Resource List: Adoption & Foster Care

The resources listed here align with Focus on the Family’s philosophy and mission. Call us at 1-800-A-FAMILY, or visit our online store at store.focusonthefamily.com. (Information is regularly updated, but it’s still possible that an item originally available from Focus on the Family is now unavailable.) You might also be interested in content posted on our website at focusonthefamily.com.

Included
Books
Broadcasts & Other Audio
DVDs & Booklets
Websites, Q&As, and Resource Lists
Referrals

Books

Before You Were Mine: Discovering Your Adopted Child’s Lifestory by Susan Tebos and Carissa Woodwyk (2011) • 9780310331032
Documenting your adopted child’s past can bring you closer together as a family. Weave a biblical foundation into the center of your child’s story.

Castaway Kid: One Man’s Search for Hope and Home by Rob Mitchell (2007) • 9781589974340
As an orphan, Mitchell didn’t have friends, just “co-survivors.” He became a Christian as a teenager and finally found himself at home in his relationship with God.

Chosen for Greatness by Paul Batura (2016) • 9781621575856
“How Adoption Changes the World”

The Connected Child: Bring Hope and Healing to Your Adoptive Family by Dr. Karyn Purvis, Dr. David Cross, and Wendy Sunshine (2007) • 9780071475006
“For parents who have welcomed children: from other countries and cultures, from troubled backgrounds, with special behavioral or emotional needs”

Dorie: The Girl Nobody Loved by Doris Van Stone (1981) • 9780802422750
“Dorie was rejected by her mother, was sent to live in an orphanage where she was regularly beaten by the orphanage director, was beaten time and again by cruel foster parents ...” But as she accepted God’s love, life began to change.

Faith to Foster by TJ and Jenn Menn (2016) • 9780991247806
The Menns share their journey of foster care—the joys and challenges. They encourage readers to consider how God might be calling them to come alongside hurting children.

Farmer Herman and the Flooding Barn by Jason Weber (2016) • 9781424553181
This children’s book brings hope to those waiting for a forever family. It’s based on the true story of “344 people working together to solve a big, big, big problem.”

Handbook on Thriving As an Adoptive Family by Focus on the Family (2008) • 9781589973381
Gain insight into vital issues such as attachment and bonding, sibling and extended family relationships, past abuse, nurture and discipline, and how to develop a support network.
Orphanology: Awakening to Gospel-Centered Adoption and Orphan Care by Tony Merida and Rick Morton (2011) • 9781596693029 •
Along with sharing their families’ adoption stories, Merida and Morton offer steps for adopting, assisting orphans in transition, engaging in foster care, partnering with faith-based fostering agencies, and becoming orphan hosts.

Small Town, Big Miracle by Bishop W.C. Martin (2007) • 9781589974432 •
“God challenged the members of Bennett Chapel to adopt seventy-two of the toughest kids in the foster care system. [The community was] determined to give the kids something they had never experienced—the power of redemptive love.”

Undone: A Story of Making Peace With an Unexpected Life by Michele Cushatt (2015) • 9780310339786 •
Cushatt describes her journey through a broken marriage, single parenting, remarriage, blending a family, cancer, and adopting three children—all to point to a sovereign Lord who offers peace to those who seek Him.

Upside Down by Shannon Guerra (2017) • 9781512759624 •
“Understanding and Supporting Attachment in Adoptive Families”

Wait No More: One Family’s Amazing Adoption Journey by John and Kelly Rosati (2011) • 9781589976535 •
The Rosatis’ journey to adopt four children from foster care demonstrates God’s faithfulness in growing a family from the pain of child abuse, neglect, and abandonment. They share how their beliefs enriched and transformed their family’s life.

When Invisible Children Sing by Dr. Chi Huang (2011) • 9781414353111 •
“A True Story of Five Street Children, an Idealistic Young Doctor, and Their Dangerous Hope”

Adoption: Families Stepping Out in Faith (various) • 9781624715204 •
Hear answers to some of the questions and fears about adoption. Be encouraged to consider how you can care for children in foster care—either by adopting or by supporting others who do.

