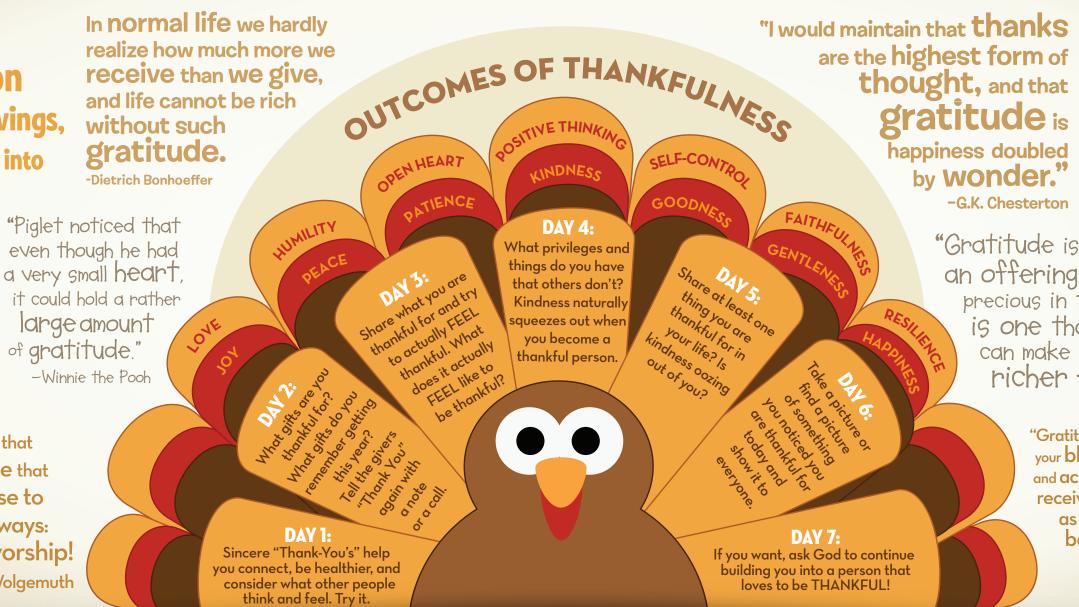
"Gratitude can transform **COMMON** days into thanksgivings, turn **routine** jobs into **JOY**, and change ordinary opportunities into blessings."

- William Arthur Ward

I have learned that in **every** circumstance that comes my way, I can choose to respond in one of two ways: I can whine or I can worship!

- Nancy DeMoss Wolgemuth



precious in the sight of God, and it is one that the poorest of us can make and be not poorer but richer for having made it."

"Gratitude means thankfulness, counting your blessings, noticing simple pleasures, and acknowledging everything that you receive. It means learning to live your life as if everything were a miracle, and being aware on a continuous basis of how much you've been given." - Marelisa Fábrega

## 7 DAYS OF GRATITUDE

Ways to stay thankful . . . even after the pie is gone.

Learn to say thank you in a different language!

English: Thank you Spanish: Gracias

French: Merci

German: Danke sehr

Italian: Grazie

Japanese: Domo Arigato

Hawaiian: Mahalo

Hebrew: Toda

Russian: Spasiba