"Male Sexual Satisfaction and Marital Longevity"
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When it comes to the linkage between sexual satisfaction and the happiness and contentment within marriage, it appears that – not surprisingly – men and women are different and not so different.

First, according to the groundbreaking and widely respected National Health and Social Life Survey (NHSLS) conducted through the University of Chicago, marriage and the highest levels of sexual satisfaction are closely intertwined. The most sexually satisfied people – both physically and emotionally – are the faithfully married who came to marriage as virgins. And religious women are more likely to be sexually satisfied compared to more secular women. And men with highly sexually satisfied wives derive some important levels of enjoyment themselves, physically, emotionally and in terms of personal confidence and worthiness. This is important for men. This research is presented in three published volumes, *Sex in America: A Definitive Survey* as well as the *Social Organization of Sexuality* and *Sex, Love and Health in America*.

But this research also states specifically that "married men get more emotional satisfaction from each sexual encounter than do men in other sexual unions." This is finding is interesting, given recent research published in the journal *Social Science Research*:

[http://www.sciencedirect.com/science/article/pii/S0049089X10001195](http://www.sciencedirect.com/science/article/pii/S0049089X10001195)

...which states that sexual satisfaction is more closely related to marital longevity in men than women. This is not a surprising finding, in that when we look at infidelity in spouses, infidelity among men is generally slightly higher than among women. If men are generally more willing to go looking outside their marriage for sexual activity, surely lack of satisfaction within marriage would have something to do with this. But the vast majority of men are faithful to their marriages, with numbers ranging from 65% on the low side to 85% on the higher end, according to various measures.

And these relatively high levels of sexual fidelity are not surprising when we recognize that the best research on sexual satisfaction consistently reports that men who are married are the most sexually satisfied in all important categories compared to their peers in any other relational category.