

## **Date Guide**

(Print this out and take it on your date!)

### **More than Words**

**Step 1: Go someplace *different* for dinner.**

**Step 2: Pick a date night activity that demonstrates *curiosity* about your spouse.**

- If you have time in advance, create your own version of “Two Truths and a Lie” and play it together on your date.
- “Quiz” each other using basic questions about your preferences and personality quirks (“What is my favorite ...?”)

**Step 3: Relax and unwind. *Ready to answer a few questions?***

- What was your favorite part of the evening?
- What was one thing you learned about me tonight that you didn’t know before?
- What are some practical steps we can take to stay current with one another?
- What does it mean for us to be “students” of each other?

**Step 4: Home sweet home. *Let’s plan our next date!***

- Talk about additional ways you can keep the lines of communication open and stay current with one another in the coming week.