Adoption: Making a Difference in the Life of a Child (Mike and Kristin Berry) • 9781624719752 •
The Berry’s share their story of adopting eight children. They talk about the joys and challenges of raising their children, how to begin the process, and the importance of community to surround and support adoptive families.

Adopting in the Empty Nest Years (Terrie Morrow) • 2350000011352 •
Morrow shares her battle to adopt a young girl named Abbey out of foster care and a system that failed her. She also describes the challenges she and her husband faced by adopting later in life. But God is faithful.

Adopting Through Foster Care (Gail Wahl, Amanda Olivero) • 9781624715334 •
As a former Court Appointed Special Advocate, Gail witnessed the difficulties children often face in foster care, and she was drawn to Amanda, who simply wanted a forever family. Gail and her husband began to foster Amanda—and here she and Amanda tell their story leading up to the Wahls adopting Amanda just 12 days before she aged out of the system.

Adventures in Odyssey® #47: Into the Light • 9781589974463 •
In “The Chosen One,” Kelly faces an absent father, an abusive mother with several boyfriends, and schools that have kicked her out. And the Washingtons have a difficult choice to make when Whit suggests that they might be suited to mentor Kelly.

Bringing New Hope to Kids Through Adoption (John and Kelly Rosati) • 9781624714429 •
The Rosatis openly share the joys and struggles of adopting four children. They encourage you to ask God how you can get involved in rescuing children—whether it’s by personally caring for a child or by supporting other families who do.

Changing the World Through Adoption (Paul Batura) • 2350000010508 •
Batura describes how adopting three sons has changed his life for the better. He also highlights some of the amazing people in history who were successful because of their adoption—not in spite of it.
The Chapmans: A Heart for Orphans (Steven Curtis and Mary Beth Chapman) • 9781624715389 •
The Chapmans encourage others to support orphan-care ministries, and they share their journey of adopting three daughters from China. Be inspired to help families who choose adoption.

Connecting With Your Child (Dr. Karyn Purvis) • 235000008567 •
Purvis offers advice on how parent-child attachments are designed to work, what happens when that connection is broken, and how to give children a voice for their thoughts and feelings.

Dorie: The Girl Nobody Loved (Dorie Van Stone) • 9781624719110 •
Van Stone shares her testimony of being a neglected and abused orphan—an outwardly mean child overlooked by adoptive families. But she clung to the promise of God’s love and eventually served with her husband as missionaries in New Guinea.

The Drop Box: Saving Babies, Changing Lives (Brian Ivie, Kelly Rosati) • 9781624718434 •
Ivie shares about his conversion as a result of filming The Drop Box, which documents a South Korean pastor’s efforts to rescue hundreds of abandoned babies.

Embracing God in the Midst of Hardship (Michele Cushatt) • 9781624719479 •
Cushatt shares of being diagnosed with tongue cancer. She relates an earlier broken marriage, then re-marrying and blending a family. And as she and her husband were approaching an empty nest, they adopted three children. She describes her struggle to deconstruct false beliefs about God, why He allows suffering, and how she’s learning to trust Him in the midst of fear.

Finding Families for Abandoned Children (Robert Glover, Dr. Sharen Ford) • 235000009618 •
Glover discusses efforts inside China to place orphans in foster care homes. He and Ford encourage all Christians to follow God’s lead and consider how they can come alongside adoptive and foster-care families.

Finding Respite for Families in Adoption and Foster Care (panel) • 235000009960 •
The journey for foster and adoptive parents is mentally and physically exhausting. Learn how you can provide refreshment to families who’ve invested so much in caring for children in need.

Foster Parenting: Providing Homes for Waiting Kids (Dan and Joy Loney) • 9781624714504 •
After raising five biological children, the Lneys began to foster children, eventually adopting four. Here they share about some of the difficulties they encountered—but also the great joy these children have brought to their family.

Giving Hope to a Child in Foster Care (Bishop Aaron and Mrs. Mary Blake, Wayne Tesch) • 9781624716386 •
Guests share their concerns for children in foster care. They found the courage to help just one child, and God opened the door to serve children around the world.

