

Date Guide

(Print this out and take it on your date!)

To-*ma*-to, To-*mah*-to

Step 1: Go someplace *different* for dinner.

Step 2: Teamwork!

- Take a ballroom dancing class together. Work together to solve any obstacles you may encounter, such as having two left feet.
- Host a game night or mini golf with some other couples, making sure that each couple works together as a team. Brainstorm, strategize, and pool resources with your spouse in your quest for victory.

Step 3: Relax and unwind. *Ready to answer a few questions?*

- What was your favorite part of the evening?
- What was one thing you learned about me tonight that you didn't know before?
- What are some of the skills and character traits we utilized during our activity?
- How can we bring these same characteristics into play the next time we're facing a disagreement?

Step 4: Home sweet home. *Let's plan our next date!*

- Talk about additional ways you can work as a team to address conflict in your marriage.