400074464 • ages 4–8

Based on biblical insight, this picture book takes children on a journey with Little Cub and Papa to help answer questions about heaven.

Growing Grateful Kids: Teaching Them to Appreciate an Extraordinary God in Ordinary Places by Susie Larson (2010)

• 9780802452825 •

Larson shows parents how to instill the virtues of thankfulness, gratefulness, and patience in your children. Using anecdotes and biblical applications, she teaches moms and dads the importance of emphasizing virtue over materialism.

Jesus Among Other Gods: Youth Edition by Ravi Zacharias and Kevin Johnson (2000) • 9780849942174 •

Have you ever heard somebody say that all religions lead to the same God? Or "It doesn't matter what you believe as long as you're sincere"? If you're not sure how you'd respond if you heard that from a friend, check out this book.

Kingdom Family Devotional by Dr. Tony Evans and Jonathan Evans (2017) • 9781589978553 •

Share God's power and presence with your family as you grow together. Explore 52 themes essential to spiritual growth, five days a week, for one life-changing year!

Kingdom Quest: Taking Faith and Character to the Next Level by Tony Evans (2015) • 978089 •

For use with the guidance of parents or mentors, these engaging and interactive books highlight the scriptural values of wisdom, integrity, faith, resiliency, purity, and service.

Strategy Guide for Ages 7–10 • 9781589978072 •

Strategy Guide for Ages 11–13 • 9781589978089 •

Strategy Guide for Ages 14 and Up • 9781589978096 •

One Sentence Storybooks: Bible Favorites by Nancy Sanders (2015) • 9781589977990 •

10 mini-books help beginning readers learn Bible stories while strengthening literacy skills.

The One Year Mother-Daughter Devo by Dannah Gresh (2010) • 9781414336787 • ages 8–12

This devotional is filled with Bible verses, stories, and fun applications that help moms and daughters process and apply what they're learning.

Parenting With Scripture by Kara Durbin (2012) • 9780802408495 •

An A–Z discussion and activity guide covering topics such as complaining, fairness, and listening helps you build a firm foundation of biblical principles for your children.

Parents' Guide to the Spiritual Growth of Children by Focus on the Family (2003) • 9781589971431 •

Create a customized plan for your child with fun, faith-filled activities for each stage of development—and how to take advantage of the “teachable moments” of everyday life.

Raising Kingdom Kids Devotional by Tony Evans (2015) • 9781624054099 •

Find daily inspiration for giving your child a living faith.

Spiritual Parenting: An Awakening for Today's Families by Dr. Michelle Anthony (2010) • 9781434764478 •

Create a home environment conducive to shaping the hearts and minds of children. Anthony offers numerous examples and biblical support to encourage parents to rely on God for guidance in their role.

Sticky Faith: Everyday Ideas to Build Lasting Faith in Your Kids by Kara Powell and Chap Clark (2011) • 9780310329329 •

Encourage your children's spiritual growth and empower them to develop a living, lasting faith that sticks with them into adulthood.

The Sticky Faith Guide for Your Family by Kara Powell (2014) • 9780310338970 •

Powell offers 100+ research-based, field-tested ideas to help you create a solid foundation of faith for your children and teens.

Teaching Kids About God by Dr. John Trent, Rick Osborne, and Kurt Bruner (2003) • 9780842376792 •

This book helps parents understand the developmental stages of their children and provides a practical, age-specific framework for spiritual training from birth through age 12.

Teen People of the Bible: Celebrity Profiles of Real Faith and Tragic Failure by Daniel Darling (2007) • 9781596694446 •

A 100-day devotional with stories of real-life teens of the Bible helps your teen apply scriptural principles to daily life.



Brio magazine (Focus on the Family) • BRMPKST10DM • ages 13–17

This magazine for teen girls offers faith-based articles, music and entertainment features, and DIY tips. A subscription includes 10 issues per year. New subscriptions start May 2017.

Broadcasts

Being Deliberate With Your Faith (Phil and Heather Joel) • 9781624716102 •

The Joels explain how they've become more intentional about investing in their children—even at the expense of successful careers—and they encourage parents to be deliberate in sharing their faith with their children.

Building a Foundation of Faith for Your Family – I, II (Dr. Kara Powell) • 9781624719028 •

Children look to parents as models for spiritual matters. Powell explores subjects such as doubt and forgiveness, weaving practical tips with proven research to help parents launch kids into a lifelong faith journey.