Healing Childhood Traumas (Stephanie Fast) • 9781624718632 •
Fast describes the horrors of her life as a mixed-race orphan in Korea after the Korean War—and about her rescue by a World Vision worker. She relates her adoption by missionaries, her salvation at age 15, and her emotional and spiritual healing, including her struggle with anger and hatred. Be encouraged to not rush God’s purpose during the healing process.

Helping Adoptive Families Thrive (Dr. Debi Grebenik) • 9781624713415 •
Parents adopt with high hopes, but the unique challenges they face can often be surprising and discouraging. Grebenik shares from her experience as a counselor to adoptive families and offers suggestions for successful and satisfying parenting.

Helping Hurting Kids Through Foster Care (TJ and Jenn Menn) • 235000010744 •
The Menns discuss the joys and challenges of caring for 24 children over a 10-year period. They describe shaping young lives, bringing healing, and being a witness of God’s love to these children.

Impacting the Culture by Walking With Jesus (Lisa Harper) • 235000009687 •
Harper discusses some of the difficult life challenges she’s experienced—including the joy of adopting her daughter from Haiti—and how she’s learned to depend on God, accept His love, and live out her faith.

Loving Kids in Foster Care (Jimmy Wayne) • 9781683320449 •
Singer-songwriter Wayne discusses his passion for helping kids in the foster care system. Consider how you can make a difference.

Making Room in Your Life for a Child in Need (John and Tricia Goyer, Dr. Sharen Ford) • 9781683320449 •
Guests discuss the plight of children in America’s foster care system and encourage listeners to consider how they might help.
Antonio was a young boy in a harsh children’s prison in Mexico and had been falsely accused and sentenced to life for murder. He was found innocent but was then sold into slavery. Two-and-a-half years later he was found, and Carolyn adopted him. She shares about the difficult journey and realizing the depth of God’s love and care.

Mully shares his testimony of growing up as an orphan in Kenya, becoming a wealthy businessman, and rescuing children living on the streets. Since 1989, Mully Children’s Family has provided housing, clothing, food, medicine, and spiritual training to thousands of former orphans.

The Ficheras describe how they’ve helped their three adopted daughters develop a strong foundation of faith and heart for ministry outreach.

Warren shares how God got her attention concerning the plight of orphans worldwide. She challenges believers and churches to make the invisible God visible in the lives of those who may never know His love unless we make Him known.

Ford is a 30-year veteran of Colorado’s Department of Human Services (as of 2015) and is Focus on the Family’s Adoption Consultant. She explains the plight of children in the foster-care system, and she encourages Christians to help—whether by praying, providing respite care, or finding other ways to come alongside foster families.

Wahl shares her heart for kids in the foster care system and encourages us to ask God how we might become involved in meeting the needs of vulnerable children.

Bonding can be a challenge—and it often takes more than love to overcome the struggles. Guerra offers insight from her family’s experience and suggests ways we all can support adoptive families.

Batura talks about adopted individuals highlighted in his book Chosen for Greatness who made a difference in history: Babe Ruth, Art Linkletter, Nelson Mandela, and Jesus Christ.

Listener’s share their personal stories of adoption—as birthparents, adopted children, or adoptive parents. Jill Savage also shares how her biological children adjusted to their brother who was adopted from Russia.

This documentary highlights a South Korean pastor’s efforts to protect abandoned children. It’s a story about the forgotten, the disabled, the discarded—and the man who gives everything to protect them.
Adoption

Mully (2017) • 2350000001025 •
“Changing the World One Child at a Time”

A Servant’s Heart: Supporting Adoptive Families in Your Community (2015) • 2350000000387 •
Learn to care for adoptive and foster families in your community. The DVD includes discussion questions, video content about real-life experiences, and practical ideas for implementing a four-week service project to come alongside adoptive families.

Adoption and Orphan Care Resource Kit
This guide can help you make a difference in the life of a waiting child.

Attachment in Adoption
Emotional, psychological, behavioral, or learning difficulties in children who were adopted or in foster care are nearly always related to issues of attachment—especially when there’s been neglect or abuse.

Hope & Healing for Sensory Deprivation
Understand how to parent children with a history of trauma.

Hope & Healing Through Animal-Assisted Therapy
Use children’s love of animals to help them overcome a history of trauma.

