



I Don't Want a Divorce

Top 10 Areas in a Man's Life that Holds Real Interest for a Woman:

- 1. Events: Talk to her about events that occur in your day-to-day life. These could include work meetings; conversations with coworkers, friends, neighbors, or family, seminars, sporting events and so on.
- 2. Strong emotions: Be prepared to share the emotions you experienced during the day—anger, frustration, joy, relief, hurt, fear, disappointment, peace.
- 3. Current stresses. When you vent your stress to your wife it makes her feel closer to you.
- 4. Personal and relationship memories. Your memories, both positive and negative, are a gold mine for emotional intimacy. Many deep, satisfying, conversations are about the past. Record your memories and share them.
- 5. Decisions: Tell her what you're thinking of doing in various aspects of your life and get her feedback.
- 6. Your relationship with God: Your relationship with the Lord is the most important and personal part of you. Let her in. Tell her what's going on in your spiritual life, what God is teaching you, spiritual struggles, and your questions and doubts.
- 7. Your church experience: How did the worship affect you? How did the sermon influence you? How did serving God at church change you?
- 8. What you read and watch: Everything you read and everything you watch can lead to a great conversation with your wife. Record your insights and reactions, and tell her.
- 9. Positive thoughts about her: Dwell on her personality, especially her character traits like patience, love, sense of humor, kindness, work ethic, honesty or spirituality, your wife will love hearing what you think about her.
- 10. Evaluations of your relationship: Your wife spends a lot of time thinking about your relationship. So when you evaluate your relationship and share how you think it's going, your thoughts will resonate with her.

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