

Date Guide

(Print this out and take it on your date!)

Sub-creators and Co-creators.

Step 1: Go someplace *different* for dinner.

Step 2: Create something together.

- Come up with an activity that will require the two of you to work together in an effort to make or create something new and unique.
- Build a teddy bear for the kids.
- Go out dancing.
- Create a mural reviewing the experiences of the evening and celebrating your love for one another.

Step 3: Relax and unwind. *Ready to answer a few questions?*

- What was your favorite part of the evening?
- What is the one thing you learned tonight that you didn't know about me before?
- How have the events of this evening helped you to see your marriage as a creative and cooperative endeavor? How has dancing, painting, or building something together helped you to see the everyday routine of married life in a new light?
- What are some other ways you can work as a team and share responsibilities in the days and weeks ahead?

Step 5: Home sweet home. *Let's plan our next date!*

- Talk about additional ways you can work together to foster a healthy, team-like relationship in your marriage.