Encouraging Your Child's Spiritual Growth (Dr. Michelle Anthony) • 9781624717529 •

A spiritual parenting style helps develop a child's faith and character instead of simply correcting outward behavior. Learn to have an eternal perspective, seek the Lord's help, and be in community with other parents.

Growing Closer Through Family Devotions (Jonathan and Kanika Evans) • 2350000010331 •

Jonathan, a former NFL fullback and son of Tony Evans, and his wife, Kanika, encourage you with the truth that shared family devotions and spiritual training don't have to be complicated.

Helping Kids Hide God's Word in Their Hearts (Gary Smalley) • 9781683320203 •

Smalley addresses four main spiritual problems that can weigh down parents and children: pride, greed, personal pleasure, and ungratefulness. But by focusing on what God says about these areas, we can help our kids center their hearts on God.

Helping Kids Make Good Life Choices – I, II (Dr. Tim and Mrs. Darcy Kimmel) • 9781624717048 •

The Kimmels discuss parenting with eternity in mind. They remind parents to emphasize true greatness—not through accomplishments, but by building solid relationships, developing godly character, and cultivating faith in the Lord.

Helping Kids Retain Their Faith – I, II (Dr. Kara Powell and Dr. Chap Clark) • 9781624711480 •

Learn how to encourage your children, model your own faith, and help your kids know how to rely on God's truth—even when they're on their own.

Helping Your Kids Express Their Faith (Tracey Garrell) • 9781624719547 •

Garrell shares how she encourages her children to weave faith into everyday life, such as putting Scripture notes in her sons' lunch boxes, which they share with friends at school.

Helping Your Kids Grab Hold of Their Faith – I, II (Lee Strobel, Alison Strobel Morrow) • 9781624713484 •

Father and daughter authors offer advice on imparting a biblical worldview to children and helping them become confident in their faith so they can withstand opposition.

Heroes: Teaching Kids Character and Integrity – (Congressman Jim Ryun, Mr. Drew Ryun, Mr. Ned Ryun) • 9781624711510 •

The Ryuns talk about how to teach biblical character to your children. Heroism isn't always epic; it can be found in even the smallest everyday choices.

Leaving a Legacy of Faith – I, II (Dan Seaborn) • 9781624714146 •

With humor and passion, Seaborn emphasizes the importance of parents communicating faith to their children, and he shares how to create an inheritance with eternal value.

Making the Most of Teachable Moments (Kara Durbin) • 9781624715662 •

Durbin shares from personal experiences how to use Scripture in everyday teachable moments to help children grow in Christ.

Navigating Life's Toughest Questions With Your Kids (Elyse Fitzpatrick, Jessica Thompson) • 9781624719691 •

Elyse, a biblical counselor, and her daughter, Jessica, offer age-appropriate responses to the difficult questions children often ask. Their responses are based on the grid of Creation, the Fall, and Redemption.

Raising Kids With a Thriving Faith (Dr. Scottie May, Phil Vischer) • 9781624718540 •

Phil and his mother, Scottie, share the importance of parents taking a proactive role in the spiritual training of children by living out their faith and allowing children to see how parents handle mistakes.

Raising Kids With Christ-Like Conviction – I, II (Drs. Paul and Virginia Friesen) • 9781624713002 •

The Friesens offer practical advice about raising kids who are committed to following Jesus. We can show our children the joy of living for God when we make faith issues a priority without trying to be perfect or live only by rules.

Relationship: The Key to Teaching Truth to Your Children – I, II (Josh McDowell, Sean McDowell) • 9781624713408 •

Father and son guests explain why the relationship between parents and children is critical in determining whether children will keep or abandon their Christian faith when they become young adults.

Tackling the Tough Questions Kids Have About Christianity – I, II (Alex McFarland) • 9781624714993 •

McFarland addresses the tough questions kids have about Christianity and shares how parents can walk alongside them in the journey of faith. Several children also join the discussion to ask questions on topics such as why God allows evil and suffering and why Jesus is the only way to heaven.

Talking As a Family About Topics of Faith (Dr. Jim Burns) • 9781624715075 •

Burns wants to help parents transfer their faith in Jesus Christ to the next generation through fun activities that engage the hearts and minds of children. Learn to be intentional about having faith conversations at every opportunity.

Teaching Kids About Christmas (Phil Vischer) • 9781624715419 •

Sharing the history of Christmas and how it's become a mix of both secular and religious traditions, Vischer offers parents a biblical approach to celebrating the holiday.

