

## Are You a Strong-Willed Wife?

*As you read the following statements, mark those that reflect how you think or act most of the time. If you show that particular trait sometimes but rarely, then skip over it. But if you show the identified trait more days than not (more than 50 percent of the time), then mark it.*

1. I like to be the person in charge.
2. I am passionate and enthusiastic about the things I believe strongly in.
3. I am often directive in my interactions with my husband (for instance, I tell my husband what to say when he's on the phone, give him directions when driving, and so on).
4. I am persistent and persuasive in presenting my ideas.
5. I believe my way is the best or most efficient and expect others to agree.
6. I am not afraid to venture into the unknown. I see it as a challenge to try something new.
7. I have trouble trusting that my husband will do what I ask him to do.
8. When someone asks my husband a question, I jump in and answer for him.
9. I feel exhausted because I seem to be doing everything myself.
10. I often redo things my husband has done around the house.
11. I am quick to give my husband advice or suggestions about how I would do something, even if unsolicited.
12. I have strong opinions and convictions and like to share them.
13. I am a problem solver and am energized when working on problems others have been unable to solve.
14. I have a strong desire to make a difference in my world.
15. I am outgoing and enjoy standing out in a crowd.
16. I am willing to step out on a limb for something I believe in, even if it means conflict with those I love.
17. I resist being told what to do and will often do the opposite just because I can.
18. I become impatient with those around me when they don't think, move, or respond as fast as I do.
19. I have difficulty looking at my own mistakes but can be quick to point out the mistakes of others.
20. I am always looking for new challenges and adventures to help keep boredom at bay.
21. I am independent and like making my own decisions.
22. I am difficult to discourage and believe "nothing is impossible."
23. Speaking words such as "I'm sorry" or "I was wrong" feel like they will choke me.
24. I question my husband's decisions and require explanations for them.
25. I can't seem to back down in an argument even when I know I should.
26. I hate to be ignored, especially when I have something to say.
27. I engage in "verbal overkill" (otherwise known as nagging\_ and believe eventually others will see things my way.
28. "Obey" is a dirty four-letter word in my vocabulary.
29. I believe I shouldn't have to repeat myself.
30. I believe there is no such thing as "none of my business."
31. I dream big and believe I can do it all.
32. I hate to have to wait for anything and look for a way to move things along.
33. I'm more likely to explain than to admit if I'm wrong.

34. Where there is chaos and things don't seem to be organized, I am quick to see how things could work better and to jump in and help fix them.
35. Once my mind is made up, I seldom deviate.
36. Life is a competition, and I'm going to win.
37. I use words such as "me," "my," and "mine" more than "we," "us," or "ours."
38. I hate to ask for help.
39. Little wrongs can often seem like huge injustices to me.
40. I can be very creative and resourceful when it comes to accomplishing my goals and solving problems.

**Scoring:**

So, do you know how you did? Total up your marks and let's see. Add one point for each statement marked.

**If you scored less than 10** you can set this book down and relax. Pass it along to the friend who came to mind most often! Although you have some strong-willed traits, you are using them only when appropriate or absolutely necessary. As I said earlier, everyone can be strong willed when necessary. Your strong-willed nature is likely to be evident only in times of crisis, when you feel backed into a corner, or when you feel passionately about a topic that needs to be addressed. But even in those situations, you may think twice and weigh the consequences before exerting yourself.

**Scores of 11-25** indicate that you have a strong-willed nature that both you and those close to you are quite aware of. You likely think and act fast, have strong and passionate opinions, tackle several things at once, and are a take-charge woman. However, you likely are able to tone down or repress this strong will in situations where it seems appropriate to do so. You usually know when enough is enough and can back down when you need to (at least outwardly). You are able to let others be in charge when it's naturally their place to do so, but you are likely still giving suggestions from the sidelines. Your strong-willed nature both positively and negatively affects your relationships, especially your marriage, but you are likely struggling with many of the concepts that will be discussed here.

**Scores of 26-40** are for those of us who would never be mistaken as anything less than strong willed. We wouldn't know how to tone down our strong will even if we wanted to (which usually we don't). Everyone knows when we are around. We are a force to be reckoned with. Our husbands may have long since given up trying to protect us or tell us to do or not do anything. And our friends have learned to shake their heads and roll their eyes, saying "There she goes again." We are born leaders, dynamic and energetic, and seldom realize when we have just bowled right over someone who's moving slower than we are. We make quick decisions for both ourselves and those around us and rarely consider the consequence until after the action has been taken (and sometimes not even then). This book was written mainly for this highest scoring group, for we are the ones who struggle daily with these concepts.

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*This quiz is located on pages 12-16 of [The Strong-Willed Wife](#) by Dr. Debbie Cherry. Copyright, 2007. Used by permission of NavPress – [www.navpress.com](http://www.navpress.com)*