Love and Loss in Foster Care
Learn to navigate the fear, heartache, and joy inherent to the uncertain journey of foster care and adoption.

Preparing for a Transracial Adoption
Keep in mind special considerations when adopting a child of another race.

Foster & Adoptive Families Need Your L.O.V.E.
There are many ways to minister God’s love to children in foster care—and to the families who welcome them home.

Your Guide to Adoption
Are you considering adopting from foster care but aren’t sure where to start? This booklet guides families thinking about foster care adoption.

Focus on the Family
Websites, Q&As, and Resource Lists

Wait No More®
• waitnomore.org
Our outreach offers information about starting the adoption and foster care process, resource recommendations, and post-placement support.

• waitnomore.org/state-requirements
Find information about adopting from foster care in all 50 states.

Parenting: Adoptive Families
• focusonthefamily.com/parenting/adoptive_families
Browse resources and articles for parents who have adopted or are considering adoption.

Q&As
• focusonthefamily.com/family-q-and-a
Browse our Q&As for advice and encouragement.

Resource Lists
• focusonthefamily.com/family-q-and-a/resources-and-referrals
Find recommended resources and referrals listed by topic, including the following:

Fostering or Adopting Children From Difficult Backgrounds • RL012B •
Focus on the Family Counseling Consultation Line
Focus on the Family offers a free phone counseling consultation with a licensed counselor. They’re here to listen and pray with you, as well as provide initial guidance and resources to help you and your family. Call 1-855-771-HELP (4357), Monday through Friday, 6:00 AM to 8:00 PM (MT). Our staff may need to call you back, but they’d love to speak with you.

Focus on the Family’s Christian Counselor Network
Search for licensed Christian counselors in your area: FocusOnTheFamily.com/FindACounselor

Focus on the Family’s Wait No More®
8605 Explorer Drive
Colorado Springs, CO 80920
waitnomore.org
• Find information about the adoption and foster care process, resource recommendations, and post-placement support.

Abba Fund
P.O. Box 868049
Plano, TX 75086
888/775-3422
abbafund.org
• This ministry provides adoption assistance for Christian families.

Bethany Christian Services
800/238-4269
bethany.org
• This nonprofit cares for children around the globe and offers family support, adoption efforts, pregnancy counseling, and more.

Care Portal
3161 Wyandotte Street
Kansas City, MO 64111
816/536-8333
careportal.org
• “Connecting Churches to Local Children and Families in Crisis”

Chinese Children Adoption International
6920 South Holly Circle
Centennial, CO 80112
303/850-9998
ccaifamily.org
• CCAI supports orphan care in China and provides international and domestic adoption services and resources.

Christian Alliance for Orphans
6723 Whittier Avenue, Suite 202
Mclean, VA 22101
christianalliancefororphans.org
• The website includes referrals for member churches as well as agencies and ministries involved in adoption, foster care, global orphan care, and advocacy.

Holt International Children’s Services
250 Country Club Road
Eugene, OR 97401
888/355-4658
holtinternational.org
• This Christian organization specializes in international adoption and provides post-placements services.
Lifesong for Orphans
P.O. Box 40
Gridley, IL 61744
309/747-4527
lifesongfororphans.org

- Lifesong mobilizes the Church to care for orphans, and they help families with the financial implications of adoption.

Loving Shepherd Ministries
P.O. Box 375
Bluffton, IN 46714
260/824-9000
loving-shepherd.org/working-with-adoption

- This organization offers no-cost assistance to families considering domestic and international adoption.

National Council for Adoption
225 North Washington Street
Alexandria, VA 22314
703/299-6633
adoptioncouncil.org

- This adoption advocacy nonprofit promotes a culture of adoption through education, research, and legislative action. They maintain a member list of agencies across the United States.

Show Hope
P.O. Box 647
Franklin, TN 37065
615/550-5600
showhope.org

- Show Hope cares for orphans and helps families navigate the financial challenges of adoption.

Please note that Focus on the Family doesn’t necessarily endorse all of the outside organizations you might find through the links above; they’re listed for informational purposes only. If you have any questions or concerns about a particular organization, we encourage you to contact them directly.