Teaching Kids About Easter (Phil Vischer) • 9781624710995 •

Vischer recommends that families celebrate the entire Holy Week of Easter to help children grasp the significance of the holiday by better understanding the forgiveness of sin and Christ's resurrection.

Teaching Kids to Be Grateful – I, II (Susie Larson) • 9781624718274 •

Larson shares practical ways to help children learn gratitude, like starting a gratitude journal, being honest about struggles, and praying for those less fortunate.

Teaching Your Kids About Forgiveness (Jim Daly, Dr. Juli Slattery, John Fuller) • 9781624710971 •

You tell your child to say “I’m sorry” when they hurt someone, but is that enough? It’s okay to start with those basics for little ones. But training your teens to put themselves in someone else’s shoes and feel remorse means going deeper—helping them understand the roots of forgiveness in their relationship with Christ.

DVDs

Essentials of Parenting: Raising Kids With a Faith That Lasts by Dr. Greg Smalley (2011) • 9781589976047 •

Hosted by Greg Smalley, this DVD features top parenting mentors Larry Fowler, Reverend Mark Holmen, and Dr. Tim Kimmel. Six lessons cover topics of introducing your child to faith, creating a faith plan for your family, assessing the spiritual needs of your children, and more.

Sticky Faith Parent Curriculum by Dr. Kara Powell (2011) • 9780310683759 •

Powell offers strategies and practical ideas through five sessions: Sticky Faith Essentials, A Sticky Identity, Family Conversations about Faith That Sticks, Your Sticky Faith Team, and The Ups and Downs of the Sticky Faith Journey.

Sticky Faith Teen Curriculum by Dr. Kara Powell and Brad Griffin (2012) • 9780310889267 •

With 10 lessons and a leader’s guide, this curriculum helps high school juniors and seniors develop a personal faith that can survive the challenges of college and the workforce.

TrueU Set 1: Does God Exist? by Focus on the Family (2009) • 9781589973398 •

Dr. Stephen Meyer discusses opposing worldviews and provides tools teens need as they prepare to enter college—and a culture that can be hostile to the Christian faith.

TrueU Set 2: Is the Bible Reliable? by Focus on the Family (2011) • 9781589975699 •

For centuries, intellectuals and critics have questioned inconsistencies in the Bible. Dr. Meyer examines ancient texts and archeological evidence to build a case for the accuracy and trustworthiness of Scripture.

TrueU Set 3: Who Is Jesus? Building a Comprehensive Case by Focus on the Family (2012) • 9781589977235 •

Dr. Del Tackett and guest experts explore Jesus’ ancestry and prophetic mission; His words, works, and character; His death and resurrection; whether Jesus is the only way to God; and more.

**Focus on the Family
Websites, Q&As, and Resource Lists**

Parenting—Spiritual Growth for Kids

- focusonthefamily.com/parenting/spiritual_growth_for_kids

Q&As

- focusonthefamily.com/family-q-and-a
Browse our Q&As for advice and encouragement.

Resource Lists

- focusonthefamily.com/family-q-and-a/resources-and-referrals
Find recommended resources and referrals listed by topic, including:

- **Material for Children and Tweens** • RL005 •
- **Christian Growth for Adults** • RL022 •
- **Teens (for them)** • RL019 •
- **Youth Workers and Parents of Teens** • RL066 •

Referrals

Cru (formerly Campus Crusade for Christ)

100 Lake Hart Drive
Orlando, FL 32832
888/278-7233

cci.org

- This ministry works to win students to Christ on high school and college campuses.

Cru High School (formerly Student Venture)

100 Lake Heart Drive, 3200
Orlando, FL 32832
800/699-4678

studentventure.com

- This high school outreach of Cru trains teens in discipleship, evangelism, and leadership.

Fellowship of Christian Athletes

8701 Leeds Road
Kansas City, MO 64129
800/289-0909

fca.org

- FCA presents Jesus Christ to athletes and coaches, seeking to influence young people through sports.

InterVarsity Christian Fellowship

P.O. Box 7895
Madison, WI 53707
608/274-9001

intervarsity.org

- This evangelical campus ministry serves students and faculty on many college and university campuses nationwide.

Royal Servants International

Reign Ministries, Inc.
763/535-9555

royalservants.org

- This organization focuses on evangelizing in foreign countries and discipling teens in the U.S. and Canada.