

## **Date Guide**

(Print this out and take it on your date!)

## **Unwrapping the Present**

**Step 1: Go someplace *different* for dinner.**

**Step 2: Do something *fun*.**

Consider one of the following pursuits, or plan your own:

- Putt-putt golf or Frisbee golf
- Sporting event
- Arcade
- Ice skating, roller skating, or horseback riding
- Zoo, museum or amusement park
- Bungee jumping, sky diving, or indoor climbing

**Step 3: Relax and unwind. *Ready for a few questions?***

- What was your favorite part of the evening?
- What is the one thing you learned tonight that you didn't know about me before?
- What are some other ways we can stay current with one another and regularly engage in positive communication?

**Step 5: Home Sweet Home. *Let's plan our next date!***

Think about other ways you can foster intimacy through meaningful conversation.

